

Curriculum Vitae

Samuel Alexandre Almeida Honório

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Identification /



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CIÊNCIA ID	A011-9441-2654
SCOPUS ID	55382546200

1. PERFORMANCE TECHNICAL-SCIENTIFIC AND PROFESSIONAL

1.1 Qualifications / Degrees Academics Degrees

- Dates (of - until) Since October of 2019
 - Name and type from the organization of teaching or training University Fernando Person - Harbor
 - Main subjects/skills professionals Activity Physical and Health
 - Designation from the qualification assigned **Postdoctoral studies in Activity Physical and Health:** Styles of life and satisfaction with life of students node teaching superior in both you genres.
Post-doctoral degree in Physical Activity and Health: Lifestyles and life satisfaction of college students in both genders.
 - Classification obtained Apartment / Very Good
-
- Dates (of - until) Since 23 of November of 2012
 - Name and type from the organization of teaching or training University from the Border Interior
 - Main subjects/skills professionals Dissertation for a doctoral thesis in Sports Science, specializing in Exercise and Health, on the topic: Longitudinal Study The Influence of Physical Activity, BMI, and Body Fat Percentage on Correlation between the Scale Functional Motor Skills (FMS) in Individuals with Duchenne Muscular Dystrophy
 - Designation from the qualification assigned **PhD in Sports Science** in the specialty of Exercise and Health.
PhD in Sport Sciences, specialty of Exercise and Health.
 - Classification obtained Approved put Unanimous.
-
- Dates (of - until) Since 2007
 - Name and type from the organization of teaching or training University Technique of Lisbon - Faculty of Motor skills Human
 - Main subjects/skills professionals **Master's degree in Educational Sciences specializing in Pedagogical Supervision**, with a thesis on the topic: Influence of Retrospective Reflection on Behaviors. technical-pedagogical in agents of teaching in swimming.
Master's degree in Educational Sciences in the specialty of Pedagogical Supervision in the theme: Influence of Retrospective Reflection on technical-pedagogical behaviors in teaching agents in swimming
 - Designation from the qualification assigned Master's Degree in Educational Sciences - Specialization in Pedagogical Supervision
 - Classification obtained Average of 15 in year curriculum;
Approved in exam end of defense public
-
- Dates (of - until) Since 2001
 - Name and type from the organization of teaching or training Institute Polytechnic of Viseu
 - Main subjects/skills professionals **Bachelor's degree in Education Physical**
Dissertation of thesis/seminar node theme: THE Influence from the Activity Physical in individuals carriers of sequelae of Cerebral Palsy.
Bachelor degree in Teaching Physical Education
 - Designation from the qualification assigned Degree of licensed

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- Classification obtained (Average end of Bachelor's degree) 15 Values

1.a) Projects of investigation and development (Funded) projects

- 1)
 - Dates (of - until) 12/05/23 the 08/11/27
 - Name and address of employer University of Grenade (Spain) and Technische University Dresden (Germany)
 - Type of enterprise or sector Institutions Public
 - Function or position busy Member and Researcher
 - Main activities and responsibilities Funded Project - COST Action "Maternal Perinatal Stress and Adverse Outcomes in the Offspring: Maximising infants' development (TREASURE); HERE 22114

- 2)
 - Dates (of - until) 18/10/23 the 17/10/27
 - Name and address of employer University Clinic Würzburg (Germany) and Vall d'Hebron Institute of Recerca (Spain)
 - Type of enterprise or sector Institutions Public
 - Function or position busy Member and Researcher
 - Main activities and responsibilities Funded Project - COST Action European network to tackle METAbolic alterations in HEART failure (EU-METAHEART) HERE 22169

- 3)
 - Dates (of - until) 20/10/23 the 19/10/27
 - Name and address of employer UNIVERSITY EKONOMICZNY W KRAKOWIE (Poland) and Goethe University Frankfurt am Main (Germany)
 - Type of enterprise or sector Institutions Public
 - Function or position busy Member and Researcher
 - Main activities and responsibilities Funded Project - COST Action Participatory Approaches with Older Adults (PAAR-net) HERE 22167.

- 4)
 - Dates (of - until) 2/11/22 the 1/11/26
 - Name and address of employer Hellenic Society for the Study and Research of Aging, Athens, Greece.
 - Type of enterprise or sector Institutions Public
 - Function or position busy Member and Researcher
 - Main activities and responsibilities Funded Project - COST Action "PRoMoting GeRiatric Medicine IN countries where it is still eMerging (PROGRAMMING) CA21122.

- 5)
 - Dates (of - until) 22/9/2020 the 21/9/2024
 - Name and address of employer Technische Information Library (TIB), Germany
 - Type of enterprise or sector Institutions Public
 - Function or position busy Member and Researcher
 - Main activities and responsibilities Funded Project - REMO Survey: ReMO COST Action CA19117: "Researcher Mental Health"

- 6)
 - Dates (of - until) 25/10/2021 the 24/10/2025
 - Name and address of employer University of Münster, Germany
 - Type of enterprise or sector Institutions Public
 - Function or position busy Member and Researcher
 - Main activities and responsibilities Funded Project - COST Action Network on evidence-based physical activity in old age (PhysAgeNet) CA20104

- 7) • Dates (of - until) 26/10/2020 the 25/10/2024
• Name and address of employer University of Limerick - Ireland
• Type of enterprise or sector Institution Public
• Function or position busy Researcher
• Main activities and responsibilities **Funded Project – COST Action:** CA19101 - Determinants of Physical Activities in Settings (DE-PASS).
- 8) • Dates (of - until) 2022/2023
• Name and address of employer Federation Portuguese of Soccer / Institute Polytechnic of Castle White
• Type of enterprise or sector Institution Public
• Function or position busy Researcher
• Main activities and responsibilities **Project Funded: Project Ball Magic .
Project Magic Ball with Portuguese Football Federation**
- 9) • Dates (of - until) 2013 - 2015
• Name and address of employer ES AND. Towers New - **Project Grundtvig, Life Long Learning** (Projects of Cooperation between institutions linked to adult education from 3 different countries. (Participants in PALV). Funded Project
• Type of enterprise or sector Private / Public
• Function or position busy Member organizer / promoter of Project (Recipes for an Active Life)
• Main activities and responsibilities Realization of workshops, contacts to partnerships, organization of programs.
- 10) • Dates (of - until) 2017/2018
• Name and address of employer Institute Polytechnic of Leiria - School Superior of Health
• Type of enterprise or sector Institution Public
• Function or position busy Researcher
• Main activities and responsibilities **Project Teen Power** . Institution Proponent: Institute Polytechnic of Leiria; Institutions participants: Institutes Polytechnics of Castle White and Coimbra. Funded Project - H2020 Funding.
- 11) • Dates (of - until) 2016 - 2018
• Name and address of employer Castelo Branco Polytechnic Institute Higher School Education Santander Totta
• Type of enterprise or sector Institution Public
• Function or position busy Coordinator responsible
• Main activities and responsibilities Project Financed by Santander Totta: Creation from a magazine indexed scientific (Journal of Sports, Physical Activity and Well-being).

1.a) Projects of investigation and development in area (non-funded) Funded Projects

- 12) • Dates (of - until) January of 2024 the January of 2025
• Name and address of employer Institute Piaget of Almada - Kinesioblab
• Type of enterprise or sector Institution Private
• Function or position busy Researcher

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- Main activities and responsibilities
- ORIPROF PROJECT: THE EDUCATIONAL GUIDELINES OF PHYSICAL EDUCATION TEACHERS AND THEIR INFLUENCE ON DIFFERENT SCHOOLS DIMENSIONS DO CURRICULUM TO ONE STYLE OF LIFE ACTIVE AND HEALTHY. (Functions: 1) Characterize the teachers' OEs and understand the influence of gender, age, experience of teaching and Literary qualifications in their educational guidance profiles. 2) Characterize the operational curriculum of schools and to realize if the gender, the experience professional and the qualifications literary of the teachers influence the type of offer curriculum (implemented).
- 13) • Dates (of - until) November of 2016 the June of 2017
- Name and address of employer Institute Polytechnic of Castle White - School Superior of Education and the University of Worcester, England
 - Type of enterprise or sector Institution Public
 - Function or position busy Researcher
 - Main activities and responsibilities Validation to the language Portuguese of one scale psychometrics to players Rugby professionals. Polytechnic Institute of Castelo Branco and University from Worcester, England.
- 14) • Dates (of - until) Since May of 2016 the June of 2017
- Name and address of employer Institute Polytechnic of Castle White - School Superior of Education.
 - Type of enterprise or sector Institution Public
 - Function or position busy Researcher
 - Main activities and responsibilities Healthy Lifestyles in Higher Education Students. Polytechnic Institute of Castelo Branco, Autonomous University of Barcelona and University of Pavia, Italy.
- 15) • Dates (of - until) May of 2014 the November 2014
- Name and address of employer AND. S. AND. Towers New / Hockey Club of Turquel
 - Type of enterprise or sector Private
 - Function or position busy Researcher Main
 - Main activities and responsibilities Study of Diagnosis and Planning To feed in Athletes of Hockey in Roller skates
- 16) • Dates (of - until) Of January of 2014 the November of 2014
- Name and address of employer Higher School Leiria Health Department / Maurissio de Nassau College, Reef - Brazil
 - Type of enterprise or sector Public
 - Function or position busy Researcher Main
 - Main activities and responsibilities Investigative study of: Characterization of Styles Healthy Lifestyles Elderly people in the fight the Osteoporosis.
- 17) • Dates (of - until) Since April of 2013 the July of 2013
- Name and address of employer AND. S. AND. Towers New (CIFOC) / Swimming pools Municipals in Benedita
 - Type of enterprise or sector Private / Public
 - Function or position busy Researcher Contributor
 - Main activities and responsibilities Study Evaluation of the influence of hydrotherapy on dehydrogenase of Pyruvate Lymphocytes (type of hypotonia).

- 18) • Dates (of - until) Since April of 2013 the July of 2014
 • Name and address of employer AND. S. AND. Towers New / Swimming pools Municipals in Benedita
 • Type of enterprise or sector Private / Public
 • Function or position busy Researcher Main
 • Main activities and responsibilities Assessment and determination of VO2 maximum, expenses calories and concentrations Lactate levels in the Hydrobike modality.
- 19) • Dates (of - until) Since September of 2014 the October of 2015
 • Name and address of employer AND. S. AND. Towers New / Dino's Health Clubs and Fitness Centers
 • Type of enterprise or sector Private
 • Function or position busy Researcher Main
 • Main activities and responsibilities Study comparative of the levels of thresholds anaerobes between the walk on the road and on a Fitwalking ergometer.
- 20) • Dates (of - until) Since December of 2013 the November of 2014
 • Name and address of employer AND. S. AND. Towers New / Dino's Health Clubs and Fitness Centers / Mad Dogs Athletics USA
 • Type of enterprise or sector Private
 • Function or position busy Researcher Main
 • Main activities and responsibilities Training periodization with the Power Spinning Test (PST) (Cycle ergometer with potentiometer).
- 21) • Dates (of - until) Since May of 2013 the July of 2014
 • Name and address of employer AND. S. AND. Towers New / Hockey Club of Turquel
 • Type of enterprise or sector Private
 • Function or position busy Researcher Main
 • Main activities and responsibilities Study from the Analysis and comparison of system of game reduced us levels of Bambis, Benjamins and Schoolchildren.
- 22) • Dates (of - until) Since June of 2013 the August of 2014
 • Name and address of employer AND. S. AND. Towers New / University State of They are Paul (LEPESPE)
 • Type of enterprise or sector Private / Public
 • Function or position busy Researcher Contributor
 • Main activities and responsibilities Study: Characterize you styles of leadership and behaviors of leader The coach's role in the football training process.

1. b) the production scientific, publications, communications and conferences node country and node foreigner

- Articles in magazines node JCR/ISI_Scientific Production: Journal Articles

- 1) • Date 2024
 • Name [Rebelo, M., Paulo, R., Honório, S., Petrica, J., Batista, M., Duarte-Mendes, P., Marques, C. & Serrano, J. \(2024\). Differences in the development of engine skills in Portuguese children aged 12 months after 3 years of COVID-19 confinement. Children, 11 \(8\), 918; <https://doi.org/10.3390/children11080918>](#)
 • Local Switzerland
- 1) • Date 2024
 • Name [Honorius, S., Santos, J., Serrano, J., Petrica, J., Rebelo, M., Vieira, F., & Baptist, M. \(2024\). Supply systems and expenditure of energy in physical exercise - the review. Straight lines , 57 758-767. <https://doi.org/10.47197/retos.v57.102980>](#)
 • Local Spain

1) • Date 2024
 • Name Dwarf Domingues, Jorge Santos, March Baptist, John Serrano, Samuel Honorius & João Petrica (2024). Mediation effects of basic psychological needs and motivation among coach leadership style on the subjective well-being of adapted sports athletes' members of the Special Olympics, *PlosOne*, 19(4): e0298297. <https://doi.org/10.1371/journal.pone.0298297>
 • Local USA

1) • Date 2024
 • Name Catarina Marques, Miguel Rebelo, Rute Crisóstomo, Samuel Honório, Pedro Alexandre Duarte-Mendes, John Petrica and John Serrano. Descriptive analysis of the type and incidence of injury during the preseason at the different competitive levels of Futsal, *Front. Sports Act. Living*, 6:1363006. doi: 10.3389/fspor.2024.1363006
 • Local Switzerland

1) • Date 2023
 • Name Honório S, Batista M, Serrano J, Petrica J, Rebelo M, Vieira F, Lopes A and Santos J (2023) Analysis of anthropometric and physical performance variables in U-17 soccer players. *Front. Sports Act. Living* 5:1284411. doi: 10.3389/fspor.2023.1284411
 • Local Switzerland

2) • Date 2023
 • Name Honorius S, Baptist M, Santos J and Vandoni M (2023) Editorial: Physical exercise related to student's academic performance. *Frontiers in Psychology*. 14:1220616. doi: 10.3389/fpsyg.2023.1220616
 • Local Switzerland

3)	• Date	2023
	• Name	Jorge Santos, Marco Batista, João Serrano, Samuel Honório, Ivone Rente, João Petrica . (2023). What are students thinking in Physical Education classes . <i>Retos</i> , 49, 1063-1067. https://doi.org/10.47197/retos.v49.99130 .
	• Local	Spain

4) • Date 2023
 • Name Ana Domingues, Jorge Santos, Marco Batista, João Serrano, Samuel Honório, João Petrica. (2023). The relationship between basic psychological needs and autonomous motivation in the coach's leadership style on the subjective well-being of Special Olympics adapted sports athletes. *Straight*, 50, 15-24. <https://doi.org/10.47197/retos.v50.99633>
 • Local Spain

5) • Date 2023
 • Name Samuel Honório, Luis Ramos, Jorge Santos, João Serrano, João Petrica, Marco Batista. (2023). Self-esteem, self-concept and academic performance in middle-school students according to their sport context. *Magazine Romaneasca pentru Educatie Multidimensionala*, 16(1), 293-314. <https://doi.org/10.18662/irrem/16.1/823>
 • Local Romania

6) • Date 2023
 • Name Rebelo, M., Serrano, J., Paulo, R., Duarte-Mendes, P., Santos, J., Honório, S. & Petrica, J. (2023). The importance of oriented physical activity in the first 48 months: differences in motor skills. *BMC Pediatrics*, 23, 232 (2023). <https://doi.org/10.1186/s12887-023-04060-8>
 • Local England

- 7) • Date 2023
 • Name Honorius, S.; Baptist, M., Santos, J., Serrano, J., Petrica, J., Vieira, F. & Martins, J. (2023). External and internal load during the effort tests in different ages in young futsal players: association between leg power, shot speed and fatigue *Comparative levels Exercise Physiology* : 19(2): 135-142. <https://doi.org/10.3920/CEP220041>
 • Local The Netherlands
- 8) • Date 2023
 • Name Samuel Honorius, Luis Branches, Jorge Santos, John Serrano, John Petrica, March Baptist. (2023). Exercise and Academic Performance: Implications of aerobic capacity and hand grip strength in middle-school students. *Revista Romaneasca pentru Educatie Multidimensionala* , 14(4 Sup. 1): 330-352 . <https://doi.org/10.18662/rrem/14.4Sup1/676>
 • Local Romania
- 9) • Date 2023
 • Name Marco Batista, Luis Ramos, Jorge Santos, João Serrano, João Petrica, Samuel Honório. (2023). Exercise influence on self-concept, self-esteem and academic performance in middle-school children. *Magazine Romaneasca pentru Educatie Multidimensional* 14(4 Sup. 1): 369-398. <https://doi.org/10.18662/rrem/14.4Sup1/678>
 • Local Romania
- 10) • Date 2022
 • Name Martins, J.; Cardoso, J.; Honorius, S. (2022). Physical fitness levels in students with and without training capacities - THE comparative study in physical education classes. *Straight lines* , 45: 43-50. <https://doi.org/10.47197/retos.v47.94656>
 • Local Spain
- 11) • Date 2022
 • Name Mohammed Khudair*, Anna Marcuzzi, Kwok Ng, Gavin Daniel Tempest, František Bartoš, Ratko Peric, Maximilian Maier, Flavia Beccia, Stefania Boccia, Mirko Brandes, Greet Cardon, Angela Carlin, Carolina Castagna, Helmi Chaabene, Anna Chalkley, Simone Ciaccioni, Joanna Cieślińska-Świder, Vilma Čingienė, Cristina Cortis, Chiara Corvino, Echo of Geus, Angela Di Baldassarre, Andrea Di I believe, Patrik Drid, Rose Maria Fernández Tarazaga, Francesca Gallé, Esther García Sánchez, Mekdes Gebremariam, Barbara Ghinassi, Marios Goudas, Grainne Hayes, **Samuel Honório** , Pascal Izzicupo, Henriette Jahre, Judith Jelsma, Petra Juric, Athanasios Kolovelonis, Atle Kongsvold, Evangelia Kouidi, Fiona Mansergh, Bojan Masanovic, Teferi Mekonnen, Paul Jarle Mork, Marie Murphy, Kelly O'Hara, Ayse Ozbil Torun, Federico Palumbo, Stevo Popovic, Olaf Prieske, Zrinka Puharic, Jose Ribeiro, Penny Louise Sheena Ruimbold, Petru Sandu, Maroje Sorić, Mette Stavnsbo, Ioannis Sympas, Hide P. Van Der Ploeg, Aurélie Van Today, Sofia Vilela, Catherine Woods, Kathrin Wunsch, Laura Capranica, Ciaran MacDonncha, Fiona Chun Man Ling. (2022). DE-PASS Best Evidence Statement (BEST) - Modifiable determinants of physical activity and sedentary 3 behavior in children and adolescents aged 5-19 years: A protocol for systematic review and meta-analysis. *BMJ Open* , 12(9): 1-8. doi:10.1136/bmjopen-2021-059202.
 • Local England
- 12) • Date 2022
 • Name Martins, J., Landeiro, J., Cardoso J. & Honorius, S. (2022). The influence of obesity on the motor coordination in children between 6 and 9 years of Age. *Science and Sports* . 37(7): 564-571. <https://doi.org/10.1016/j.scispo.2022.01.006>
 • Local France

