

Program

05/05/2023, Sala delle Capriate, Complesso Monumentale dello Steri, Università di Palermo

Start at 09:00 o'clock, Institutional greetings

First session, Chairpersons: Giulia Accardi, Anna Aiello

09:30-10:00, Prof. Calogero Caruso, University of Palermo (Italy), An Overview on Sicilian Centenarians.

10:00-10:30, Prof. Danay Saavedra Hernandez, Universidad de Ciencias Medicas de La Habana (Cuba), The longevity in Cuba Island.

10:30-11:00, Prof. Ciriaco Carru, University of Sassari (Italy), The Sardinian Centenarians.

11:00-11:30, Prof. Macià Soler Loreto, Universidad de Alicante (Spain), Management of health.

11:30-12:00, Coffee break

12:00-12:30, Prof. Maria Augusta Romão, Polytechnic Institute of Bragança (Portugal), Emotional intelligence.

12:30-13:00, Prof. María Pilar Molés-Julio, Universitat Jaume I (Spain), Malnutrition in elderly.

13:00-13:30, Prof. Fabio Galvano, University of Catania (Italy), Unbalanced nutrition and disease.

13:30-14:00, Prof. Annibale Alessandro Puca, University of Salerno (Italy), The Cilento's Centenarians.

14:00-15:00, Lunch break

Second session, Chairpersons: Giulia Accardi, Anna Aiello

15:00-15:30, Prof. Danila Di Majo, University of Palermo (Italy), Phytochemical nutrition.

15:30-16:00, Prof. Patrizia D'Aquila, University of Magna Graecia of Catanzaro (Italy), The role of nutrition on epigenetic clock.

16:00-16:30, Dr. Mattia Emanuela Ligotti, University of Palermo (Italy), The immunophenotypic aspects of longevity.

16:30-17:00, Dr. Anna Calabrò, University of Palermo (Italy), The role of Immunoceuticals and senolytic drugs on aging.

17:00-17:30, Erasmus Student, University of Palermo (Italy), Report on BIP project.

Scientific board, Giulia Accardi, Anna Aiello, Giuseppina Candore, University of Palermo

Organizing committee, Mattia Emanuela Ligotti, Anna Calabrò, University of Palermo