- 13) • Data 2022
 • Nome Batista, M.; Santos, J.; Ramos, L.; Petrica, J.; Serrano, J. & Honório, S. (2022). Profile of self-concept and self-esteem on the academic performance among practitioners of physical education and extracurricular activities in middle-school students. *Minerva Pediatrics*. 69(4) pp.DOI: 10.23736/S2724-5276.22.06766-0
 • Local Itália
- 14) • Date 2021
 • Name March Baptist, Jorge Santos, Samuel Honorius, Helena Mosque, John Serrano, John Petrica. (2021). Subjective well-being in veteran athletes: a prospective test based on the theory of self-determination. *Notebooks of Psychology del Sports* 21(3), 99-109 . <https://doi.org/10.6018/cpd.467601>
 • Local Spain
- 15) • Date 2021
 • Name Vaz, L.; Wilbur, K.; Baptist, M.; Honorius, S. & Fernandes, H. (2021). Using Anthropometric Data and Physical Fitness Scores to Predict Selection in a National U19 Rugby Union Team. *International Journal of Environmental Research and Public Health*, 18(4): 1-8. <https://doi.org/10.3390/ijerph18041499>
 • Local Switzerland.
 • Date 2021
 • Name Baptist, M.; Honorius, S.; Santos, J.; Petrica, J.; Serrano, J. & Rock, J. (2020). Lifestyles and satisfaction with life of veteran athletes - the prospective test based on the theory of self-determination. *Straight lines* , 39, 998-1000. DOI: [10.47197/retos.v0i39.77952](https://doi.org/10.47197/retos.v0i39.77952)
 • Local Spain
- 17) • Date 2020
 • Name Baptist, M., Leyton-Roman, M., Honorius, S., Santos, J., Jimenez-Castuera, R. (2020). Validation of the Portuguese version of the healthy Lifestyle questionnaire. *International Journal of Environmental Research and Public Health* 17(4), 1-12.
 • Local Switzerland
- 18) • Date 2020
 • Name Baptist, M., Honório, S., Leyton-Roman, M., Lobato-Muñoz, S. & Jimenez-Castuera, R. (2020). Motivation trans-contextual model application in the prediction of veteran athlete's life satisfaction. *Medicine dello Sport* 73(3), 461-72. [10.23736/S0025-7826.20.03516-4](https://doi.org/10.23736/S0025-7826.20.03516-4)
 • Local Italy
- 19) • Date 2020
 • Name Santos, J., Petrica, J., Serrano, J., Baptist, M., Honorius, S. & Maia, L. (2020). The attention of students during physical education class based on academic performance. *Retos* , 38, 222-228. [10.47197/retos.v38i38.74650](https://doi.org/10.47197/retos.v38i38.74650)
 • Local Spain
- 20) • Date 2020
 • Name Martins, J., Cardoso, J., Honorius, S. & Silva, THE. (2020). The Effect of the Strength Training Programme in Adolescents in Physical Education Classes, *Straight*, 38, 71-76. <https://doi.org/10.47197/retos.v38i38.72221>
 • Local Spain
- 21) • Date 2020
 • Name Jorge Santos, João Petrica, João Serrano, Marco Batista, Samuel Honório, Afonso Lercas, Luis Maia (2020). Attention in physical education classes: Differences between collective sports, *Straight*, 37, 129-133. <https://doi.org/10.47197/retos.v37i37.71533>
 • Local Spain

- 22) • Date 2019
• Name Serrano, J.; Kings, R.; Fonseca, T. Paul, R.; Honorius S. & Baptist M. (2019). Pre- Competitive Anxiety: THE comparative study between Under 12" and Senior teams in football. *Straight*, 36, 318-326 .
• Local Spain
- 23) • Date 2020
• Name Honorius, S., Baptist, M., Serrano, J., Petrica, J., Ribeiro, J., Big car, L., Martins, J., Santos, J. & Silva, Maria Raquel. (2019). Exercise programme intervention for persons with motor ataxia. *Retos*, 38, 602-605.
<https://doi.org/10.47197/retos.v38i38.77614>
• Local Spain
- 24) • Date 2019
• Name Batista, M.; Honório, S.; Serrano, J.; Mesquita, H.; Ribeiro, A.; Petrica, J. (2019). Postural Patterns in the First Year of Life - Contributions of Maternal Physical Activity in the Pregnancy Period. *Gazzeta Doctor Italian - Archive per le Science Mediche*, 178 (6):392-5. DOI: [10.23736/S0393-3660.18.03869-X](https://doi.org/10.23736/S0393-3660.18.03869-X)
• Local Italy
- 25) • Date 2019
• Name Rock, J., Grace, THE., Serrano, J., Petrica, J. Paul, R., Mendes, P, Honorius S. & Baptist M. (2019). Personal and sport values, goal orientations and moral attitudes in youth basketball. *Magazine of Psychology del Sports*, 28, 106-112
• Local Spain
- 26) • Date 2019
• Name Jorge Santos, John Petrica, João Serrano, Marco Batista, Samuel Honório & Luis Maia (2019). Psychometric validation of atest-ef and attention profile of students during physical education classes. *Quantity and Quality*, 53(6), 3119-3130. DOI: 10.1007/s11135-019-00926-1
• Local Netherlands
- 27) • Date 2019
• Name Baptist, M.; Honorius, S.; Catarino, J.; Vaz, L.; Fernandes, H. & Petrica, J. (2019). Psychological Profile of Rugby Players - Analysis between athletes of the U18 and U20 National Elite Teams in the Positions of Forwards and Defenders. *RIPED - Ibero-American Journal of Exercise and Sports Psychology*, 14(1): 108-111 . Spain
• Local
- 28) • Date 2019
• Name Alves, A., Venâncio, T., Honorius, S. & Martins, J. (2019). Multicomponent training with different frequencies on body composition and physical fitness in obese children. *Annals of Academy Brazilian of Sciences*, 91(4), 4-10. DOI 10.1590/0001-3765201920181264
• Local Brazil
- 29) • Date 2018
• Name Baptist, M.; Catarino, J.; Vaz, L.; Fernandes, H.; Serrano, J., Honorius, S. (2018). Anxiety levels in "Under 18" and "Under 20" Elite Rugby Players of National Teams in different field positions. *Retos*, 35, 369-373. <https://doi.org/10.47197/retos.v0i35.63734>
• Local Spain

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- 30) • Date 2019
• Name Honorius, S., Baptist, M. & Silva, Maria Raquel. (2019). Motivation for physical activity practice and satisfaction with life in health sciences first-year students - relationship between gender and different geographic regions. *Magazine Ibero-American of Psychology del Exercise y el Sports* 15, 26-31 .
• Local Spain
- 31) • Date 2019
• name , S., Baptist, M. & Silva, Maria Raquel. (2019). Physical Activity Practice and Healthy Lifestyles Related to Resting Heart Rate in Health Sciences First-Year Students *American Journal of Lifestyle Medicine* , 16(1): 101-108. <https://doi.org/10.1177/1559827619878661>
• Local USA
- 32) • Date 2017
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113) • Date 2015

• Name Honorius, S. Baptist, M. Martins, J. Massuça, L. Soares. F. (2015). Obesity Children and Styles of Life - Characterization of children of 1st Cycle of Municipality of Junction - Portugal. Brazilian Journal of Obesity, Nutrition and Weight Loss. Vol. 9, no. 54: 243-250. São Paulo Brazil.

- Local They are Paul, Brazil

- 114) • Date 2015
 • name , S. Baptist, M. Martins (2015). Dynamics assessed of game between rules old and current roller hockey in roller skates. *Magazine of Sciences del Sports, vol. 11 (Suppl.)*, 83-84. Spain
 • Location: Spain
- 115) • Date 2015
 • Name Batista, M; Cubo Delgado, Sixto; Petrica, J; Serrano, J; Paulo, R; Honório, Samuel. (2015). Effect of the volume of weekly hours of physical activity and sport on the formation of self-concept in 1st cycle students. *Sports Science Magazine, vol. 11 (Suppl.)*, 83-84. Spain
 • Local Spain
- 116) • Date 2015
 • Name Honorius, S.; Batista, M.; Cardoso, J.; Pedras, D.; Soares, F. (2015). Physiological Values in Fitwalking with Biomechanical Movement Analysis. *International Journal of Physical Education, Sports and Health. Vol. 1, issue 4: 45-53. India*
 • Local New Delhi, India.
- 117) • Date 2014
 • Name Massaça, L.; Honório, S.; Batista, M. (2014). Differences in individual proficiency of team-handball athletes from five performance groups. *International Journal of Health, Physical Education and Computer Science in Sports: Volume No.15, No.1.pp278-280*
 • Local India
- 118) • Date 2014
 • Name Massaça, L.; Honório, S.; Monteiro, L.; Batista, M.; Sousa, P. (2015). Impact of morphology, strength and power of the lower limbs on the agility of professional futsal athletes. *Journal Brazilian Futsal and Football, 7, 26: 72-79*
 • Local Brazil
- 119) • Date 2014
 • Name Martins, J.; James, THE.; Borges, W.; Honorius, S.; Baptist, M. (2014). Feedback in Physical Education, an Influential Factor on Intrinsic Motivation. *Journal of Advances in Physical Education, 1, 1-3*
 • Local USA
- 120) • Date 2014
 • Name Batista, M.; Honorius, S.; Martins, J.; Soares, F. (2014). Prevalence and Prevention of Child Obesity - Characterization of children of the 1st Cycle of Santarém District - Portugal. *Journal of Advances in Physical Education, 1, 4-6*
 • Local USA
- 121) • Date 2014
 • Name Baptist, M; Silva, W. & Honorius, S. (2014). Profile psychological of athletes Portuguese in the modality of Judo. *Magazine from the UIIPS. ISSN 2182-9608. Vol. II (1). 145.*
 • Local Portugal
- 122) • Date 2014
 • Name Honório, S.; Batista, M.; Martins, J.; Brito, J.; Honório, G. (2014) Physical Activity in Elderly to the Health Behavior: Batteries tests for exercise. *Journal of Aging and Innovation, 2(5): 182- 696X.*
 • Local Lisboa, Portugal.

- 123) • Date March of 2014
• Name Honorius, S., Baptist, M., Martins, J., Cardoso, J., Days, M. & Ferreira, B. (2014). Programs of Active Aging - A Relationship between BMI and Triglycerides. *Kairós Gerontologia Magazine*, 16 (5), pp.33-47
• Local They are Paul, Brazil
- 124) • Date November of 2013
• Name Martins, J.; Honorius, S.; Cardoso, J.; Duarte, L.; Baptist, M.; & Brito, J. (2013) Motivation for practice and not in school sports in youth of 2nd and 3rd cycle of basic education. *Iberian Journal of Clinical and Forensic Neuroscience*, 1(3): 420-443). Portugal.
• Local Portugal
- 125) • Date 17 of November of 2013
• Name Honório, S.; Batista, M.; Martins, J.; Brito, J. (2013). The Importance of Physical Activity in the Elderly and the benefit in the Cholesterol and Triglycerides values. *International Interdisciplinary Research Journal*, 4(1): 381- 389
• Local Maharashtra, India
- 126) • Date August of 2013
• Name Coast, P., Batista, M., Aroni, A., Machado, A., Honório, S. (2013). "Indicators of goalkeeper decision-making when taking a penalty in football." In *Proceedings of the 5th Seminar of Psychology of Sport and Motor skills Human – II Congress of Psychology from the Motor skills Human, Sport, Recreation and Dance* . (pp. 65). River Of course: UNESP
• Local They are Paul, Brazil
- 127) • Date August of 2013
• Name Conchinha, J., Batista, M., Aroni, A., Honório, S., Machado, A. (2013). "Motivation of registered athletes" to "The practice of competitive athletics." In *"Annals" of 5th Seminar of Psychology of Sport and Motor skills Human – II Congress of Psychology from the Motor skills Human, Sports, Recreation and "Dance"* . (pp. 71). Rio Claro: UNESP
• Local They are Paul, Brazil
- 128) • Date August of 2013
• Name Lopes, I., Honório, S., Batista, M., Aroni, A., Machado, A. (2013). Comparison of fitness levels functional between elderly sedentary and physically assets as a result from the battery application of tests AAHPERD (American Alliance for Health, Physical Education, Recreation and Dance). In *Proceedings of the 5th Seminar on Sports Psychology and Human Motor Skills – 2nd Congress of Psychology from the Motor skills Human, Sport, Recreation and Dance* . (pp. 39). River Of course: UNESP
• Local They are Paul, Brazil
- 129) • Date 30 of March of 2013
• Name Ferreira, B.; Honório, S.; Baptist, M. (2013). A genesis of Geragogy in Portugal: new challenges the intervention social gerontological. *Magazine QuidNovi*, Vol. II, No. 1: pp 9 – 24 . Torres Novas, Portugal.
• Local Towers New
- 130) • Date 30 of March of 2013
• Name Honorius, S.; Batista, M.; Ferreira, B. (2013). *Test batteries in the analysis of functional fitness in elderly* . *Magazine QuidNovi*, Vol. II, No. 1: pp 129 - 135 . Towers New, Portugal.
• Local Towers New

- 131) • Date 30 of March of 2013
 • Name Honorius, S.; Baptist, M.; Cardoso, J.; Martins, J.; Ferreira, B. (2013). *Programs of Promoting active aging . QuidNovi Magazine, Vol. II, No. 1: pp 163 - 176.* Torres Novas, Portugal.
 • Local Towers New
- 132) • Date 30 of March of 2013
 • Name Martins, J.; Honório, S. (2013). *Longitudinal study of physical fitness levels, BMI and obesity. children in quite rural and urban . Magazine QuidNovi, Vol. II, No. 1: pp 363 - 378 .* Torres Novas, Portugal.
 • Local Towers New
- 133) • Date 30 of March of 2013
 • Name Baptist, M.; Stones, D.; Honorius, S. (2013). Processes of leadership and communication skills in Fitness. *Magazine QuidNovi, Vol. II, No. 1: pp 393 - 407 .* Towers New, Portugal.
 • Local Towers New
- 134) • Date 2012
 • Name Honorius, Samuel; Baptist, Mark (2012). Supervision pedagogical In swimming - The influence of retrospective reflection on the technical-pedagogical behaviors of teachers. *Collection Magazine Search in Education Physical, 11: 1981-4313 .*
 • Local Jundiaí - They are Paul; Brazil;
- 135) • Date 2012
 • Name Baptist, M., Honorius, S. (2012). "Assessment of Skills Psychological of National Teams of Judo Cadets and "Juniors". In THE. Palm tree; M. Silva; AND. Tick; D. Araújo (Coord) *"Book of Abstracts of XIII Journeys from the Society Portuguese of Psychology of Sport"*. (pp. 92).
 • Local Lisbon: University Portuguese-speaking of Humanities and Technologies
- 136) • Date 2012
 • Name Duarte, G., Batista, M., Honório, S. (2012). "Study of Self-Perception "Leadership Behaviors of Portuguese Roller Hockey Coaches". In A. Palmeira; M. Silva; E. Carraça; D. Araújo (Coord) *"Book of Abstracts of XIII Journeys from the Society Portuguese of Psychology of Sport"*. (pp. 95).
 • Local Lisbon: University Portuguese-speaking of Humanities and Technologies
- 137) • Date 2011
 • Name Batista, M.; Delgado, S.; Honório, S. (2011). The Practice of Judo as a Shaping Modality of Self-concept in Children. *Magazine Think the Practice, Goiás - Brasilia, Brazil;*
 • Local Brasilia, Brazil;

- Reviewer / Editor of Magazines_Reviewer_Journal Editor

- 1) • Dates (of - until) Since August of 2022
 • Name and address of employer Scandinavian Journal of Medicine and Science in Sports
 • Type of enterprise or sector Magazine Scientific Indexed (ISI/JCR)
 • Function or position busy Reviewer / Reviewer
 • Main activities and responsibilities Analysis of articles scientific in model "peer- review"

- 2)** • Dates (of - until) April 2022
• Name and address of employer Frontiers in Psychology
• Type of enterprise or sector Magazine Scientific Indexed (ISI/JCR)
• Function or position busy Reviewer and Topic Editor of Edition Special Reviewer and Topic Editor
• Main activities and responsibilities Analysis of articles scientific in model "peer-review"; suggestion of reviewers for articles
- 3)** • Dates (of - until) Since November of 2020
• Name and address of employer Perceptual and Engine Skills
• Type of enterprise or sector Magazine Scientific Indexed (ISI/JCR)
• Function or position busy Reviewer / Reviewer
• Main activities and responsibilities Analysis of articles scientific in model "peer- review"
- 4)** • Dates (of - until) Since October of 2020
• Name and address of employer Biomedical Human Kinetics
• Type of enterprise or sector Magazine Scientific Indexed (ISI/JCR)
• Function or position busy Reviewer / Reviewer
• Main activities and responsibilities Analysis of articles scientific in model "peer- review"
- 5)** • Dates (of - until) Since June of 2020
• Name and address of employer Quality and Quantity
• Type of enterprise or sector Magazine Scientific Indexed (ISI/JCR)
• Function or position busy Reviewer / Reviewer
• Main activities and responsibilities Analysis of articles scientific in model "peer- review"
- 7)** • Dates (of - until) Since May of 2020
• Name and address of employer Research Quarterly for Exercise and Sport
• Type of enterprise or sector Magazine Scientific Indexed (ISI/JCR)
• Function or position busy Reviewer / Reviewer
• Main activities and responsibilities Analysis of articles scientific in model "peer- review"
- 8)** • Datas (de - até) Desde Novembro de 2019
• Nome e endereço do empregador International Journal of Environmental Research and Public Health
• Tipo de empresa ou sector Revista Científica Indexada (ISI/JCR)
• Função ou cargo ocupado Revisor / Reviewer
• Principais atividades e responsabilidades Análise de artigos científicos em modelo "peer-review";
- 9)** • Dates (of - until) Since October of 2019
• Name and address of employer Ibero-American Journal of Exercise and Sports Psychology
• Type of enterprise or sector Magazine Scientific Indexed (ISI web of science)
• Function or position busy Editor of Section / Section Editor
• Main activities and responsibilities Analysis of scientific articles; Recommendations regarding publication after review in pairs.

- 10)** • Dates (of - until) Since October of 2018
• Name and address of employer Minutes Gymnastics
 • Type of enterprise or sector Magazine Scientific Indexed (Scopus)
 • Function or position busy Reviewer / Reviewer
 • Main activities and Analysis of articles scientific in model "peer- review"
 responsibilities
- 11)** • Dates (of - until) Since September of 2018
• Name and address of employer RIPED - Ibero-American Journal of Exercise and Sports Psychology
 • Type of enterprise or sector Magazine Scientific Indexed (ISI web of science)
 • Function or position busy Reviewer and Editor Associate / Reviewer and Associate Editor
 • Main activities and Analysis of articles scientific in model "peer- review"
 responsibilities
- 12)** • Dates (of - until) Since September of 2018
• Name and address of employer Proceedings from the Academy Brazilian of Sciences
 • Type of enterprise or sector Magazine Scientific Indexed (ISI web of science)
 • Function or position busy Reviewer / Reviewer
 • Main activities and Analysis of articles scientific in model "peer- review"
 responsibilities
- 13)** • Dates (of - until) Since July of 2018
• Name and address of employer Human Movement
 • Type of enterprise or sector Magazine Scientific Indexed (Scopus)
 • Function or position busy Reviewer / Reviewer
 • Main activities and Analysis of articles scientific in model "peer- review"
 responsibilities
- 14)** • Dates (of - until) Since May of 2018
• Name and address of employer European Journal of Sports and Exercise Science
 • Type of enterprise or sector Magazine Scientific Indexed
 • Function or position busy Reviewer / Reviewer
 • Main activities and Analysis of articles scientific in model "peer- review"
 responsibilities
- 15)** • Dates (of - until) Since November of 2017
• Name and address of employer Journal of Human Sport and Exercise
 • Type of enterprise or sector Magazine Scientific Indexed (Scopus)
 • Function or position busy Reviewer / Reviewer
 • Main activities and Analysis of articles scientific in model "peer- review"
 responsibilities
- 16)** • Dates (of - until) Since April of 2016
• Name and address of employer Journal of Sports Sciences
 • Type of enterprise or sector Magazine Scientific Indexed (ISI)
 • Function or position busy Reviewer / Reviewer
 • Main activities and Analysis of articles scientific in model "peer- review"
 responsibilities
- 17)** • Dates (of - until) Since March of 2015
• Name and address of employer The Journal of Sports Medicine and Physical Fitness

- Type of enterprise or sector
• Function or position busy
• Main activities and responsibilities
Magazine Scientific Indexed (ISI)
Reviewer / Reviewer
Analysis of articles scientific in model "peer- review"

- 18)** • Dates (of - until) Since June of 2014
• Name and address of employer Journal of Culture, Education, Sport and Kinesiotherapy
• Type of enterprise or sector Magazine Scientific Indexed
• Function or position busy Reviewer / Reviewer
• Main activities and responsibilities Analysis of articles scientific in model "peer- review"

- 19)** • Dates (of - until) Since March of 2014
• Name and address of employer JAPE (Journal of Advance Physical Education)
• Type of enterprise or sector Magazine Scientific Indexed in CAS (Chemical Abstracts Services)
• Function or position busy Member of the Editorial Board Reviewer / Member of the Editorial Board and Reviewer
• Main activities and responsibilities Analysis of articles scientific in model "peer-review"; To assess critically works sent to the magazine, select the what he must to be published

- 20)** • Dates (of - until) Since 2014
• Name and address of employer Portal of Education of Brazil
• Type of enterprise or sector Directory of online and e-learning courses certified by the Brazilian Ministry of Education.
• Function or position busy Columnist / Columnist
• Main activities and responsibilities Shipping of articles to search

- 21)** • Dates (of - until) Since October of 2014
• Name and address of employer International Journal of Physical Education, Sports Health
• Type of enterprise or sector Magazine Scientific Indexed
• Function or position busy Editor Associate and Reviewer / Associate Editor and Reviewer
• Main activities and responsibilities Analysis of articles scientific in model "peer- review"

- 22)** • Dates (of - until) Since February of 2014
• Name and address of employer Magazine Kairos - Gerontology
• Type of enterprise or sector Magazine Scientific Indexed
• Function or position busy Reviewer of articles scientific / Reviewer
• Main activities and responsibilities Analysis of articles scientific in model "peer- review"

- 23)** • Dates (of - until) Since February of 2014
• Name and address of employer International Publisher - Premier Publishers
• Type of enterprise or sector Magazines Scientific Indexed / Publisher
• Function or position busy Reviewer of articles scientific books and chapters of books./Reviewer
• Main activities and responsibilities Analysis of articles scientific books and chapters of books in model "peer- review"

- 24)** • Dates (of - until) Since March of 2014
- Name and address of employer Journal of Health and Physical Education
 - Type of enterprise or sector Magazine Scientific Indexed
 - Function or position busy Member of Advice Editorial / Member of Editorial Board
 - Main activities and responsibilities To assess critically works sent to the magazine, select the what he must to be published.
- 25)** • Dates (of - until) Of 2013 the 2015
- Name and address of employer Magazine Quid New
 - Type of enterprise or sector Magazine Scientific Indexed
 - Function or position busy Editor Boss / Editor in Chief
 - Main activities and responsibilities Perform processes of assessment and update from the magazine

- Editor or co-editor of books editor and/or co- editor

- 1) • Date September of 2023
- Name John Petrica, João Serrano, António Faus4no, André Ramalho, Bruno Trindade, Helena Mesquita, João Rocha, Jorge Santos, Marco Ba4sta, Miguel Lucas, Paulo Silveira, Pedro Mendes, Rui Paulo, Samuel Honório. (2023). II INTERNATIONAL CONGRESS OF ACTIVITY PHYSICAL From knowledge scientific the employability sustainable. Castle White: Editions IPCB. ISBN: 978-989-35406-0-2
 - Local
- 2) • Data Julho de 2020
- Nome Samuel Honório, Marco Batista, João Serrano, Raquel Silva. (202). Sports, Health and Exercise Medicine. London: Intechopen Publishers
 - Local Intechopen Publishers
- 3) • Data Abril de 2020
- Nome Samuel Honório, Marco Batista, Helena Mesquita & Jaime Ribeiro. (2021). Multidisciplinary Interventions for People with Diverse Needs. A Training Guide for Teac hers, Students, and Professionals. New York: Betham Science Publishers: eISBN: 9789811446771/ISBN: 9789811446757
 - Local Betham Science Publishers, New York, USA
- 4) • Date 2018
- Name Julio Martins, John Serrano, Samuel Honorius. (2018). Pedagogy of Sport - Swimming. (Adaptation to the aquatic environment, observation, pedagogical supervision, and safety in swimming lessons).
Sport Pedagogy - Swimming. (Adaptation to the aquatic environment, observation, pedagogical supervision and safety in swimming lessons).
 - Local Publisher Forte
- 5) • Data Abril de 2018
- Nome Batista, M.; Delgado, S. C.; Honório, S.; Martins, J. (2016). Judo - An Enhance of Psychological Variables and School Performance.
 - Local Lambert Academic Publishing - Germany, ISBN: (978-3-8417-0977-6).
- 6) • Date 20/9/2016
- Name Baptist, M.; Honorius, S.; Nunes, W. (2016). Activity Physical and Development Coordinator - THE Influence from the Practice from the Activity Physical of Enrichment Curriculum in the coordinative development of children.
Physical Activity and Coordinating Development - The Influence of the Practice of Physical

- Local Activity for Curriculum Enrichment in the Coordinating Development of Children.
New Editions Academics Saarbrücken - Germany, ISBN: (978-3-639-74826- 0).

- 7) • Date 30/11/15
• Name Martins, J.; Honorius, S.; Cardoso, J.; Duarte, L. (2015). Motivation to the practice and no practice in sport school. The Young people and the Practice of Sport School. Motivation for practice and non-practice in school sports. Young people and the practice of school sports.
• Local New Editions Academics Saarbrücken - Germany, ISBN: (978-3-8417-0977- 6)

- 8) • Data 16/09/2013
• Nome Honório, S.; Batista, M; Martins, J. (2015). Duchenne Muscular Dystrophy and Water THE Relationship with Benefits.
• Local Lambert Academic Publishing, Saarbrücken - Germany, ISBN: 978-3-659-46857-5.

- 9) • Date 20/01/2015
• Name Honorius, S. (2015). Duchenne Muscular Dystrophy - Prognosis, Symptoms and Management.
• Local NovaSciencePublishers, New York: USA - ISBN: 978-1-63482-153- 7.

- 10) • Date May of 2011
• Name Honorius, S. (2011). Supervision Pedagogical in Swimming - Study from the influence from the retrospective reflection us behaviors of technicians of swimming in the Swimming pools Municipals in Bedita.
• Local Editions ESETN (Published in the Bookstores Omniservices).

- Author or co-author of chapter of book_Author or co-author of book chapter

- 1) • Date 2 the 5 of July of 2024
• Name Honorius, S.; Baptist, M.; Santos, J.; Serrano, J.; Petrica, J.; Rebelo, M.; Marques, J.; Sedge, J. (2024). Physical Activity Habits and Sleeping Hours In Preschool Students. In Davison, RCR, Tsolakidis, AND., Thompson, JL, Ferrauti, THE., Piacentini, MF (Coord.), *Proceedings of the 29th European Congress of Sport Sciences, July 2-5; Glasgow, Scotland* . (459-460). ISBN (e-book): ISBN 978-3-9818414-7- 3
• Local Viseu, Portugal
• Type Communication Oral

- 2) • Date 28 the 29 of May of 2023
• Name Honorius, SA; Santos, JM; Baptist, BAD; Serrano, JJ; Petrica, JM; Rebelo, M.; Rocha, JC & Lopes, A. (2024). Physical performance analysis of Under-17 football players - Study on agility, fatigue and lower limbs power. In Desouzart, G. (Coord.), *Proceedings of the 3rd International Congress of Health and Well-Being Intervention ICHWBI2023; 2023 May 28-29 ; Viseu, Portugal* . (pp. abstract page). ISBN (e-book): 978-989-759-154-9. Available from: <https://healthwellbeingcongress.ipiaget.org/pt-pt/abstracts/>
• Local Viseu, Portugal
• Type Communication Oral

- 3) • Date 2023
• Name Miguel Rebelo, João Petrica, Marco Batista, Pedro Duarte-Mendes, Rui Paulo, Samuel Honório, Paulo Silveira & João Serrano. (2023). Changes in Motor Skills in Children with One year of Age after COVID-19 lockdown. In Maria John Lagoon, Diogo Coutinho, Carlos Oak, Joseph Santos, John Viana & Gustavo Silva (Coord.) *Studies in Development from the Child XVI*. Maia: Center of Publications from the University from the Maia, ISBN: 978-989-53655-5- 5.
• Local Castle White, Portugal

- 4) • Date 2023
 • Name Petrica, J., Serrano, J., Faustino, A., Ramalho, A., Trindade, B., Mesquita, H., Rocha, J., Santos, J., Batista, M., Lucas, M., Silveira, P., Mendes, P., Paulo, R., & Honório, S. (Eds) (2023). Book Abstracts - II Congress International Activity Physics. Castle. White: Institute Polytechnic of Castle White. ISBN 978-989-35406-0-2.
 • Local Castle White, Portugal
- 5) • Date 2021
 • Name Samuel Honorius, Jorge John Santos Serrano, John Rocha, João Petrica, André Ramalho and Marco Batista. (2021). Lifelong Healthy Habits and Lifestyles. In Nielson, H. (Coord). Sport Psychology in Sports, Exercise and Physical Activity. London: Intechopen. ISBN 978-1-83969-720-3
 • Local London
- 6) • Date 2020
 • Name Silveira, P., Paul, R., Honorius, S., Baptist, M., Duarte-Mendes, P., Rock, J., Petrica, J., Santos, J., Faustino, THE., & Serrano, J. (2020). Activity Physical versus Assessment of Aptitude Physical Functional of Elderly. In J. Serrano, J. Petrica, M. Kerlosky & B. Beatriz (Coord.). Activity Physical, Leisure and Health – Perspectives and Challenges of Research. (pp. 117-125) Castelo Branco: Polytechnic Institute of Castelo Branco. ISBN: 978-989-8196-99-6
 • Local Castle White, Portugal
- 7) • Date 2020
 • Name Serrano, J., Goulão, J., Paul, R., Honorius S., Baptist, M., Duarte-Mendes, P., Rock, J., **Santos, J.**, Ramalho, THE., Trinity, B., Silveira, P., & Petrica, J. (2020). Theoretical approach on the implementation of one model of game node Soccer. In J. Serrano, J. Petrica, M. Kerlosky & B. Beatriz (Coord.). Physical Activity, Leisure and Health Perspectives and Challenges of Investigation. (pp. 173-182). Castle White: Institute Polytechnic of Castelo Branco. ISBN: 978-989-8196-99-6
 • Local Castle White, Portugal
- 8) • Date 2020
 • Name Rocha, J., Domingues, A., Fernandes, I., Domingues, J., Ribeiro, S., Silveira, P., Batista, M., Serrano, J., Petrica, J., Paul, R., Duarte-Mendes, P., Honorius, S., **Santos, J.**, & Faustino, Wheelchair Basketball Team of Wheels. In: Serrano J, Petrica J, Kerkoski M, & Pereira B. (Eds). Physical Education , Health and Well-being - New paths (pp: 164-177). Institute Polytechnic of Castle White. ISBN: 978-989-54814-0-8.
 • Local Castle White, Portugal
- 9) • Date 2020
 • Name Paul, R., Baião, D., Mendes, P., Faustino, THE., **Santos, J.**, Honorius, S., Silveira, P., Baptist, M. (2020). Physical Fitness and Cognitive Development in Older Adults with Different Levels of Activity Physical. in: J. Serrano, J. Petrica, M. Kerkoski, & B. Pereira (pp. 106-114). Education Physical, Health and Well-being New Pathways. Institute Polytechnic of Castelo Branco.
 • Local Castle White, Portugal
- 10) • Date March of 2021
 • Name Rui Paul, Samuel Honorius, Rita Santos Rock, Nuno Pepper, Pedro Morouço, Pedro Sousa & Roberta Frontini. (2021). Platform interactive interdisciplinary to promotion of behaviors healthy and prevention of sedentary lifestyle and from the obesity (Teenpower). *In*

- Development of Sports and Quality of Life - Teaching, Research and Intervention. Viseu: REDESP Editions. ISBN: 978-989-54743-4-9
- Local Leiria, Portugal
- 11) • Date February of 2021
- Name March Baptist, Jorge Santos, Samuel Honorius, Helena Mosque, John Serrano, John Petrica. (2021). Subjective well-being in veteran athletes: A prospective test based on the theory of self-determination. In Book of Abstracts I CONGRESS INTERNATIONAL DO CIEQV. River Bigger. ISBN: 978-989-54983-3- 8
 - Local River Bigger, Portugal.
- 12) • Date November of 2020
- Name Jorge Santos, João Petrica, João Serrano, Marco Batista, Samuel Honório & Luis Maia. (2020). Physical Activity and Perception of Quality of Life. *In Innovation and Research in Activity Physical y Sport to Mayors* . Malaga: Area of Governments y Services the there Citizenship. Education, Youth and Sports Department. Sports Service. Malaga Diputation. ISBN: 978-84-17457-28-0
 - Local New York, USA.
- 13) • Date November of 2020
- Name Jorge Santos, João Petrica, João Serrano, Marco Batista, Samuel Honório & Luis Maia. (2020). Lifestyles and satisfaction with life of veteran athletes: the prospective test based on the theory of self-determination. *In Innovation and Research in Physical Activity and Sports for Mayors* . Malaga: Area of Governments y Services the there Citizenship. Delegation of Education, Youth y Sports. Service of Sports. Diputación of Malaga. ISBN: 978- 84-17457-28-0
 - Local New York, USA.
- 14) • Date April of 2020
- Name Monica Brauna, Andreia Ignatius, Catherine Wolf, Vânia Ribeiro, Dwarf Lopes, Samuel Honorius & Jaime Ribeiro. (2020). Combined interventions on diabetes. *In Multidisciplinary Interventions for People with Diverse Needs* . THE Training Guide for Teachers, Students, and Professionals. New York: Betham Science Publishers: eISBN: 9789811446771/ISBN: 9789811446757.
 - Local New York, USA.
- 15) • Data Abril de 2020
- Nome Helena Mesquita, João Serrano, Samuel Honório, Marco Batista, Jaime Ribeiro. (2020)The Daily Life's Routines of Children with Disabilities. *In Multidisciplinary Interventions for Pepeo with Diverse Needs*. A Training Guide for Teachers, Students, and Professionals. New Yo ple' Betham Science Publishers: eISBN: 9789811446771/ISBN: 9789811446757. s rk:
 - Local New York, USA.
- 16) • Date April of 2020
- Name Jaime Ribeiro, Marco Batista, Samuel Honório, João Serrano & Helena Mesquita . (2020). Exercise and Physical Activity - Contributions to Intervention in People with Dementia. *In Multidisciplinary Interventions for People with Diverse Needs* . THE Training Guide for Teachers, Students, and Professionals. New York: Betham Science Publishers: eISBN: 9789811446771/ISBN: 9789811446757.
 - Local New York, USA.
- 17) • Date February of 2020.

Curriculum Vitae

- Name Rui Paul, Samuel Honorius, Rita Rock, Nuno Pepper, Pedro Morouço, Pedro Sousa. (2018). Teenpower: Program interdisciplinary, with use of platform interactive, of promotion Healthy behaviors and prevention of sedentary lifestyles and obesity. In BOOK OF ABSTRACTS - 2nd Forum REDESPP SPORTS *Networks of Sport us Polytechnics Education, Investigation, Intervention, Development of Sport and Quality of Life Cooperation and Sharing* . ISBN: 978-989-8797-27-8.
-
- Local Leiria, Portugal.
- 18) • Date December of 2020
- Name Samuel Honorius, March Baptist, John Serrano, John Petrica, Jorge Santos, John Rocha, Júlio Martins (2020). Supervision Pedagogical in Swimming. In Petrica J, Faustino THE, Santos J, Paulo R. (Eds). *Sports Pedagogy, Academic Research Approaches* . New Academic Editions: ISBN: 978-620-2-80606-0
- Local Brazil
- 19) • Date May of 2019
- Name Samuel Honório, Marco Batista, Jorge Santos, João Serrano, João Petrica, Helena Mesquita, Jaime Ribeiro, Júlio Martins. (2019). Physical exercise as a tool to delay the development process of Duchenne Muscular Dystrophy. In Kunihiro Sakuma (Eds). *Muscular Dystrophies*, Intechopen: Croatia. DOI: 10.5772/intechopen.84453; ISBN: 978-1-78923-846-4Print ISBN: 978-1-78923-845-7
- Local Idanha-a-Nova, Portugal.
- 20) • Date March of 2019
- Name Jorge Santos; John Petrica; John Serrano; March Baptist; Samuel Honorius. (2019). Assessment in Physical Education. In Petrica J, Faustino A, Santos J, Paulo R. (Eds). *Pedagogy of Sport, Approaches Academics of Investigation* . Chamber Municipal of Idanha-a-Nova. ISBN: 978-620-2-80606-0
- Local Idanha-a-Nova, Portugal.
- 21) • Date March of 2019
- Name Júlio Martins, Carlos Rodrigues, João Cardoso, Samuel Honório. (2019). The Influence of Aptitude Physical and Obesity in students. In Petrica J, Mendes, P, Serrano J, Paul R. (Eds) *Approaches on Exercise and Health* (pp. 9-17). Chamber Municipal of Idanha-a-Nova
- Local Idanha-a-Nova, Portugal.
- 22) • Date March of 2019
- Name March Batista, Sixtus Cube Delgado, João Peteric, John Rui Serrano Paul, Samuel Honório. (2019). Activity Physical and Self-concept of Students of 1st Cycle. In: Petrica J, Mosque H, Baptist M, Mendes P (Eds.) *Psychology of Exercise and Sports: Academic Approaches of Investigation* (pp. 23-34). Chamber Municipal of Idanha-a-Nova. ISBN: 978-989-8936-08-0
- Local Idanha-a-Nova, Portugal.
- 23) • Date March of 2019
- Name Samuel Honório, Marco Batista, Júlio Martins. (2019). Dynamics Comparison of Game Between Rules Old and Current in Modality of Hockey Roller skates. In: Petrica J, Paul R, Mendes P, Baptist M. (Eds.) *Approaches On Training Sports* (pp. 93-102). Chamber Municipal of Idanha-a-Nova. ISBN: 978-989-8936-05-9
- Local Idanha-a-Nova, Portugal.
- 24) • Date March of 2019
- Name Rui Paul, Samuel Honorius, Rita Santos-Rocha, Nuno Pepper, Pedro Morouço. (2019). Activity physical in adolescence: challenges and opportunities. Accept to publication
- Local Leiria, 2nd Forum REDESPP; ISBN: print

- 26) • Date November of 2018
 • Name Jaime Ribeiro; March Baptist; Samuel Honorius (2018). Exercise and activity physical - Contributions to intervention in person with commitment cognitive. Viseu: Editions Piaget.
 • Local Viseu, Editions Piaget: ISBN: 978-989-759-102-0
- 32) • Date 20 of November of 2016
 • Name Faustino, THE., Serrano, J., Cruchinho, J., Honorius, S., Baptist, M. & Petrica, J. (2016). *Study of Children's Movement and Play in Full-Time School* . In: João Serrano & João Petrica. *Studies in Development Engine Child IX* , pp. 114-127. Castelo Branco, IPCB.
 • Local Castle White
- 33) • Date 13 of May of 2016
 • Name Honorius, S.; Baptist, M.; Martins, J.; Paul, R.; Serrano, J.; Petrica, J. (2016). *The Importance of A Culture of Exercise for the Elderly* . Piaget Editions. Viseu - Portugal. ISBN : 978-989-759-071-9
 • Local Viseu
- 34) • Date 20/01/2015
 • Name Honorius, S.; Baptist, M.; Martins, J.; Ribeiro, J. (2015). Physical Activity in Duchenne Muscular Dystrophy. Chapter Two
 • Local New Science Publishers, New York: USA - ISBN: 978-1-63482-153-7

Oral presentations at international congresses

- 1) • Date 2 the 5 of July of 2025
 • Name Honorius, S.; Baptist, M.; Santos, J.; Serrano, J.; Petrica, J.; Rebelo, M.; Marques, J.; Sedge, J. (2024). Physical Activity Habits and Sleeping Hours In Preschool Students. The 29th Annual Congress of the European College of Sport Science - Enhancing Health, Performance and Community Sport. July 2-5; Glasgow, Scotland .
 • Local Glasgow, Scotland
 • Type Communication Oral
- 1) • Date 28 the 29 of May of 2023
 • Name Honorius, SA; Santos, JM; Baptist, BAD; Serrano, JJ; Petrica, JM; Rebelo, M.; Rocha, JC& Lopes, THE. (2024). Physical performance analysis of Under-17 football players - Study on agility, fatigue and lower limbs power. *International Congress of Health and Well-Being Intervention - ICHWBI2023; 2023 May 28-29; Viseu, Portugal* .
 • Local Viseu, Portugal
 • Type Communication Oral
- 1) • Date 12 of October of 2023
 • Name Samuel Honorius, March Baptist, Jorge Santos, Luis Vaz, Wilbur Kraak, Hélder Miguel Fernandes. Levels of physical activity between sedentary and active elderly - A study on flexibility and upper limb strength. (2023). CIDESD International Congress, 12 of October of 2023 UTAD, Village Real of Trás-os-Montes, Portugal.
 • Local Castle White, Portugal
 • Type Communication Oral

- 2) • Date 12 of October of 2023
 • Name Luís Vaz, Wilbur Kraak, Samuel Honório, Marco Batista, Camila Müller, Eraldo Pinheiro, Hélder Miguel Fernandes. Performance indicators associated with match outcome within the Rugby World Cup 2023. (2023). CIDESD International Congress, 12 of October of 2023 UTAD, Village Real of Trás-os-Montes, Portugal.
 • Local Castle White, Portugal
 • Type Communication Oral
- 3) • Date 28, 29 and 30 of September of 2023
 • Name JORGE SANTOS, MARCH BAPTIST, SAMUEL HONORIO, JOHN SERRANO, MIGUEL REBELO LUCAS, PAUL SILVEIRA, JOHN ROCK, JOHN PETRICA. (2023). What of students pay attention in physical education classes? II International Congress of Physical Activity, Polytechnic Institute of Castle White, 28, 29 and 30 of September of 2023 Castelo Branco, Portugal.
 • Local Castelo Branco, Portugal
 • Type Communication Oral
- 4) • Date 28, 29 and 30 of September of 2023
 • Name MIGUEL REBEL, JOHN PETRICA, SAMUEL HONORIO, MARCH BAPTIST, JOÃO ROCHA, ANTONIO FAUSTINO, JOHN SERRANO. (2023). The importance of an intervention for the development of flexibility in 7- and 15-year-old children. II International Congress of Physical Activity, Polytechnic Institute of Castle White, 28, 29 and 30 of September 2023, Castelo Branco, Portugal. Castelo
 • Local White, Portugal
 • Type Communication Oral
- 5) • Date 28, 29 and 30 of September of 2023
 • Name DIOGO NEVES, JORGE SANTOS, MARCH BAPTIST, SAMUEL HONORIO, JOHN SERRANO, ANTÓNIO FAUSTINO, JOÃO ROCHA. (2023). The level of physical activity of primary school students. II International Congress of Physical Activity, Polytechnic Institute of Castelo Branco, 28, September 29 and 30, 2023, Castelo Branco, Portugal. Castle
 • Local White, Portugal
 • Type Communication Oral
- 6) • Date 28, 29 and 30 of September of 2023
 • Name MARCH BAPTIST, DIANA TOWERS, KATIA SHADOW, SAMUEL HONORIO, JORGE SANTOS, CARMEN GALAN-ARROYO, MIGUEL REBEL, PAUL SILVEIRA, HUGO LAUREL. (2023). Analysis of the predominance of technical actions used in the 2021 European Judo Championship depending on combat time and golden score. II International Congress of Physical Activity, Polytechnic Institute of Castle White, 28, 29 and 30 of September 2023, Castelo Branco, Portugal. Castelo
 • Local White, Portugal
 • Type Communication Oral
- 8) • Date 28, 29 and 30 of September of 2023
 • Name JORGE SANTOS, MARCH BAPTIST, SAMUEL HONORIO, JOHN SERRANO, MIGUEL REBELO LUCAS, PAUL SILVEIRA, JOHN ROCK, JOHN PETRICA. (2023). What of students pay attention in physical education classes? II International Congress of Physical Activity, Polytechnic Institute of Castle White, 28, 29 and 30 of September of 2023, Castle
 • Local Branco, Portugal.
 • Local Castelo Branco, Portugal
 • Type Communication Oral

- 7) • Date 28, 29 and 30 of September of 2023
 • Name SAMUEL HONORIO, JORGE SANTOS, JOHN SERRANO, JOHN PETRICA, MIGUEL REBEL, MARCH BAPTIST. Analysis of pedagogical behaviors among swimming teachers. (2023). II International Congress of Physical Activity, Polytechnic Institute of Castelo Branco, 28, 29 and 30 September 2023, Castle White, Portugal.
 • Local Castle White, Portugal
 • Type Communication Oral
- 9) • Date 25 of May of 2023
 • Name Samuel Honório, Jorge Santos, Marco Batista, João Serrano, João Petrica, Miguel Rebelo, João Rocha, André Lopes, Fernando Vieira. (2023). Physical performance analysis of under- 17 football players - study on agility, fatigue and lower limbs power. 3rd International Congress of Health and Well-being Intervention, Institute Piaget University Campus of Viseu, 25-27 of May, Viseu, Viseu,
 • Local Portugal
 • Type Communication Oral
- 10) • Date 19 of May of 2023
 • Name Honorius, Samuel; Baptist, March; Santos, Jorge; Serrano, John; Petrica, John; Rebelo, Miguel. (2023). Training effects on linear velocity in young football players. WORLD YOUTH STUDIES CONGRESS-III, Azerbaijan State Academy of Physical Education and Sports, May 19th, Bakur, Azerbaijan.
 • Local Bakur, Azerbaijan.
 • Type Communication Oral
- 11) • Date 5 and 6 of May of 2023
 • Name John Rock, John Petrica, John Serrano, Paul Silveira, Pedro Mendes, Rui Paul, Marco Batista, Samuel Honório, Jorge Santos, António Faustino, Miguel Rebelo and André Ramalho. (2023). Communication in a competitive context by coaches of children and young people in their training. International Congress for Children and Young People, 5-6 May, City of Football, Lisbon, Portugal.
 • Local Lisbon, Portugal
 • Type Communication Oral
- 12) • Date 5 and 6 of May of 2023
 • Name Miguel Rebelo, João Petrica, Samuel Honório, Paulo Silveira, Rui Paulo, Pedro Mendes, João Serrano and Jorge Santos. (2023). Children's opinion on parental involvement in their football practice. International Congress for Children and Young People, 5-6 May, City of Football, Lisbon, Portugal.
 • Local Lisbon, Portugal
 • Type Communication Oral
- 13) • Date 5 and 6 of May of 2023
 • Name João Serrano, Miguel Rebelo, João Petrica, Rui Paulo, Pedro Mendes, Samuel Honório, Marco Batista, Jorge Santos, John Rocha and André Ramalho. (2023). Parental Involvement node Soccer Children's and young adult literature. Congress International to Children and Young people, 5-6 of May, City of Soccer, Lisbon, Portugal.
 • Local Lisbon, Portugal
 • Type Communication Oral

- 14) • Date 15 the 18 of June of 2022
 • Name Samuel Honório, Luis Ramos, Jorge Santos, João Serrano, João Petrica, Marco Batista. (2022). Self-esteem, self-concept, and academic performance in middle-school students according to their sport context. International Congress of Education, Health and Human Movement (ICEHHM) - 12th edition and Human Movement: New Paradigms in the Changing World, June 15-18 Bucharest, Romania.
 • Local Bucharest, Romania
 • Type Communication Oral
- 15) • Date 24 and 25 of September of 2022
 • Name Samuel Honório, Marco Baptist, Jorge Santos, John Serrano, John Petrica, & Julio Martins. (2022). ACTIVE AGING PROGRAMS AGAINST SEDENTARY LIFESTYLE IN THE ELDERLY. INFLUENCE ON METABOLIC PARAMETERS AND LIFE SATISFACTION. 18th international conference Days of Applied Psychology Current challenges in psychological science. University of Nis, Nis, Serbia, 23 of September, 2022.
 • Local Nis, Serbia
 • Type Communication Oral
- 16) • Date 14 the 16 of November of 2022
 • Name Honório, S.; Santos, J.; Serrano, J.; Rocha, J.; Petrica, J.; Ramalho, A. & Batista, M. (2022). Healthy habits and Lifestyles: From young to old ages. 2nd International Conference on Neuroscience and Psychiatry, November 14-16, Paris, France
 • Local Paris, France
 • Type Communication Oral
- 17) • Date 21 and 22 of May of 2021
 • Name Samuel Honório, Marco Batista, Jorge Santos (2021). Time- Motion Analysis. IV Seminar International of Investigation in Sciences of Sport and II Video Seminar, School Superior Education of the Institute Polytechnic from Castelo Branco , 21-22 May .
 • Local Castle White, Portugal
 • Type Communication Oral
- 18) • Date 21 and 22 of May of 2021
 • Name Samuel Honório, Marco Batista, Jorge Santos (2021). The DEPASS Project. IV International Seminar on Research in Sports Sciences and II Video Seminar, Higher School of Education of the Polytechnic Institute of Castelo Branco, 21-22 May .
 • Local Castle White, Portugal
 • Type Communication Oral
- 19) • Date 25 and 26 of September
 • Name Samuel Honorius, March Baptist, Jorge Santos, John Serrano, John Rock & John Petrica (2020). *Self Perception of Life Satisfaction in Elderly with Pilates Exercises* 16th Conference Days of Applied Psychology - Psychology in the world of science. University of Nis, Nis, Serbia, 25- 26 of September.
 • Local Serbia (communication oral put (video conferencing).
 • Type Communication Oral
- 20) • Date 23 the 26 of October of 2019
 • Name Honorius Almeida, Samuel, Santos Relaxed, Jorge, Serrano Matos, João, Pedro Helena Mosque Baptist Silva, Marco. Motivation to the practice of roller **hockey** comparative study between levels. I Congress International Of Innovation En El Sports: 25 Years Walking Together, 23 the 26 of October, Cáceres, Spain.

- Local Faculty of Sciences del Sports, University of Extremadura - Spain
 - Type Communication Oral
- 22)
- Date 23 the 26 of October of 2019
 - Name Silva Batista, Marco, Pedro Mesquita, Helena, Almeida Honório, Samuel, Matos Serrano, João, Inês Saucer, Pedro, Lopes from the Coast, Carolina. Hippotherapy in disturbance of Autism spectrum : effect of an intervention program - case study. I International Congress innovation en el sport: 25 YEARS WALKING TOGETHER, 23 26 of October, Cáceres, Spain.
 - Local Faculty of Sciences del Sports, University of Extremadura - Spain
 - Type Communication Oral
- 23)
- Date 23 the 26 of October of 2019.
 - Name Honorius Almeida, Samuel, Santos Folgado, Jorge, Petrica Patrício, John, Serrano Matos, John, Baptist Silva, Marco. Levels anxiety in athletes roller hockey of national championship from the 1st division. I CONGRESS INTERNATIONAL OF INNOVATION EN EL SPORTS: 25 YEARS WALKING TOGETHER, 23 the 26 of October, Cáceres, Spain.
 - Local Faculty of Sciences del Sports, University of Extremadura - Spain
 - Type Communication Oral
- 24)
- Date 23 the 26 of October of 2019
 - Name Pedro Mesquita, Helena, Nogueira Antunes, Raul, Silva Batista, Marco, Almeida Honório, Samuel, Matos Serrano, João, Garrido Salvado, Daniela. Attention and memory in children with dyslexia: effects of an intervention program. I INTERNATIONAL CONGRESS OF INNOVATION EN EL SPORTS: 25 YEARS WALKING TOGETHER, 23 the 26 of October, Cáceres, Spain.
 - Local Faculty of Sciences del Sports, University of Extremadura - Spain
 - Type Communication Oral
- 25)
- Date 23 the 26 of October of 2019
 - Name Matos Serrano, João, Duarte Paulo, Rui, Carvalho Goulão, José, Pedro Mesquita, Helena, Folgado Santos, Jorge & Almeida Honório, Samuel³, Conceptualization and operationalization of the model of game of coaches of soccer children and young adults. I CONGRESS INTERNATIONAL INNOVATION EN EL SPORTS: 25 YEARS WALKING TOGETHER, 23 the 26 of October, Cáceres, Spain.
 - Local Faculty of Sciences del Sports, University of Extremadura - Spain
 - Type Communication Oral
- 26)
- Date 17 the 19 of June of 2019
 - Name SAMUEL HONORIO, MARCH BAPTIST, MARIA-RAQUEL G. SILVA. (2019). Physical activity and subjective well-being in Health Sciences first-year students. *JHSE Supplementary Issue: International Seminar of Physical Education, Leisure and Health. June 2019. Castle White, Portugal*
 - Local Castle White
 - Type Communication Oral
- 27)
- Date 17 the 19 of June of 2019
 - Name Samuel Honório, Marco Batista, João Rocha, João Petrica, Jorge Santos, Helena Mesquita, João Serrano, Deborah Sousa, Rachel Silva. (2019). Pilates for elderly women: An improvement in functional mobility and balance. *JHSE Supplementary Issue: International Seminar of Physical Education, Leisure and Health. June 2019 Castle White, Portugal.*
 - Local Castle White
 - Type Communication Oral

- 28) • Date 23 the 26 of October of 2019
• Name Silva Batista, Marco, Pedro Mosque, Helena, Almeida Honorio, Samuel, Matos Serrano, John, Inês Saucer, Pedro, Lopes da Costa, Carolina. (2019). Hippotherapy in disturbance of Autism spectrum : effect of an intervention program - case study. I INTERNATIONAL CONGRESS OF INNOVATION IN SPORT: 25 YEARS WALKING TOGETHER, 23 a 26 of October, Cáceres, Spain.
• Local Faculty of Sciences del Sports, University of Extremadura - Spain
• Type Communication Oral
- 29) • Date 13 the 16 of June of 2018
• Name Santos, T., Gil, H. Honório, S. (2018). The effects of Nintendo Wii® practice on the development of preschool children: Contribution of a study in supervised practice. In Proceedings of the 13th Iberian Conference on Information Systems and Technologies . ISBN: 978-989-98434-7-9. Cáceres: AISTI. DOI: [10.23919/CISTI.2018.8399392](https://doi.org/10.23919/CISTI.2018.8399392)
• Local Cáceres, Spain
• Type Communication Oral
- 30) • Date 24 the 28 of November of 2018
• Name John Rocha; Amândio Grace; John Serrano; Rui Paulo; Marco Batista, Samuel Honório; Pedro Mendes; João Petrica. (2018). Factors of performance what guide the coaches expert in Portugal. Sources and concepts of training. IX Congress Ibero-American of Basketball. Florianópolis, Brazil, November.
• Local Florianópolis, Brazil
• Type Communication Oral
- 31) • Date 12 the 14 of September of 2018
• Name Duarte-Mendes, P., Paul, R., Silva, D., Petrica, J., Baptist, M., Honorius, S., & Serrano, J. (2018). Imagery skills across team and individual sports. in children. Gaertner, G., Ax, M., Kerkoski, M. & Sfreddo, R. (Ed) XIV Seminar International Physical Education, Sport and Leisure / II Seminar International Sports Psychology Conference / III Budo Congress. Curitiba: Advice Regional of Psychology from the 8th Region, pp. 62. (ISBN: 978- 972-8969-11-0).
• Local Curitiba, Brazil
• Type Communication Oral
- 32) • Date 3 and 4 of November of 2018
• Name Samuel Honorius ^{1,2}; Pedro Duarte-Mendes ^{1,2}, March Baptist ^{1,2}, John Serrano ¹, Rui Paul ^{1,2} John Oliveira ³, João Petrica ¹. (2018). Effects of swimming and Water walking on body composition and Spirometric values in young children . Coast Blanca Sports Sciences Week. Alicante, April.
• Local Alicante, Spain
• Type Communication
- 33) • Date 21 of June of 2019
• Name Samuel Honorius, March Baptist, Rachel Silva. (2019). Quality of Life and Well-being in Students of Nursing. Congress International of Quality of Life, Citizenship and Health Mental. 21 the 22 of June, Viseu, Portugal.
• Local School Superior of Health of Viseu, Portugal

Curriculum Vitae

• Type Communication Oral

- 34) • Date 17 the 19 of June of 2019
• Name Luis Vaz, Marco Batista, Samuel Honório, Helder Miguel Fernandes. (2019). Physical performance tests and anthropometric data to predict selection in U19 rugby union players. *International Seminar of Physical Education, Leisure and Health. June 2019. Castle White, Portugal*
• Local Castle White
• Type Communication Oral
- 35) • Date 12 the 14 of September of 2018
• Name Petrica J., Rodrigues T., Serrano J., Paulo R., Batista M., Honório S. & Rocha J. (2018). The Behaviors of Instruction in Body Pump® and Indoor Cycling classes. Communication presented to the XIV Seminar International Education Physical, Leisure and Health/ II International Symposium on Psychology of Sport/ III Budo Congress held of 12 14 September, Positivo University, Curitiba, Brazil.
• Local Curitiba, Brazil
• Type Communication Oral
- 36) • Date 13 the 20 of September of 2018
• Name Rui Paulo, Samuel Honório, Maria Emilia Duarte, Pedro Sousa. (2018). Teen-Power: Designing a Health Intervention Program to promote health behaviors and prevent obesity. XIV International Seminar Education Physical, Sport and Leisure / II Seminar International of Psychology of Sport / III Budo Congress. Curitiba: Advice Regional of Psychology from the 8th Region, pp. 87-88. (ISBN: 978-972-8969-11-0).
• Local Curitiba, Brazil.
• Type Communication Oral
- 37) • Date 10 the 13 of July of 2018
• Name John Petrica, Marcia Freire, Jorge Santos, Rui Paul, John Serrano, André Ramalho, Pedro Mendes, Marco Batista and Samuel Honório. The Evolution of the Physical Condition of Elderly People Subjected to Hydrogymnastics. 5th International Congress in Health, University of Minho, Braga, July.
• Local Braga, Portugal.
• Type Communication
- 38) • Date 13 the 20 of September of 2018
• Name Batista, M.; Petrica, J.; Serrano, J.; Paulo, R.; Mesquita, H.; Honório, S.; Rocha, J.; Leyton, M.; Jimenez- Castuera, R. (2018). THE Model Transcontextual from the Motivation as Predictor of Healthy Lifestyles of Active Portuguese Adults. In: Gaertner, G., Machado, M., Kerkoski, M. & Sfreddo, R. (Ed) (2018). XIV Seminar International Education Physical, Sport and Leisure / II International Seminar on Sports Psychology / III Budo Congress. Curitiba: Regional Council of Psychology from the 8th Region, pp. 87-88. (ISBN: 978-972-8969-11-0).
• Local Curitiba, Brazil.
• Type Communication Oral
- 40) • Date 13 the 20 of September of 2018

Curriculum Vitae

- Name John Serrano, Rui Paul, March Baptist, Samuel Honorius, John Petrica and Pedro Mendes. (2018). Involvement Parental in Participation Sports of Children node Soccer. XIV International Seminar on Physical Education, Sport and Leisure / II International Seminar on Sports Psychology / III Budo Congress. Curitiba: Advice Regional of Psychology from the 8th Region, pp. 87-88 . (ISBN: 978-972-8969-11-0).
- Local Curitiba, Brazil.
- Type Communication Oral

- 39) • Date 11 and 12 of May of 2018
 • Name Julio Martins, John Cardoso, Joseph Kings and Samuel Honorius. (2018). The Influence of Regular Sports Practice on Motor Skills and Student's Physical Fitness. 4th IPLeiria International Health Congress: Global Health Trends. Institute Polytechnic of Leiria, School Superior of Health, Leiria, May.
 • Local Leiria
 • Type Communication
- 41) • Data 26 a 28 de Abril de 2017
 • Nome João Serrano, Paulo Silveira, André Cunha e Samuel Honório. (2018). Parental involvement in children's sport's participation in football. Costa Blanca Sports Ciencias Week. Alicante, April.
 • Local Alicante, Espanha
 • Tipo Comunicação
- 42) • Data 26 a 28 de Abril de 2017
 • Nome Samuel Honório, Marco Batista, Filipe Soares e Diogo Inês. (2018). Leadership in sport - study with futsal coaches in under 17 and senior levels. Costa Blanca Sports Ciencias Week. Alicante, April.
 • Local Alicante, Espanha
 • Tipo Comunicação
- 43) • Date July of 2017
 • Name Mesquita, H., Serrano, J., Honório, S., Batista, M. & Almeida, D. (2017). Global and fine praxis in a child with spectrum of autism. XIII Seminar International of Education Physical, Leisure and Health, Institute Polytechnic from the Guard, Guard, July
 • Local Guard
 • Type Communication
- 44) • Date July of 2017
 • Name John Serrano, Carlos Flour, John Petrica, Helena Mosque, Rui Paul, Pedro Mendes, Samuel Honorius March Baptist, Antonio Faustino. Levels of Fitness Physical in Elderly practitioners Water aerobics. XIII International Seminar Physical Education, Leisure and Health. Guard
 • Local Guard
 • Type Communication
- 45) • Date July of 2017
 • Name Antonio Faustino, John Serrano, Pedro Mendes, Rui Paul, Samuel Honorius, March Baptist, John Petrica. One Portrait of Movement in school the Time Integral in Portugal - Study of Case Regarding the Senhora da Piedade School. XIII International Seminar on Physical Education, Leisure and Health. Guarda
 • Local Guarda
 • Type Communication
- 46) • Date July of 2017
 • Name Rui Paul, John Marques, John Serrano, Samuel Honorius, Antonio Faustino, Pedro Mendes. Body Composition and Motor Skills in Children of 6 to the 10 years with different levels of Activity Physical. XIII Seminar International of Education Physical, Leisure and Health. Guard
 • Local Guard
 • Type Communication
- 47) • Date July of 2017
 • Name Samuel Honorius, March Baptist, Rui Paul, Pedro Mendes, John Serrano, John Petrica, Júlio Martins, Helena Mesquita. The Importance of Mini-Hockey in Youth Development. XIII Seminar International of Education Physical, Leisure and Health. Guard

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• Local	Guard
• Type	Communication
48) • Date	August of 2017
• Name	Samuel Honorius; March Baptist; John Serrano ; John Petrica; Helena Mosque; Jorge Santos; Julio Martins · Habits and lifestyles of university students in the first year of college. World Congress on Nutrition and Obesity Prevention. Barcelona, Spain.
• Local	Spain
• Type	Poster
49) • Date	August of 2017
• Name	Samuel Honorius; March Baptist; Rui Paul; Pedro Mendes; John Serrano; John Petrica; Julio Martins. ADAPTED FIELD DIMENSIONS TO YOUNG PLAYERS IN HOCKEY. Putrajaya International Conference on Sports Sciences, Fitness and Health. Malaysia.
• Local	Thailand
• Type	Communication
50) • Date	October of 2017
• Name	Samuel Honorius; March Baptist; Pedro Mendes; Rui Paul; Antonio Faustino; Julio Martins. Analysis of Critical Swim Speed in the four styles by European Ranking athletes. International Scientific Congress on Applied Sport Sciences, Alexandria, Egypt.
• Local	Egypt
• Type	Communication Oral
51) • Date	June of 2016
• Name	Honorius, S.; Baptist, M.; Martins, J.; Paul, R.; Petrica, J.; Mendes, P. (2016). Speed and agility analysis on soccer players of under 10s and under 12s age groups. International congress of physical Education, sports, and kinetotherapy. Bucharest, Romania.
• Local	Romania
• Type	Communication
52) • Date	June of 2016
• Name	Honorius, S.; Baptist, M.; Martins, J.; Serrano, J.; Faustino, THE.; Mosque, H. (2016). Mobility Dependence of Children from 1st to 4th grade in Portuguese Schools. INTERNATIONAL CONGRESS OF PHYSICAL EDUCATION, SPORTS AND KINETOTHERAPY. Bucharest, Romania.
• Local	Romania
• Type	Communication
53) • Date	November of 2016
• Name	Honorius, S., Baptist, M., Martins, J., Paul, R., Mendes, P., Faustino, THE., Rodrigues, P., Serrano, J. and Petrica, J. (2016). Physical Kempo Test (PKT) - Development of the Graduation Scale for Kempo Athletes. International Congress of Exercise and Health, Sports and Human Development. Évora, Portugal.
• Local	Évora
• Type	Communication
54) • Date	November of 2016
• Name	Martins, J., Cardoso, J. & Honorius, S. (2016). The Influence of Physical Fitness levels on BMI and Obesity in students from 10 to 11 years old. International Congress of Exercise and Health, Sports and Human Development. Evora, Portugal.
• Local	Évora
• Type	Communication

- 55) • Date November of 2016
• Name Baptist, M., Castuera, R., Honorius, S., Mendes, P., Paul, R. & Mosque, H. (2016). Self-determination and healthy Lifestyles: an exploratory study on veteran athletes. International Congress Exercise and Health, Sports and Human Development CIDESD 2016. November. Évora - Portugal.
• Local Évora
• Type Communication
- 56) • Date October of 2016
• Name Faustino, THE., Mendes, P., Paul, R., Serrano, J., Baptist, M. & Petrica, J. (2016). Active Lifestyle: Comparative Study of Physical Activity Level Among Higher Education Students. *3rd World Congress of Health Research held in the School Superior of Health of Viseu, 29th – 30th September* .
• Local Viseu - Portugal
• Type Communication
- 57) • Date 30 of September of 2016
• Name Pedro Mendes, André Ramalho, Fernanda Silva, Joaquim Pius, Samuel Honorius, March Batista. The influence of physical exercise on functional fitness in institutionalized elderly
• Local 3rd World Congress of Health Research, Viseu - Portugal
• Type Communication Oral
- 58) • Date 29 of September of 2016
• Name Honório, S.; Baptist, M.; Paulo, R.; Mendes, P.; Serrano, J.; Petrica, J.; Martins, J.; Faustino, A. Evaluation Goniometric from the Amplitude Articular in Elderly.
• Local XVI Congress of Sciences of Sport and Education Physical of the Countries of Language Portuguese.
• Type Communication Oral
- 59) • Date 29 of September of 2016
• Name Rui Paulo, Pedro Mendes, Marco Batista, Samuel Honório, André Ramalho, John Serrano, John Petrica. Consumption of alcohol and the activity physical: influence in composition bodily and parameters physiological with impact node state of health in students of teaching superior.
• Local XVI Congress of Sports Sciences and Physical Education of Portuguese Language Countries Portuguese. Porto, Portugal.
• Type Communication Oral
- 60) • Date 29 of September of 2016
• Name João Serrano, João Petrica, André Matias, Rui Paulo, Pedro Mendes, Samuel Honório, Marco Batista, António Faustino. Coach-athlete relationship in football children and young adults.
• Local XVI Congress of Science of Sport and Education Physics of Portuguese Language Countries Portuguese. Porto, Portugal.
• Type Communication Oral
- 61) • Date 6 of May of 2016
• Name March Baptist, Ruth J. Castuera, Helena Mosque, Antonio Faustino, Jorge Santos, Samuel Honório. Life satisfaction of working adults due to the number of hours of weekly exercise.
• Local 3rd International Congress of Health Sciences - School Superior of Health of Leiria
• Type Communication Free
- 62) • Date 7 of May of 2016
• Name John Serrano, John Petrica, Rui Paul, Samuel Honorius, Pedro Mendes. Physical Fitness and Health in Children of the 1st Cycle of Education.

Curriculum Vitae

- Local 3rd International Congress of Health Sciences - School Superior of Health of Leiria
-
- Type Communication Free
- 63) • Date 29 of May of 2015
- Name Honório, S.; Batista, M.; Martins, J. (2015). Evaluated game dynamics between old and current rules. node Hockey in Roller skates. I Congress International of Activity Physical. IP Castle White.
 - Local Idanha-a- Nova
 - Type Communication Free
- 64) • Date 29 of May of 2015
- Name Martins, J.; Rodrigues, W.; Honorius, S.; Cardoso, J. (2015). THE Influence of the Levels of Physical Fitness, BMI and Obesity in Students of the 10 to the 11 years. I Congress International of Activity Physical. IP Castle White.
 - Local Idanha-a- Nova
 - Type Communication Free
- 65) • Date 29 of May of 2015
- Name Batista, M., Cubo Delgado, S.; Petrica, J., Serrano, J., Paulo, R.; Honório, S. (2015). Effect of the Volume of Weekly Hours of Physical Activity and Sport on the Formation of Students' Self-Concept. of 1st Cycle. I Congress International of Activity Physical. IP Castle White.
 - Local Idanha-a- Nova
 - Type Communication Free
- 66) • Date 10 of May of 2014
- Name Honorius, S.; Baptist, M. Martins, J.; Brito, J. (2014). Comparison of functional fitness between sedentary and active elderly with AAHPERD tests. II International Health Congress of IPLeiria.
 - Local Leiria - Portugal
 - Type Communication Oral
- 67) • Date 2 of July of 2014
- Name Martins, J.; Louro, G.; Cardoso, J.; Baptist, M.; Honorius, S. (2014). The relation between the level of physical fitness and sports practice sports manifested by young with 12 to 16 years old, in both Genders. 19th Annual Congress of the European Congress of Sport Sciences.
 - Local Amsterdam. - Netherlands
 - Type Communication Oral (summary named to the Award Young Investigator Award)
- 68) • Date 21 of August of 2013
- Name Little shell, J; Baptist, M; Aroni, THE; Honorius, S; Ax, THE. THE. (2013). Motivation of the registered athletes to the practice of athletics of competition. 5th Seminar of Psychology of Sport Human Motor Skills ; II National Congress of Human Motor Skills, Sports, Recreation and Dance.
 - Local They are Paul, Brazil
 - Type Communication Free
- 69) • Date 5 of July of 2013
- Name Baptist, M.; Cube Slender, S.; Honorius, S. (2013) "THE practice of activity physical in relationship with self -concept, self-esteem and the income school students of the first cycle of basic education . In B. Pereira; G. Oak (Coord) " Proceedings of the IX International Seminar Physical Education, Leisure and Health - Challenges and Opportunities in World of Change".
 - Local Braga, Portugal
 - Type Communication Free

- 70) • Date 2012
• Name Honório, S.; Batista, M.; Martins, J. (2012) Two-year longitudinal study of the relationship between variables of BMI, Percentage of Mass Fat and Scale Motor Functional EK, in individuals carriers of Dystrophy Muscular of Duchenne. 3rd Congress Brazilian of Activity Physical and Development Human: Jundiaí, São Paul, Brazil;
• Local Jundiaí, They are Paul, Brazil;
• Type Communication Free
- 71) • Date 26 of June of 2013
• Name Honório, S.; Batista, M.; Martins, J.; Cardoso, J.; Dias, M.; Galinha, G. (2013). Promoting Functional Fitness Programs for the Elderly for an Active Aging. *18th ANNUAL CONGRESS OF THE EUROPEAN COLLEGE OF SPORT SCIENCE* Barcelona, Spain.
• Local Barcelona, Spain.
• Type Communication Free
- 72) • Date May of 2013
• Name Baptist, M; Honorius, S; Martins, J. (2013). THE Practice of Activity Physical in Training of Self-Concept, Self-esteem and Performance School of Students of First Cycle (*Communication Free*). I *Congress of Sport, Education and Health. Covilhã: University of Medicine - UBI.*
• Local Covilhã, Portugal
• Type Communication Free
- 73) • Date 2011
• Name Honório, Samuel; Batista, Marco and Martins, Júlio (2011). Pedagogical Supervision in Swimming - Influence of Reflection Retrospective on The Technical-Pedagogical Behaviors From Teachers. 3rd Congress Brazilian of Activity Physical and Development Human: Jundiaí, They are Paul, Brazil;
• Local Jundiaí - They are Paul; Brazil;

- Communications Oral in Congress National Oral Presentations in National Congresses

- 74) • Date 2023
• Name Miguel Rebelo, John Petrica, March Baptist, Pedro Duarte-Mendes, Rui Paul, Samuel Honorius & John Serrano (2023). Changes in the skills Motors in children with one year of age after COVID-19 lockdown - (ID37)". XVIII Motor Development Seminar Children's Day, 25th November, Maia, Portugal.
• Local Portugal
- 74) • Date 2020
• Name Helena Mosque, Samuel Honorius, March Baptist, Rui Paul, Nilce Évora & John Serrano. (2020). Cape Verdean children with educational needs included in the 1st CEB in Portugal: Needs of families. Seminar of *Studies of development engine from the child XIII* , 13 and 14 of November, Coimbra, Portugal.
• Local
- 75) • Date 30 of September of 2020

Curriculum Vitae

- Name Rock, J.; Domingues, THE.; Domingues, J.; Fernandes, I.; Ribeiro, S.; Silveira, P.; Baptist, M.; Serrano, J.; Paulo, R.; Duarte-Mendes, P.; Honório, S.; Santos, J.; Faustino, A.; Ramalho, A.; Petrica, J. (2020). Evaluation of Capabilities Physics From the Selection National Wheelchair Basketball of Wheels. Phase of preview to the championship from the Europe. Meeting technical-scientific of IPCB - Celebrations of 40th Birthday. 30 of September, Castle White, Portugal.
-
- Local Castle White
 - Type Communication
- 76)
- Date 30 of September of 2020
 - Name Honório, S.; Batista, M.; Santos, J. (2020). European Project DE-PASS. COST Action, Determinants of Physical Activities in Settings. IPCB Technical-Scientific Meeting - Celebrations of 40th Birthday. 30 of September, Castle White, Portugal.
 - Local Castle White
 - Type Communication
- 77)
- Date 5 and 6 of November of 2018
 - Name Rui Paulo, Samuel Honório, Rita Rocha, Nuno Pimenta, Pedro Morouço, Pedro Sousa (2018). TEENPOWER: Interdisciplinary program, with use interactive platform for promoting behaviors healthy and prevention of sedentary lifestyle and from the obesity. 2nd Forum REDESPP, School Superior of Education and Sciences Social, 5 and 6 of November, Leiria Portugal.
 - Local Leiria
 - Type Communication
- 78)
- Date 19 of May of 2018
 - Name Samuel Honório, João Serrano and Marco Batista. (2018). Daily Life Routines, Leisure Habits , Physical Activity and Health of Church Members. 2nd Seminar Research in Sciences of Sport. School Superior of Education, Institute Polytechnic of Castle White, Castle White, May
 - Local Castle White
 - Type Communication
- 80)
- Date 19 of May of 2018
 - Name Carla Roman, Rui Paul and Samuel Honorius. (2018). Analysis from the intensity and of behaviors tactical-technical of game of Handball, in different exercises under form play. 2nd Seminar Investigation in Sports Science. Higher School Department of Education, Polytechnic Institute of Castle White, Castle White, May.
 - Local Castle White
 - Type Communication
- 81)
- Date 19 of May of 2018
 - Name John Almeida, Samuel Honorius and March Baptist. (2018). Analysis from the dynamics of game in 3x3, 4x4 and 5x5 situations in age groups training in roller hockey. 2nd Research Seminar in Sciences of Sport. Higher School of Education, Institute Polytechnic Institute of Castelo Branco, Castelo Branco, May
 - Local Castle White
 - Type Communication
- 79)
- Date 21 of August of 2013
 - Name Lopes, L; Honorius, S; Batista, M; Aroni, THE; Ax, THE. A. (2013). Comparison of the levels aptitude functional in elderly sedentary and physically assets with application from the battery of tests AAHPERD. V Seminar of Psychology of Sport and Human Motor Skills; II National Congress motor skills Human, Sport, Recreation and Dance.
 - Local They are Paul, Brazil
 - Type Communication Free

Curriculum Vitae

- 82) • Date May of 2018
• Name John Serrano, Rui Paul; Rui Augustine; March Baptist, Samuel Honorius; John Rock; Jorge Santos and João Petrica. (2018). Physical and Sporting Activity in Enrichment Activities Curriculum - The teachers' perspective. III Seminar, Motor Culture in School 1st CEB. School Superior of Education, Institute Polytechnic of Viana of Castle, Viana from the Castle, July
• Local Viana of Castle
-
- Type Communication
- 83) • Date May of 2018
• Name João Oliveira and Samuel Honório. (2018). The benefits of aquatic walking on body composition. and values Spirometric in children of the 8 to the 12 years. 1st Seminar of Research in Sports Science. Higher School of Education, Polytechnic Institute from Castelo Branco, Castelo Branco, May
• Local Castle White
• Type Communication
- 84) • Date 19 of May of 2018
• Name Luís Ramos, Samuel Honório and Marco Batista. (2018). Exercise and Academic Performance: Implications from the personality, capacity aerobic and from the strength in students of second cycle. 2nd Seminar Research in Sciences Sports. School. Higher Education, Polytechnic Institute of Castle White, Castle White, May
• Local Castle White
• Type Communication
- 85) • Date July of 2017
• Name Helena Mosque, John Serrano, John Petrica; Marco Batista; Samuel Honorius; Dwarf Rodrigues. (2017). Flexibility in Group Curriculum Projects: A Study in Kindergartens with Children with Special Educational Needs. In: Lima-Rodrigues, L., Rodrigues, D., Saucer, LA & Loureiro, M. (Ed) (2017). *Proceedings of the V International Congress of Pro-Inclusion: National Association of Special Education Teachers - "EDUCATION, INCLUSION AND INNOVATION" Part I – Texts Complete*. Lisbon: Edition Pro-Inclusion: Association National of Teachers of Education Special, pp. 675-690. (ISBN: 978-989-97306-1-8).
• Local Lisbon
• Type Communication
- 86) • Date May of 2017
• Name Honorius, S. (2017). Effects Physiological Hydrobike. 1st Research Seminar in Sports Sciences. May 2017. Castelo Branco - Portugal.
• Local Castle White
• Type Communication
- 87) • Date November of 2016
• Name Honorius, S., Baptist, M., Martins, J., Mosque, H., Serrano, J., Paul, R. and Mendes, P. (2016) Benefits of Hydrotherapy on the functional mobility of individuals with muscular dystrophy of Duchenne. 11th Seminar of Development Engine from the Child performed in School Superior of Education of Institute Polytechnic of Castle White.
• Local Castle White
• Type Poster
- 88) • Date September of 2016

Curriculum Vitae

- Name Honório, S.; Batista, M.; Paulo, R.; Mendes, P.; Serrano, J.; Petrica, J.; Martins, J.; Faustino, A. Goniometric Evaluation of Joint Range of Motion in Elderly Individuals. XVI Congress of Sports Sciences and Physical Education of Countries Portuguese Language.
- Local Harbor
- Type Poster

- 89) • Date May of 2017
• Name Honorius, S. (2017). A Importance of Mini Hockey in Levels Training. 1st Seminar Investigation in Sciences of Sport. May of 2017. Castle White - Portugal.
• Local Castle White
• Type Communication
- 90) • Date November of 2016
• Name Batista, M., Honório, S., Paulo, R., Mendes, P. & Reis, S. (2016). The practice of judo as a process that enhances coordinative abilities in children. 11th Development Seminar Engine of the Child. November. Castle White - Portugal.
• Local Castle White
• Type Communication
- 91) • Date 6 of February of 2016
• Name Honorius, S.; Serrano, J. (2016). THE Mobility node day to day of children.
• Local III Conferences in Game and Motor skills in Infancy - School Superior of Education of Coimbra
• Type Communication Free
- 92) • Date 23 of November of 2013
• Name Coast, P., Baptist, M., Honorius, S. (2013). Standards behavioral and Indicators of taking decision of the participants in marking of penalties node soccer.
• Local ISMAI, Maya - Portugal
• Type Communication Free
- 93) • Date 11 of October of 2013
• Name Oliveira, V.; Baptist, M.; Aroni, THE.; Honorius, S.; Bagni, G.; Rock File, AND. (2013) "Pedagogy node soccer of young people: the quality of content of training of soccer put quite from the analysis of videos from the "YouTube platform" (Communication). III Congress of the Society Scientific Pedagogy of Sport.
• Local Thorn, Portugal
• Type Communication Free
- 94) • Date 11 and 12 of May of 2018
• Name Samuel Honório, João Oliveira, Marco John the Baptist Serrano, Jorge Santos, Rui Paulo & Pedro Duarte - Mendes.(2018).The Effects of Water Walking on Body Composition.A Study with children between 6 and 12 years old.4th IPLeia International Health Congress: Global Health Trends. Institute Polytechnic of Leiria, Higher School of Health, Leiria, May.
• Local Leiria
• Type Communication
- 95) • Date 23 of November of 2013
• Name Baptist, M., Honorius, S. (2013). Skills psychological node high performance of national teams of Judo Portuguese and Brazilian in Cup from the Europe Junior, Portugal 2013
• Local ISMAI, Maya - Portugal
• Type Communication Free

- Communications in Poster (International) and Nationals) Poster presentations

- 96) • Date 28 and 29 of May of 2021
• Name Samuel Honorius, March Baptist, John Petrica, Jorge Santos, John Serrano, John Rock, Júlio Martins. (2021). Benefits of Pilates exercises on balance and hip joint function in the elderly. I International Conference on Human Kinesiology, Instituto Piaget de Viseu, Viseu, May.
• Local Viseu
• Type Poster

- 97) • Date 11 and 12 of May of 2018
• Name Paulo R., Azevedo H., Honório S., Batista M., Santos J., Duarte-Mendes P. & Petrica J. (2018). Physical Exercise and Body Composition in Active and Healthy Adults. 4th IPLeia International Health Congress: Global Health Trends. Institute Polytechnic of Leiria, School Superior of Health, Leiria, May.
• Local Leiria
• Type Poster
- 98) • Date 11 and 12 of May of 2018
• Name Pedro Duarte-Mendes, Samuel Honorius, John Oliveira, John Petrica, André Ramalho, António Faustino and Rui Paulo. (2018). The effects of swimming and swimming supplemented with water walking on spirometry values. 4th IPLeia International Health Congress: Global Health Trends. Institute Polytechnic of Leiria, School Superior of Health, Leiria, May.
• Local Leiria
• Type Poster
- 99) • Date 8 of October of 2016
• Name March Baptist, Ruth Jimenez Castuera; Samuel Honorius, John Petrica, John Serrano. Self-determination and life satisfaction: An exploratory study with veteran judo athletes.
• Local 5th IMACSSS World Scientific Congress, River Bigger - Portugal
• Type Poster
- 100) • Date 6 of May of 2016
• Name March Baptist, Ruth Jimenez-Castuera, John Petrica, John Serrano, Samuel Honorius, Rui Paul, Pedro Mendes. Self-determined motivation and well-being in Portuguese active adults of both genders.
• Local 3rd International Congress of Health Sciences - School Superior of Health of Leiria
• Type Poster
- 101) • Date 6 of May of 2016
• Name António Faustino, Paulo Silveira, João Serrano, Rui Paulo, Pedro Mendes, Samuel Honório. The Influence of Relative Age, Subcutaneous Adiposity and Physical Growth on Castle White Under-15 soccer players 2015.
• Local 3rd International Congress of Health Sciences - School Superior of Health of Leiria
• Type Poster
- 102) • Date 6 of May of 2016
• Name Pedro Mendes, Rui Paulo, António Faustino, Helena Mesquita, Samuel Honório, Marco Batista. Healthy Lifestyle: Comparison between higher education students that lived until adult age in rural and urban environment.
• Local 3rd International Congress of Health Sciences - School Superior of Health of Leiria
• Type Poster
- 103) • Date 9 of May of 2014
• Name Honorius, S.; Batista, M. ; Martins, J.; Brito, J. (2014). Benefits of Physical Activity in Cholesterol and Triglycerides in the elderly. II International Health Congress of IPLeia.
• Local Leiria - Portugal
• Type Poster

- 104) • Date 28 the 30 of August of 2014
• Name Cipriano, R., Batista, M., Honório, S., Aroni, A. (2014). The Influence of the Anxiogenic Profile on Sports Performance of Judo athletes at the 2013 European Cup. III National Congress of Psychology from the Motor skills Human, Sport, Recreation and Dance; VI Seminar of Psychology of Sport and Motor skills Human of Institute of Biosciences from the UNESP
• Local River Of course, They are Paul - Brazil
• Type Poster
- 105) • Date 9 of May of 2014
• Name Rafael, O.; Ramos, L.; Souza, R.; Tadeu, C.; Brito, J.; Honório, S. (2014). Effects of two exercise training programs and detraining in older women. II International Health Congress of IPEiria.
• Local Leiria - Portugal
• Poster type
- 106) • Date 18 of November of 2013
• Name Baptist, M.; Honorius, S.; Coast, P. (2013). Indicators from the Outlet of Decision from the Big Penalty node Soccer.
• Local University of Huelva, Spain
• Type Communication Free
- 107) • Date 2012
• Name Batista, M., Honório, S. (2012). "Assessment of the Psychological Competencies of the National Judo Cadet and Junior Teams". XIII Conference of the Portuguese Society of Psychology of Sports . Lisbon: University Portuguese-speaking of Humanities and Technologies, 27 of October.
• Local Lisbon
• Type Poster
- 108) • Data 26 a 28 de Junho de 2014
• Nome Soares, F.; Honório, S.; Batista, M.; Martins, J. (2014). Pre- competitive and competitive anxiety levels in hockey. IV NSCA International Conference
• Local Múrcia - Spain
• Tipo Poster
- 109) • Date 26 the 28 of June of 2014
• Name Soares, F.; Baptist, M.; Honorius, S.; Martins, J. (2014). Practice of Physical Activity to the a Psychological Enhancer Factor Variables and School Performance in students of 1st cycle. IV NSCA International Conference
• Local Murcia – Spain
• Type Poster
- 110) • Date 26 the 28 of June of 2014
• Name Soares, F.; Martins, J.; Batista, M.; Honório, S. (2014). Definition of scale parameters for training zones in Fitwalking. IV NSCA International Conference
• Local Murcia - Spain
• Type Poster

Curriculum Vitae

- 111) • Date 2013
• Name Barbosa, W., Ribeiro, D., Batista,, Aroni, THE., Honorius, S. (2013). Skills Psychological aspects High Performance of selections national of Judo Portuguese and Brazilian. XV Brazilian Congress and XVIII International Congress of Psychology of Sport and the Exercise (Combipe). Florianópolis, 8 of November.
• Local Brazil
• Type Poster
- 113) • Date 2012
• Name Honorius, S.; Baptist, M. (2012) Supervision pedagogical in swimming - Influence from the reflection retrospective on you behaviors technical-pedagogical of teachers. 3rd Brazilian Congress of Activity Physical and Development Human: Jundiaí, They are Paul, Brazil;
• Local Jundiaí, They are Paul, Brazil;
• Type Communication Free
- 115) • Date 2012
• Name Almeida, A.; Batista M.; Honório, S.; Soares, F. (2012). Prevalence and Prevention of Childhood Obesity - Characterization of children in the 1st Cycle of the Municipality of Entroncamento. V Forum of Projects of Prevention from the Obesity. 1 and 2 of June. University of Lisbon, Faculty of Medicine, Lisbon;
• Local Lisbon
• Type Poster
- 116) • Date 2012
• Name Duarte, G., Batista, M., Honório, S. (2012). "Study of Self-Perception "Leadership Behaviors of Portuguese Roller Hockey Coaches". XIII Conference of the Portuguese Society of Psychology of Sports . Lisbon: University Portuguese-speaking of Humanities and Technologies
• Local Lisbon
• Type Poster
- 112) • Date 26 of June of 2013
• Name Honório, S., Batista, M., Martins, J., Cardoso, J., Dias, M., Galinha, G. (2103). The Influence of Hydrotherapy in Individuals with Duchenne Muscular Dystrophy. *18th ANNUAL CONGRESS OF THE EUROPEAN COLLEGE OF SPORT SCIENCE* Barcelona, Spain.
• Local Barcelona, Spain.
• Type Poster
- 114) • Date 26 of June of 2013
• Name Martins, J; Honório, S.; Batista, M.; Cardoso, J.; Dias, M.; Costa, AM (2013). Longitudinal Study of Physical Fitness Levels in Childhood Obesity in School Context. *18th Annual Congress Of The European College Of Sport Science* Barcelona, Spain.
• Local Barcelona, Spain.
• Type Poster

- Moderator in Congresses Moderator

- 1) • Dates (of - until) 25 of September 2021
• Name and address of employer University of Nis, Serbia
• Type of enterprise or sector Public Educational Institution - International Online Conference, 16th Days of Applied Psychology.
• Function or position busy Moderator of Table

- Main activities and responsibilities Moderator of Panel of Communications
- 2)
 - Dates (of - until) April of 2015
 - Name and address of employer School Superior of Health of Leiria
 - Type of enterprise or sector Public Educational Institution - Scientific Conference “ *New Researchers in Health & New Health Researchers Joint Meeting 2015's event* ”
 - Function or position busy Member from the Commission Scientific
 - Main activities and responsibilities Analysis of abstracts submitted to communications and/or posters and moderator.

 - 3)
 - Dates (of - until) 10 and 11 of April of 2014
 - Name and address of employer Sertã Center for Advanced Studies
 - Type of enterprise or sector Journeys Pedagogical from the Sertã
 - Function or position busy Member from the Commission Scientific
 - Main activities and responsibilities Analysis and selection of abstracts submitted for presentations and/or posters, and moderator.

 - 4)
 - Dates (of - until) 3 the 4 of May of 2017
 - Name and address of employer I P Leiria - School Superior of Health
 - Type of enterprise or sector Institution Public
 - Function or position busy Member of the Panel of Experts at the 2nd National Meeting of New Researchers / II International Meeting of New Health Researchers
 - Main activities and responsibilities Reviewer of works and moderator.

 - 5)
 - Dates (of - until) 3 the 4 of May of 2017
 - Name and address of employer I P Leiria - School Superior of Health
 - Type of enterprise or sector Institution Public
 - Function or position busy Member of the Panel of Experts at the 2nd National Meeting of New Researchers / II International Meeting of New Health Researchers
 - Main activities and responsibilities Moderator of Communications Free

Lectures / Conferences Seminars

- 1) Participation in Conference "To understand the Autism" integrated node IX of Cycle of Colloquia of Sport and Well-being, 21 of November of 2023
- 2) **Honório, S. (2021).** Member of the Scientific and Organizing Committee of the Sport Benfica and Castelo Seminar. White co-organized in partnership with the Area of Sport and Well-being from the ESECB and entitled: “Training” Sports: Paths and Perspectives what it happened in format online, node day 29 of May of 2021, with the duration of 5 hours

- 3) Honório, S. (2021). Member of the organizing committee of the conference. "Lines of work and investigation: Collaboration Madrid-Castelo Branco", carried out by Prof. Dr. Daniel Bores García (URJC), which took place on the day 10 of November of 2021.
- 4) Honório, S. (2021). Member of the organizing committee of the conference "ACAFYDE Group, lines of work and research: "Extremadura-Castelo Branco Collaboration", carried out by Prof. Dr. Miguel López (UNEX), which took place on the day November 10th of 2021.
- 5) **Honório, S. (2021)**. Member of the Scientific and Organizing Committee of the IV International Research Seminar. in Sciences of Sport from the ESECB and II Video Seminar of Investigation in Sciences of Sport that it happened to us days 21 and 22 of May 2021
- 6) **Honório, S. (2021)**. Activity Physics and Health Special Populations: Prescription of Exercise. Castelo Branco, Grouping of Schools Amato Portuguese. 12 of February of 2021.
- 7) **Honorius, S. (2018)** - Longitudinal Study of the Influence of Physical Activity, BMI and Fat Mass Percentage Correlation between Functional Motor Scale (EK) in Patients with Duchenne Muscular Dystrophy. University of Pavia, Italy (Conference).
- 8) **Honório, S. (2017)** - Invited by the Autonomous University of Barcelona, where he participated in teaching in sessions of work and communication in seminar.
- 9) **Honorius, S. (2017)**. You effects physiological from the Hydrobike. 1st Seminar of Sciences of Sport - Higher School Education of Castle White, 26 and 27 of May .
- 10) **Honorius, S. (2017)**. To assess and categorize values of pressure arterial, frequency cardiac, expenses calories and lactate in Hydrobike. 1st Sports Science Seminar Castelo Branco Higher School of Education 26 and 27 of May .
- 11) **Honorius, S. (2016)** - Guest for the School Superior of Education of Castle White, where participated as speaker guest driving the session: "Proposals of Investigation in Sciences of Sport".
- 12) **Honorius, S. (2015)** – THE Indexing Scientific. Institute Piaget of Almada. (Lecture).
- 13) **Honorius, S. (2012)** - Shot with Arch in Context School. 3rd Congress Brazilian of Activity Physical and Human Development. Brazil. (Lecture).

1. c) Guidance on projects leading to academic degrees in the field so that and open the contest (Master's Degrees) thesis supervisor

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|----|--|--|
| 1) | <ul style="list-style-type: none">• Dates (of - until) | 16 of August of 2024 |
| | <ul style="list-style-type: none">• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities | Lunex University - Department of Exercise and Sport Science (Luxembourg)
Institution Public
Advisor
Soares, D. (2024). Comparing heart rate measurements with wearable technologies during aerobic exercises performed at low to moderate intensities. Dissertation leading to a master's degree in exercise and Sport Science. |
| 1) | <ul style="list-style-type: none">• Dates (of - until) | 16 of August of 2024 |

Curriculum Vitae

- | | |
|--|---|
| <ul style="list-style-type: none">• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities | <p>Lunex University - Department of Exercise and Sport Science (Luxembourg)
Institution Public
Advisor
Medeot, N. (2024). Exploring the Relationship between Physical Activity and Mental Health in College Students. Dissertation leading to a master's degree in Exercise and Sport Science.</p> |
| <p>1)</p> <ul style="list-style-type: none">• Dates (of - until)• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities | <p>21 of October of 2022
School Superior of Education of Castle White
Institution Public
Advisor
Duarte, Z. (2022). Needs of families of young people of teaching professional with Support measures for learning and inclusion. Dissertation leading to a master 's degree. in Education Special node Domain Cognitive and Engine. "Needs" of families of young people in vocational education with support measures for learning and inclusion. Dissertation leading to the master's degree in Special Education in the Cognitive and "Motor Domain."</p> |
| <p>2)</p> <ul style="list-style-type: none">• Dates (of - until)• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities | <p>September of 2019
School Superior of Education of Castle White
Institution Public
Advisor
Branches, L. (2019). Exercise Physical and Performance Academic: Implications of personality, aerobic capacity and strength in 5th and 6th grade students .
Physical Exercise and Academic Performance: Implications of personality, aerobic capacity and strength in 5th and 6th grade students.</p> |
| <p>3)</p> <ul style="list-style-type: none">• Dates (of - until)• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities | <p>July of 2019
School Superior of Education of Castle White
Institution Public
Advisor
Almeida, J. (2019). Analysis of the dynamics of Models of 3x3 game, 4x4 and 5x5 in youth levels in Roller Hockey. Master's thesis . in Activity Physical.
Analysis of the dynamics of the 3x3, 4x4 and 5x5 game models in roller hockey training levels. Dissertation leading to the master's degree in Physical Activity.</p> |
| <p>4)</p> <ul style="list-style-type: none">• Dates (of - until)• Name and address of employer• Type of enterprise or sector• Function or position busy | <p>2017/2018
School Superior of Education of Castle White
Institution Public
Advisor of Thesis leading to the degree of teacher</p> |

Curriculum Vitae

- Main activities and responsibilities

Oliveira, J. (2018). The benefits of aquatic walking in body composition and values Spirometric tests in children 8 to 12 years.
The benefits of water walking on body composition and Spirometric values in children aged 8 to 12 years.

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- 5)** • Dates (of - until) 2016/2017
- Name and address of employer School Superior of Education of Castle White
 - Type of enterprise or sector Institution Public
 - Function or position busy Advisor of Thesis leading to the degree of teacher (in course)
 - Main activities and responsibilities THE importance from the Psychomotor skills in kindergarten. Children with educational needs specials: Study of case.
- 6)** • Dates (of - until) 2016/2017
- Name and address of employer School Superior of Education of Castle White
 - Type of enterprise or sector Institution Public
 - Function or position busy Advisor of dissertation leading to the degree of teacher
 - Main activities and responsibilities THE contribution from the Nintendo Wii node scope from the expression motor in children of Education Preschool.
The contribution of the Nintendo Wii in terms of engine expression in preschool children.

- Guidance of works drivers the obtaining degree academic in area to what and Open competition (Bachelor's degrees) - Bachelor's degree thesis supervisor

- 7)** • Dates (of - until) 15 of July of 2015
- Name and address of employer School Superior of Education of Towers New
 - Type of enterprise or sector Institution Private of Teaching
 - Function or position busy Advisor
 - Main activities and responsibilities Gaspar, R. (2015). Analysis to the Game of Mini-Hockey us levels of Benjamins and Schoolchildren. Dissertation for obtaining a bachelor's degree. Analysis of the Mini-Hockey Game in the Benjamins and Schools levels.
- 8)** • Dates (of - until) 15 of July of 2015
- Name and address of employer School Superior of Education of Towers New
 - Type of enterprise or sector Institution Private of Teaching
 - Function or position busy Advisor
 - Main activities and responsibilities Marques, M. (2015). The Interdependence of Mobility and Physical Activity in day to day of children 1st Cycle of Basic Education. Dissertation to obtain Bachelor 's degree .
The Interdependence of Mobility and Physical Activity in the daily live streams of children in the 1st CEB.
- 9)** • Dates (of - until) 15 of July of 2015
- Name and address of employer School Superior of Education of Towers New
 - Type of enterprise or sector Institution Private of Teaching
 - Function or position busy Advisor

Curriculum Vitae

- Main activities and responsibilities

Plexa, S. (2015). Analysis from the Speed Review of Swimming us four styles in athletes of Ranking European. Dissertation to obtaining of degree Bachelor's degree.
Analysis of Critical Swimming Speed in the four styles in athletes from the European Ranking

10)	• Dates (of - until)	15 of July of 2015
• Name and address of employer		School Superior of Education of Towers New
• Type of enterprise or sector		Institution Private of Teaching
• Function or position busy		Advisor
• Main activities and responsibilities		Rodrigues, P. (2015). Physical Kempo Test. Protocol of Assessment Physical Fitness in Kempo Athletes. Dissertation submitted for a bachelor's degree. Physical Kempo Test. Physical Fitness Assessment Protocol in Kempo Athletes
11)	• Dates (of - until)	29 of July of 2014
• Name and address of employer		School Superior of Education of Towers New
• Type of enterprise or sector		Institution Private of Teaching
• Function or position busy		Advisor
• Main activities and responsibilities		Moita, P. (2014). Assessment of State Nutritional and Assessment Functional of the Elderly Institutionalized node Municipality of Towers New. Dissertation to obtain of degree of bachelor's degree Assessment of the Nutritional Status and Functional Assessment of Institutionalized Elderly People in the Municipality of Towers New.
12)	• Dates (of - until)	29 of July of 2014
• Name and address of employer		School Superior of Education of Towers New
• Type of enterprise or sector		Institution Private of Teaching
• Function or position busy		Advisor
• Main activities and responsibilities		Pereira, M. (2014). Goniometric Assessment in Elderly People – Comparative Study between Activities in Terrestrial and Aquatic Environments. Dissertation submitted for the degree of Bachelor. Goniometric Evaluation in the Elderly - Comparative Study between Activities in Land and Aquatic Environments
13)	• Dates (of - until)	29 of July of 2014
• Name and address of employer		School Superior of Education of Towers New
• Type of enterprise or sector		Institution Private of Teaching
• Function or position busy		Advisor
• Main activities and responsibilities		Prates, T. (2014). Analysis comparative between speed and agility in players of soccer of levels young people. Dissertation to obtaining of the bachelor's degree Comparative analysis between speed and agility in youth soccer players
14)	• Dates (of - until)	31 of July of 2013
• Name and address of employer		School Superior of Education of Towers New
• Type of enterprise or sector		Institution Private of Teaching
• Function or position busy		Advisor

Curriculum Vitae

- Main activities and responsibilities

Antunes, J. (2013). Parameterization of one scale of values adapted to the training zones in the Fitwalking modality. Dissertation submitted for the degree of Bachelor.
Parameterization of a scale of values adapted to the training zones in the Fitwalking modality

15) • Dates (of - until) 31 of July of 2013

- | | |
|--|---|
| <ul style="list-style-type: none">• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities | <p>School Superior of Education of Towers New
Institution Private of Teaching
Advisor
Bretes, I. (2013). Comparison of number of goals according to old rules and current in modality of Hockey in Roller skates. Dissertation to obtain of degree of bachelor's degree
Comparison of the number of goals according to the old and current rules in the Roller Hockey modality</p> |
| <p>16) • Dates (of - until)</p> <ul style="list-style-type: none">• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities | <p>03 of July of 2013
School Superior of Education of Towers New
Institution Private of Teaching
Advisor
Monograph: Lopes, L. (2013). Comparison of the levels of fitness functional in elderly sedentary and physically assets with application from the battery tests AAHPERD. Dissertation submitted for a bachelor's degree. Torres New, Portugal.
Comparison of functional fitness levels in sedentary and physically active elderly using the AAHPERD test battery.</p> |
| <p>17) • Dates (of - until)</p> <ul style="list-style-type: none">• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities | <p>October of 2012
School Superior of Education of Towers New
Institution Private of Teaching
Advisor
Monograph: André, A. (2012). Intervention Methodologies in Gerontology. <i>Monograph end of Postgraduate studies in Aging Active</i> . ESE Torres Novas.
Intervention Methodologies in Gerontology.</p> |

- Guidance or co-supervision of projects or reports finals of bachelor's degree and de cTesp_ Bachelor degree/internship final reports supervision

- Bachelor's degree in Sport and Activity Physics Bachelor degree in Sports and Physical Activity

Year school year 2022/2023

Guidance of 5 students (Center Social Priests Redemptorists (1) - John Sedge; Pedro Semião Tennis Academy (2) - Yannick Groflin and Diogo Vitorino; Association of Athletics from Castelo Branco (1) - Daniela Silva; Sertã Municipal Council (1) - Adriana Cardoso.

Year school year 2021/2022

Guidance of 5 students (Center Social Priests Redemptorists - Club of Swimming (3) - March Saucer, Marta Rosado and Marta Giovanni; Benfica de Abrantes Futebol Clube (1) - André Lopes; Valongo Sports Association (1) - Alexander Hail.

Year school year 2020/2021

Student: Diogo Marzia (School Superior of Education of Castle White)

Title: Final Internship Portfolio of Course Bachelor's degree in Sports and Physical Activity ANAR Swimming Club .

Function: Advisor

Year school year 2019/2020

Student: Diogo Marzia (School Superior of Education of Castle White)

Title: Final Internship Portfolio of Course Bachelor's degree in Sports and Physical Activity ANAR Swimming Club .

Function: Advisor

Student: Joana Days (School Superior of Education of Castle White)

Title: Final Internship Portfolio for the Bachelor's Degree in Sports and Physical Activity Futsal Club of Retaxo.

Function: Advisor

Student: Dwarf Daisy (School Superior of Education of Castle White)

Title: Portfolio End of Internship of Course of Bachelor's degree in Sport and Activity Physical - Albigeç.

Function: Advisor

Student: Soraia Kings (School Superior of Education of Castle White)

Title: Portfolio End of Internship of Course of Bachelor's degree in Sport and Activity Physical - Albigeç.

Function: Advisor

Student: John Lopes (School Superior of Education of Castle White)

Title: Portfolio End of Internship of Course of Bachelor's degree in Sport and Activity Physical - Gym THE Square.

Function: Advisor

Student: Mauricio Rodriguez (School Superior of Education of Castle White)

Title: Portfolio End of Internship of Course of Bachelor's degree in Sport and Activity Physical - Gym Hotel Colina do Castelo.

Function: Advisor

Year school year 2017/2018

Student: Carlos Moreira (School Superior of Education of Castle White)

Title: Portfolio End of Internship of Course of Bachelor's degree in Sport and Activity Physical - Gym 2FITBOX.

Function: Advisor

Student: Cristiana Cross (School Superior of Education of Castle White)

Title: Portfolio End of Internship of Course of Bachelor's degree in Sport and Activity Physical - Gym4YOU .

Function: Advisor

Student: Daniel Kid (School Superior of Education of Castle White)

Title: Portfolio End of Internship of Course of Bachelor's degree in Sport and Activity Physical - Recreational Association and Cultural from the Neighborhood of Valongo (Soccer).

Function: Advisor

Student: Deborah Sousa (School Superior of Education of Castle White)

Title: Portfolio End of Internship of Course of Bachelor's degree in Sport and Activity Physical - Senior University Albicastrense.

Function: Advisor

Student: Duarte Washed (School Superior of Education of Castle White)

Title: Portfolio End of Internship of Course of Bachelor's degree in Sport and Activity Physical - Recreational Association and Cultural from the Neighborhood of Valongo (Soccer).

Function: Advisor

Student: Francisco Mountain range (School Superior of Education of Castle White)

Title: Portfolio End of Internship of Course of Bachelor's degree in Sport and Activity Physical - Retaxo Recreational and Sports Association (Futsal).

Function: Advisor

Student: Gonçalo Nunes (School Superior of Education of Castle White)

Title: Portfolio End of Internship of Course of Bachelor's degree in Sports and Activity Physical - Sports from Castelo Branco (Soccer).

Function: Advisor

Student: John Gonçalves (School Superior of Education of Castle White)

Title: Portfolio End of Internship of Course of Bachelor's degree in Sport and Activity Physical - Albicastrense Sports Association (Handball).

Function: Advisor

Student: Mariana Marques (School Superior of Education of Castle White)

Title: Portfolio End of Internship of Course of Bachelor's degree in Sport and Activity Physical - Gym Gym4You.

Function: Advisor

Student: Mauricio Dionysius (School Superior of Education of Castle White)

Title: Portfolio End of Internship of Course of Bachelor's degree in Sport and Activity Physical - Retaxo Recreational and Sports Association (Futsal)...

Function: Advisor

Student: Paul Marques (School Superior of Education of Castle White)

Title: Final Internship Portfolio for the Bachelor's Degree in Sports and Physical Activity Tennis Academy Pedro Semião.

Function: Advisor

Student: Carlos Marcão (School Superior of Education of Castle White)

Title: Final Internship Portfolio of Course Bachelor's degree in Sports and Physical Activity ANAR Swimming Club .

Function: Advisor

Student: Pedro Renga (School Superior of Education of Castle White)

Title: Final Internship Portfolio of Course Bachelor's degree in Sports and Physical Activity ANAR Swimming Club .

Function: Advisor

Year school year 2016/2017

Student: Juliana Marques (School Superior of Education of Castle White)

Title: Final Internship Portfolio of Course Bachelor's degree in Sports and Physical Activity ANAR Swimming Club .

Function: Advisor

Student: Diogo Inês (School Superior of Education of Castle White)

Title: Portfolio End of Internship of Course of Bachelor's degree in Sports and Activity Physical - Sports from Castelo Branco (Soccer).

Function: Advisor

Student: Jorge Duarte (School Superior of Education of Castle White)

Title: Portfolio End of Internship of Course of Bachelor's degree in Sports and Activity Physical - Sports from Castelo Branco (Soccer).

Function: Advisor

Student: Paul Barbosa (School Superior of Education of Castle White)

Title: Portfolio End of Internship of Course of Bachelor's degree in Sport and Activity Physical - Recreational Association and Cultural from the Neighborhood of Valongo (Soccer).

Function: Advisor

Student: Ricardo Vilela (School Superior of Education of Castle White)

Title: Portfolio End of Internship of Course of Bachelor's degree in Sport and Activity Physical - Recreational Association and Cultural from the Neighborhood of Valongo (Soccer).

Function: Advisor

Student: Samuel Mountain range (School Superior of Education of Castle White)

Title: Portfolio End of Internship of Course of Bachelor's degree in Sport and Activity Physical - Club Sports Alcains (Soccer).

Function: Advisor

Year school year 2015/2016

Student: John Santos (School Superior of Education of Castle White)

Title: Portfolio End of Internship of Course of Bachelor's degree in Sports and Activity Physical - Sports from Castelo Branco (Soccer).

Function: Advisor

Student: Ruben Snows (School Superior of Education of Castle White)

Title: Portfolio End of Internship of Course of Bachelor's degree in Sport and Activity Physical - Club Sports Mação (Soccer).

Function: Advisor

Student: John Galvão (School Superior of Education of Castle White)

Title: Final Internship Portfolio of Course Bachelor's degree in Sports and Physical Activity ANAR Swimming Club .

Function: Advisor

Student: Paul Ferreira (School Superior of Education of Castle White)

Title: Portfolio End of Internship of the Bachelor's Degree Course in Sports and Activity Physical Beira Baixa United (Soccer Feminine).

Function: Advisor

Student: Anisio Mané (School Superior of Education of Castle White)

Title: Portfolio End of Internship of Course of Bachelor's degree in Sport and Activity Physical - Albicastrense Basketball Association.

Function: Advisor

Year school year 2014/2015

Bachelor's degree in Education Physical, Sport and Leisure

Student: Jorge Antunes (School Superior of Education of Towers New)

Title: Final Internship/Professional Practice Report for the Bachelor's Degree in Physical Education. Sports and Leisure - IIKorpo Gym.

Function: Advisor

Student: Sergio Plexus (School Superior of Education of Towers New)

Title: Final Internship/Professional Practice Report for the Bachelor's Degree in Physical Education. Sports and Leisure - Torres Novas Swimming Club.

Function: Advisor

Student: Luis Oak (School Superior of Education of Towers New)

Title: Final Internship/Professional Practice Report for the Bachelor's Degree in Physical Education. Sports and Leisure - Gym UrbanCorps.

Function: Advisor

Student: Ricardo Gaspar (School Superior of Education of Towers New)

Title: Final Internship/Professional Practice Report for the Bachelor's Degree in Physical Education. Sports and Leisure - Hockey Club of Take.

Function: Advisor

Student: Pedro Rodrigues (School Superior of Education of Towers New)

Title: Final Internship/Professional Practice Report for the Bachelor's Degree in Physical Education. Sports and Leisure - Kempo Koa Entroncamento Association.

Function: Advisor

Year school year 2013/2014

Student: Pedro Bush (School Superior of Education of Towers New)

Title: Final Internship/Professional Practice Report for the Bachelor's Degree in Physical Education. Sports and Leisure - Clube Desportivo Amiense (Football).

Function: Advisor

Student: James Prates (School Superior of Education of Towers New)

Title: Final Internship/Professional Practice Report for the Bachelor's Degree in Physical Education. Sports and Leisure - HobbyVida Company (Soccer).

Function: Advisor

Student: Jair Days (School Superior of Education of Towers New)

Title: Final Internship/Professional Practice Report for the Bachelor's Degree in Physical Education. Sports and Leisure - Municipality of Towers New.

Function: Advisor

Student: Francisco Cachado (School Superior of Education of Towers New)

Title: Final Internship/Professional Practice Report for the Bachelor's Degree in Physical Education. Sports and Leisure - NaturZ Company.

Function: Advisor

Student: Francisco Lamb (School Superior of Education of Towers New)

Title: Final Internship/Professional Practice Report for the Bachelor's Degree in Physical Education. Sports and Leisure - Club of Tennis of Towers New.

Function: Advisor

Student: Joana Duarte (School Superior of Education of Towers New)

Title: Final Internship/Professional Practice Report for the Bachelor's Degree in Physical Education. Sports and Leisure - Municipality of Junction.

Function: Advisor

Student: John Little rooster (School Superior of Education of Towers New)

Title: Final Internship/Professional Practice Report for the Bachelor's Degree in Physical Education. Sports and Leisure - Entroncamento Amateur Sports Club.

Function: Advisor

Year school year 2012/2013

Student: Fabio Coast (School Superior of Education of Towers New)

Title: Final Internship/Professional Practice Report for the Bachelor's Degree in Physical Education. Sports and Leisure - Ferreira do Zêzere Municipal Council.

Function: Advisor

Student: Gonçalo Duarte (School Superior of Education of Towers New)

Title: Final Internship/Professional Practice Report for the Bachelor's Degree in Physical Education. Sports and Leisure - Ferreira do Zêzere Municipal Council.

Function: Advisor

Student: Yuri Bretes (School Superior of Education of Towers New)

Title: Final Internship/Professional Practice Report for the Bachelor's Degree in Physical Education. Sports and Leisure - Union Sports from the Junction (Roller Hockey).

Function: Advisor

Student: Joseph Little shell (School Superior of Education of Towers New)

Title: Final Internship/Professional Practice Report for the Bachelor's Degree in Physical Education. Sports and Leisure - Center Sports and University of Lisbon (Athletics).

Function: Advisor

Student: Luis Lopes (School Superior of Education of Towers New)

Title: Final Internship/Professional Practice Report for the Bachelor's Degree in Physical Education. Sports and Leisure - Enterprise HobbyVida.

Function: Advisor

Student: Paul Coast (School Superior of Education of Towers New)

Title: Final Internship/Professional Practice Report for the Bachelor's Degree in Physical Education. Sports and Leisure Club Sports Amiens.

Function: Advisor

Year school year 2010/2011

Bachelor's degree in Training Sports

Student: Daniel Santos (Swimming pools) Municipals in Benedita/School Superior of Sport of River Bigger)

Title: Internship Monitoring for the Bachelor's Degree in Sports Training at Municipal Swimming Pools Benedita.

Function: Supervisor Institutional

- CTESP Sport

Student: Mafalda Belt (Education of Castle White)

Title: Internship / Report End of Internship of Course Technical Professional in Sport.

Function: Advisor

Student: Rafael Martins (School Superior of Education of Castle White)

Title: Internship / Report End of Internship of Course Technical Professional in Sport.

Function: Advisor

Student: Daniel Ranges (School Superior of Education of Castle White)

Title: Internship / Report End of Internship of Course Technical Professional in Sport.

Function: Advisor

Student: Afonso Days (School Superior of Education of Castle White)

Title: Internship / Report End of Internship of Course Technical Professional in Sport.

Function: Advisor

Student: Liliana Martins (School Superior of Education of Castle White)

Title: Internship / Report End of Internship of Course Technical Professional in Sport.

Function: Advisor

Student: Mafalda Belt (School Superior of Education of Castle White)

Title: Internship / Report End of Internship of Course Technical Professional in Sport.

Function: Advisor

Student: Adriana Cardoso (School Superior of Education of Castle White)

Title: Internship / Report End of Internship of Course Technical Professional in Sport.

Function: Advisor

Student: Daniela Relative (School Superior of Education of Castle White)

Title: Internship / Report End of Internship of Course Technical Professional in Sport.

Function: Advisor

Student: Mariana Rabbit (School Superior of Education of Castle White)

Title: Internship / Report End of Internship of Course Technical Professional in Sport.

Function: Advisor

Student: Vasco Mendes (School Superior of Education of Castle White)

Title: Internship / Report End of Internship of Course Technical Professional in Sport.

Function: Advisor

Student: Joseph Kings (School Superior of Education of Castle White)

Title: Internship / Report End of Internship of Course Technical Professional in Sport.

Function: Advisor

Student: Eduardo Thomas (School Superior of Education of Castle White)

Title: Internship / Report End of Internship of Course Technical Professional in Sport.

Function: Advisor

Student: André Meira (School Superior of Education of Castle White)

Title: Internship / Report End of Internship of Course Technical Professional in Sport.

Function: Advisor

Student: Fabiola Mendes (School Superior of Education of Castle White)

Title: Internship / Report End of Internship of Course Technical Professional in Sport.

Function: Advisor

Student: Fabio Pereira (School Superior of Education of Castle White)

Title: Internship / Report End of Internship of Course Technical Professional in Sport.

Function: Advisor

Student: Inês Gonçalves (School Superior of Education of Castle White)

Title: Internship / Report End of Internship of Course Technical Professional in Sport.

Function: Advisor

1.d) Participation in juries of evidence academics in area (Doctorates)_PhDs juries participation

- | | | |
|-----------|---|---|
| 1) | <ul style="list-style-type: none">• Dates (of - until)• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities | 29 of October of 2019
University of Pavia - Italy
Institution Public of Teaching
Reviewer of Thesis leading the degree of doctor
Correale, L. (2019). Combined endurance and resistance training in women with multiple sclerosis, strength, fatigue and psychological responses: the randomized controlled trial. |
| 2) | <ul style="list-style-type: none">• Dates (of - until)• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities | 10 of December of 2015
University from the Extremadura, Spain, Badajoz
Institution Public of Teaching
Secretary and Argument
Sousa, C. (2015). Characterization of reader performance del first cycle students of basic education and family reading habits. Dissertation to obtain degree of Doctorate
Characterization of student performance in the first cycle of basic education and the reading habits of families |

- Participation in juries of evidence academics in area (Master's Degrees) thesis Juries participation

- 3)** • Dates (of - until) 16 of August of 2024
• Name and address of employer Lunex University - Department of Exercise and Sports Science
• Type of enterprise or sector Institution of Teaching Superior Public
• Function or position busy Advisor
• Main activities and responsibilities Dissertation leading to a master's degree in Exercise and Sport Science. Medeot, N. (2024). Exploring the Relationship between Physical Activity and Mental Health in College Students.
- 3)** • Dates (of - until) 16 of August of 2024
• Name and address of employer Lunex University - Department of Exercise and Sports Science
• Type of enterprise or sector Institution of Teaching Superior Public
• Function or position busy Advisor
• Main activities and responsibilities Dissertation leading to a master's degree in Exercise and Sport Science. Soares, D. (2024). Comparing heart rate measurements with wearable technologies during aerobic exercises performed at low to moderate intensities.
- 3)** • Dates (of - until) 15 of December of 2023
• Name and address of employer Institute Piaget of Almada
• Type of enterprise or sector Institution of Teaching Superior Private
• Function or position busy Argument Main
• Main activities and responsibilities Dissertation submitted for the Master's degree: Rodrigues, C. (2023). The influence of the teacher's educational orientations on coeducation in physical education.
- 3)** • Dates (of - until) 15 of December of 2023
• Name and address of employer Institute Piaget of Almada
• Type of enterprise or sector Institution of Teaching Superior Private
• Function or position busy Argument Main
• Main activities and responsibilities Dissertation to obtaining to the degree of teacher: Brandão, R. (2023). THE girls' perception of the offer formative, to boys and to your physical education teachers
.
- 3)** • Dates (of - until) 26 of February of 2024
• Name and address of employer Institute Polytechnic of Castle White - School Superior of Education
• Type of enterprise or sector Institution of Teaching Superior Public
• Function or position busy President of Jury
• Main activities and responsibilities Dissertation for obtaining a master's degree: Fernandes, S. (2024). Yoga and Autism Spectrum Disorders.
- 3)** • Dates (of - until) 15 of December of 2023
• Name and address of employer Institute Piaget of Almada
• Type of enterprise or sector Institution of Teaching Superior Private
• Function or position busy Argument Main

- Main activities and responsibilities

Dissertation submitted for the Master's degree: Rodrigues, C. (2023). The influence of the teacher's educational orientations on coeducation in physical education.

- 3)**

 - Dates (of - until) 15 of December of 2023
 - Name and address of employer Institute Piaget of Almada
 - Type of enterprise or sector Institution of Teaching Superior Private
 - Function or position busy Argument Main
 - Main activities and responsibilities Dissertation to obtaining to the degree of teacher: Brandão, R. (2023). THE perception of girls with regard to the offer formative, to boys and to your Physical education teachers .

- 3)**

 - Dates (of - until) 15 of December of 2023
 - Name and address of employer Institute Piaget of Almada
 - Type of enterprise or sector Institution of Teaching Superior Private
 - Function or position busy Argument Main
 - Main activities and responsibilities Dissertation to obtaining to the degree of teacher: (2023): William, B. (2023). Perception of girls in relationship the activity physics, health and well-being.

- 3)**

 - Dates (of - until) 15 of December of 2023
 - Name and address of employer Institute Piaget of Almada
 - Type of enterprise or sector Institution of Teaching Superior Private
 - Function or position busy Argument Main
 - Main activities and responsibilities Dissertation submitted for the Master's degree: Rodrigues, C. (2023). The influence of the teacher's educational orientations on coeducation in physical education.

- 3)**

 - Dates (of - until) 15 of December of 2023
 - Name and address of employer Institute Piaget of Almada
 - Type of enterprise or sector Institution of Teaching Superior Private
 - Function or position busy Argument Main
 - Main activities and responsibilities Dissertation to obtaining to the degree of teacher: Brandão, R. (2023). THE girls' perception of the offer formative, to boys and to your physical education teachers .

- 3)**

 - Dates (of - until) 25 of July of 2022
 - Name and address of employer Institute Piaget of Almada
 - Type of enterprise or sector Institution of Teaching Superior Private
 - Function or position busy Argument Main
 - Main activities and responsibilities Dissertation for obtaining to the degree of teacher: Candles, M. (2022). THE teaching Education Physical in context of pandemic Covid-19 node first lockdown.

- 4)**

 - Dates (of - until) 28 of July of 2022
 - Name and address of employer University Fernando Person - Harbor
 - Type of enterprise or sector Institution of Teaching Superior Private
 - Function or position busy Argument
 - Main activities and responsibilities Dissertation submitted for the Master's degree: Helal, M. (2022). Sleep, Nutrition and professional activity of teachers of students with special educational needs. node domain cognitive and engine, before and during the pandemic put Covid -19, node municipality of River of January, Brazil

- 5)** • Dates (of - until) 28 of July of 2022
• Name and address of employer University Fernando Person - Harbor
 • Type of enterprise or sector Institution of Teaching Superior Private
 • Function or position busy Argument
 • Main activities and responsibilities Dissertation to obtaining of degree of Teacher: Ciacco, W. (2022). Habits of sleep in children with disorder of deficit of attention and hyperactivity and performance school node municipality of they are John from the good view, state of They are Paul, Brazil
- 6)** • Dates (of - until) 25 of July of 2022
• Name and address of employer Institute Piaget of Almada
 • Type of enterprise or sector Institution of Teaching Superior Private
 • Function or position busy Argument Main
 • Main activities and responsibilities Dissertation to obtaining of degree of Teacher: Ferreira, V. (2022). Analysis of the intensity of effort perceived by the students between classes of modality sports individual and collective.
- 7)** • Dates (of - until) 08 of October of 2021
• Name and address of employer University Fernando Person - Harbor
 • Type of enterprise or sector Institution of Teaching Superior Private
 • Function or position busy Argument
 • Main activities and responsibilities THE Therapeutic horseback riding as a benefit in improving the process. of Learning for students with special educational needs included in mainstream schools.
- 8)** • Dates (of - until) 18 of June of 2021
• Name and address of employer Institute Piaget of Almada
 • Type of enterprise or sector Institution of Teaching Superior Private
 • Function or position busy Argument Main
 • Main activities and responsibilities Dissertation to obtaining of degree of Teacher: Days, M. (2021). THE Education Physics as a promoter of social attitudes and values.
- 9)** • Dates (of - until) 29 of January of 2021
• Name and address of employer Institute Piaget of Almada
 • Type of enterprise or sector Institution of Teaching Superior Private
 • Function or position busy Argument Main
 • Main activities and responsibilities Dissertation submitted for the Master's degree: Martins, D. (2021). Fit school: relationship between VO2 maximum and reviews of subjects of Mathematics and Portuguese.
- 10)** • Dates (of - until) 29 of January of 2021
• Name and address of employer Institute Piaget of Almada
 • Type of enterprise or sector Institution of Teaching Superior Private
 • Function or position busy Argument Main
 • Main activities and responsibilities Dissertation to obtaining of degree of Teacher: Amaral, D. (2021). Differences between the levels of Activity Physical and Aptitude Physics for 2nd and 3rd year students 3rd Cycles and Secondary Education .
- 11)** • Dates (of - until) 29 of January of 2021
• Name and address of employer Institute Piaget of Almada
 • Type of enterprise or sector Institution of Teaching Superior Private
 • Function or position busy Argument Main

Curriculum Vitae

	<ul style="list-style-type: none">• Main activities and responsibilities	Dissertation to obtaining of degree of Teacher: Sardine, F. (2021). Study comparative of the levels of Fitness Physical of the students male of 7th Year with and without participating in federated physical activities.
12)	<ul style="list-style-type: none">• Dates (of - until)• Name and address of employer<ul style="list-style-type: none">• Type of enterprise or sector• Function or position busy• Main activities and responsibilities	29 of October of 2020 School Superior of Education of Castle White Institution Public Argument Study from the Composition Corporal of Firemen Professionals and Volunteer Firefighters
13)	<ul style="list-style-type: none">• Dates (of - until)• Name and address of employer<ul style="list-style-type: none">• Type of enterprise or sector• Function or position busy• Main activities and responsibilities	29 of June of 2020 School Superior of Education of Castle White Institution Public Argument (alternate) Study from the Composition Corporal and Fitness Physical of one Population "Elderly woman"
14)	<ul style="list-style-type: none">• Dates (of - until)• Name and address of employer<ul style="list-style-type: none">• Type of enterprise or sector• Function or position busy• Main activities and responsibilities	6 of May of 2020 University Fernando Person - Harbor Institution of Teaching Superior Private Argument THE Psychomotor skills in Therapy with Horses and your benefits to minimize disruptions Psychomotor
15)	<ul style="list-style-type: none">• Dates (of - until)• Name and address of employer<ul style="list-style-type: none">• Type of enterprise or sector• Function or position busy• Main activities and responsibilities	30 of January of 2020 University Fernando Person - Harbor Institution of Teaching Superior Private Argument THE Equine Therapy in Schools: The Program customer service equine therapy us learning disabilities like a workshop inclusive of time integral.
16)	<ul style="list-style-type: none">• Dates (of - until)• Name and address of employer<ul style="list-style-type: none">• Type of enterprise or sector• Function or position busy• Main activities and responsibilities	30 of January of 2020 University Fernando Person - Harbor Institution of Teaching Superior Private Argument THE Sport Paralympic as project pedagogical in School regular.
17)	<ul style="list-style-type: none">• Dates (of - until)• Name and address of employer<ul style="list-style-type: none">• Type of enterprise or sector• Function or position busy• Main activities and responsibilities	2018/2019 School Superior of Education of Castle White Institution Public Argument Behavior Adaptive: Impact of one program directed the students of 3rd cycle with developmental disturbances.
18)	<ul style="list-style-type: none">• Dates (of - until)	2018/2019

Curriculum Vitae

• Name and address of employer

School Superior of Education of Castle White

-
- | | |
|--|---|
| <ul style="list-style-type: none">• Type of enterprise or sector• Function or position busy• Main activities and responsibilities | <p>Institution Public
Argument
Motor development study of children aged between 18 and you 44 months of age, to the level of skills motors global and motor skills thin.</p> |
| <p>19) • Dates (of - until)</p> <ul style="list-style-type: none">• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities | <p>17 of July of 2018
IPCB - School Superior of Education Castle White
Institution Public of Teaching
Argument
Martins, D. (2018). Routine of Daily Life of a Child/Youth with SEN (Special Educational Needs). Dissertation for obtaining a master's degree.</p> |
| <p>20) • Dates (of - until)</p> <ul style="list-style-type: none">• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities | <p>27 of June of 2018
IPCB - School Superior of Education Castle White
Institution Public of Teaching
Argument
Lercas, THE. (2018). Motivation Self-determined and satisfaction with the life of Athletes of Sports Collectives - Study Comparison between Adapted Sports and Regular Sport . Dissertation. to obtaining of the degree of master's degree.</p> |
| <p>21) • Dates (of - until)</p> <ul style="list-style-type: none">• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities | <p>15 of January of 2018
IPCB - School Superior of Education Castle White
Institution Public of Teaching
Argument
Azevedo, H. (2018). Portfolio - Dossier of Work of Student of Course Master's degree in Activity Physical. Dissertation to obtaining of degree of master's degree.</p> |
| <p>22) • Dates (of - until)</p> <ul style="list-style-type: none">• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities | <p>21 of February of 2018
IPCB - School Superior of Education Castle White
Institution Public of Teaching
Argument
Goulão, J. (2018). THE model of game node soccer of training. Study on the conceptualization and operationalization of model of game of coaches of soccer children and young adults. Dissertation to obtaining of degree of master's degree.</p> |
| <p>23) • Dates (of - until)</p> <ul style="list-style-type: none">• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities | <p>24 of November of 2017
IPCB - School Superior of Education Castle White
Institution Public of Teaching
Argument
Happiness, J. (2017). Exercise physical and aging: differences and relationship with the composition bodily and with the fitness physical functional, in elderly institutionalized and no institutionalized. Dissertation to obtaining of degree of master's degree.</p> |
| <p>24) • Dates (of - until)</p> | <p>17 of May of 2017</p> |

Curriculum Vitae

<ul style="list-style-type: none">• Name and address of employer• Type of enterprise or sector• Function or position busy	IPCB - School Superior of Education Castle White Institution Public of Teaching Argument
<ul style="list-style-type: none">• Main activities and responsibilities	Fernandes, M. (2017). Motivation Self-determined and Satisfaction with the Life of Adapted Sports Athletes in the Handball modality. Dissertation for obtaining Master's degree.
25) <ul style="list-style-type: none">• Dates (of - until)• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities	20 of December of 2016 IPCB - School Superior of Education Castle White Institution Public of Teaching Argument Vicente, S. (2016). Assessment from the Fitness Physical in Elderly people. Dissertation. to obtain of degree of master's degree.
26) <ul style="list-style-type: none">• Dates (of - until)• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities	7 of October of 2016 IPCB - School Superior of Education Castle White Institution Public of Teaching Argument Azevedo, S. (2016). Syndrome Fetal Alcoholic, Psychomotor skills, Reading and Writing. One Intervention Simultaneous. Dissertation to obtaining of degree of master's degree.
27) <ul style="list-style-type: none">• Dates (of - until)• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities	12 of November of 2016 IPCB - School Superior of Education Castle White Institution Public of Teaching Argument Alternate Santos, I. (2016). Daily life routines of children with disabilities. Master's thesis.
28) <ul style="list-style-type: none">• Dates (of - until)• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities	03 of October of 2016 School Superior of Castle White Institution Public of Teaching Argument Main Viegas, S. (2016). Study of the Relationship between Body Composition Indicators and Some Physiological Parameters, in Elderly People Experienced. Dissertation for obtaining of degree of master's degree.
29) <ul style="list-style-type: none">• Dates (of - until)• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities	11 of November of 2015 University from the Border Interior, Covilhã Institution Public of Teaching Argument Main Bastos, T. (2015). Teachers Experienced vs. Teachers Less Experienced. Dissertation for obtaining a master's degree.
30) <ul style="list-style-type: none">• Dates (of - until)• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities	11 of November of 2015 University from the Border Interior, Covilhã Institution Public of Teaching Argument Main Matos, F. (2015). Influences from the practice of activity physical in literacy physical of children. Dissertation to obtain the degree of master's degree.
31) <ul style="list-style-type: none">• Dates (of - until)• Name and address of employer	11 of November of 2015 University from the Border Interior, Covilhã

Curriculum Vitae

- Type of enterprise or sector
- Function or position busy
- Main activities and responsibilities

Institution Public of Teaching

Argument Main

Martins, J. (2015). Study from the Influence of Education Physical us Levels of Physical Fitness. Dissertation for obtaining of the degree of master's degree.

	responsibilities	veterans based of volume of hours training weekly. Dissertation submitted for the degree of Bachelor.
38)	<ul style="list-style-type: none"> • Dates (of - until) • Name and address of employer • Type of enterprise or sector • Function or position busy • Main activities and responsibilities 	<p>23 of July of 2015</p> <p>School Superior of Education of Towers New Institution Private of Teaching Argument Main</p> <p>Oak, L. (2015). Typology of Modalities Sports as A factor that enhances the psychological variables of veteran athletes. Dissertation for obtaining of degree of bachelor's degree</p>
39)	<ul style="list-style-type: none"> • Dates (of - until) • Name and address of employer • Type of enterprise or sector • Function or position busy • Main activities and responsibilities 	<p>29 of July of 2013</p> <p>School Superior of Education of Towers New Institution Private of Teaching Argument Main</p> <p>Little shell, J. (2013). Motivation of the Athletes federated to the practice of competitive athletics. Dissertation submitted for the degree of Bachelor.</p>
40)	<ul style="list-style-type: none"> • Dates (of - until) • Name and address of employer • Type of enterprise or sector • Function or position busy • Main activities and responsibilities 	<p>15 of July of 2013</p> <p>School Superior of Education of Towers New Institution Private of Teaching Argument Main</p> <p>Rodrigues, J. (2013). Correlation between the fitness physical, functional, balance and the Level of dependence/independence of elderly people in carrying out their activities of daily living. Dissertation submitted for a bachelor's degree.</p>
41)	<ul style="list-style-type: none"> • Dates (of - until) • Name and address of employer • Type of enterprise or sector • Function or position busy • Main activities and responsibilities 	<p>03 of July of 2013</p> <p>School Superior of Education of Towers New Institution Private of Teaching Argument Main</p> <p>Duarte, G. (2013). THE Practice of activity physical node elderly - Study between those who practice and those who do not practice physical activity. Dissertation for obtaining a degree. of bachelor's degree</p>
42)	<ul style="list-style-type: none"> • Dates (of - until) • Name and address of employer • Type of enterprise or sector • Function or position busy • Main activities and responsibilities 	<p>17 of October of 2012</p> <p>School Superior of Education of Towers New Institution Private of Teaching Argument Main</p> <p>Thesis: Cordeiro, F. (2012). Physical Activity and School Performance - Relational Study in 1st Cycle Students. Dissertation submitted for a Bachelor 's degree.</p>
43)	<ul style="list-style-type: none"> • Dates (of - until) • Name and address of employer • Type of enterprise or sector • Function or position busy • Main activities and responsibilities 	<p>14 of October of 2010</p> <p>School Superior of Education of Towers New Institution Private of Teaching Argument Main</p> <p>Alves, THE. (2010) THE practice of activity physical as influence node Self-concept and school performance - Exploratory Study in the Municipality of Entroncamento, <i>Seminar of Bachelor's degree in Teacher of Education Basic</i>. Dissertation to obtaining of degree of Bachelor's degree.</p>

- Participation in juries of evidence academics in area to what is open Competition (Internship Reports).

Bachelor's degree in Sport and Activity Physical

2022/2023

5 Attendance as Member of Jury

Title: Portfolio End of Internship (IPCB- ESE)

Function: Argument

2021/2022

6 Attendance as Member of Jury

Title: Portfolio End of Internship (IPCB- ESSE)

Function: Argument

2020/2021

7 Attendance as Member of Jury

Title: Portfolio End of Internship (IPCB- ESSE)

Function: Argument

2019/2020

7 Attendance as Member of Jury

Title: Portfolio End of Internship (IPCB- ESSE)

Function: Argument

2017/2018

13 Attendance as Member of Jury

Title: Portfolio End of Internship (IPCB- ESSE)

Function: President of Table

2016/2017

5 Attendance as Member of Jury

Title: Portfolio End of Internship (IPCB- ESE)

Function: Argument

2015/2016

10 Attendance as Member of Jury

Title: Portfolio End of Internship (IPCB- ESE)

Function: Argument

cTesp Course in Sports

2022/2023

6 Attendance as Member of Jury

Title: Report End of Internship (IPCB- ESE)

Function: President of Table/Argument

2021/2022

6 Attendance as Member of Jury

Title: Report End of Internship (IPCB- ESE)

Function: President of Table/Argument

2020/2021

6 Attendance as Member of Jury

Title: Report End of Internship (IPCB- ESE)

Function: President of Table/Argument

2019/2020

6 Attendance as Member of Jury

Title: Report End of Internship (IPCB- ESE)

Function: President of Table/Argument

2018/2019

6 Attendance as Member of Jury

Title: Report End of Internship (IPCB- ESE)

Function: President of Table/Argument

2017/2018

6 Attendance as Member of Jury

Title: Report End of Internship (IPCB- ESE)

Function: President of Table/Argument

1.e) THE participation in activities of nature professional relevant to to the functions to perform in the scientific field

- 1) • Dates (of - until) January of 2003 the September of 2011

- Name and address of employer Joint of Parish of Benedita - Swimming pools Municipals
 - Type of enterprise or sector Local authorities
 - Function or position busy Technical Superior of Sport - Coordinator Technical
 - Main activities and responsibilities He performed the position of Technical Superior of Swimming (Coordinator) Technician) in Municipal Swimming Pools in Benedita (since (January 2003 to September 2011), performing functions of Monitor of: Swimming Pure, Swimming in 3rd Age, Swimming of Babies, Water aerobics, Hydrobike and teacher of AECs.
- 2)** • Dates (of - until) Since 2004 the 2011
- Name and address of employer Grouping of Schools from the Benedita
 - Type of enterprise or sector School of teaching public
 - Function or position busy Teacher of AECs
 - Main activities and responsibilities Classes of Swimming of schools of mentioned grouping.
- 3)** • Dates (of - until) Of 2004 the 2006
- Name and address of employer Hockey Club of Turquel
 - Type of enterprise or sector Collectivity private without ends profitable
 - Function or position busy Trainer Main
 - Main activities and responsibilities Trainer from the team of Children's W of Hockey in Roller skates.
- 4)** • Dates (of - until) Of 2002 the 2004
- Name and address of employer Hockey Club of Turquel
 - Type of enterprise or sector Collectivity private without ends profitable
 - Function or position busy Trainer Main
 - Main activities and responsibilities Trainer from the team of Initiates of Hockey in Roller skates.
- 5)** • Dates (of - until) 2002 the 2003
- Name and address of employer Health Club Mansion from the Tower and others.
 - Type of enterprise or sector Institutions Private
 - Function or position busy Technical / Teacher
 - Main activities and responsibilities Swimming instructor for baby classes, water adaptation for all ages, swimming for seniors, and teaching swimming techniques at the following institutions: Ginásio Clube de Vila Real de Trás-os-Montes, Municipal Swimming Pools of Moimenta from the Border, Club of Swimming of Alcobaca, Health Club Mansion from the Tower in Caldas from the Queen, and Swimming pools Municipals in Benedita.
- 6)** • Dates (of - until) Of 2002 the 2003
- Name and address of employer School Basic of 2nd and 3rd Cycle of Minde
 - Type of enterprise or sector School of teaching public
 - Function or position busy Teacher of Education Physical
 - Main activities and responsibilities Teaching from the discipline of Education Physical and of modules from the modality of Tennis in total of 25 hours; Discipline of Education Physical and School Sports .
- 7)** • Dates (of - until) Of 2001 the 2002

Curriculum Vitae

<ul style="list-style-type: none">• Name and address of employer• Type of enterprise or sector	EB 2.3 / S from the Guide School of Teaching Public
<ul style="list-style-type: none">• Function or position busy• Main activities and responsibilities	Teacher of Education Physical Teacher of Education Physical; Element belonging to the Group of Support and Guidance with regard to the Project of School Prosecutor of Health - THE Education Sexual node Quite School; Teacher of Sport School of Basketball
8) <ul style="list-style-type: none">• Dates (of - until)• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities	Of 2001 the 2002 EB 2.3 / S from the Guide School of Teaching Public Teacher of Education Physical Responsible by the Groups of Team of Children's Male and Girls' Youth Basketball Team in School Sports.
9) <ul style="list-style-type: none">• Dates (of - until)• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities	Of September of 2000 the July of 2001 Club of Hunt and Fishing / Complex Sports of Lamego Non-profit organization / public entity for sports development Technical Monitor of Candle in Boats of Recreation.
10) <ul style="list-style-type: none">• Dates (of - until)• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities	Year school year 2000/2001 School Basic of 2nd and 3rd Cycles of Tarouca School of Teaching Public Teacher Trainee Teaching from the discipline of Education Physical to the 6th, 7th and 8th year of education.
11) <ul style="list-style-type: none">• Dates (of - until)• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities	Year school year of 1999/2000 School Primary Patronage Nun'Álvares Cabral School of teaching public Teacher Trainee Teaching from the discipline of Education Physical.
12) <ul style="list-style-type: none">• Dates (of - until)• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities	Year school year of 1998/1999 School Primary of Lamego School of teaching public Teacher Trainee node 1st Cycle I taught the following subjects: Portuguese Language, Mathematics, Environmental Studies , Visual Arts, and Physical Education.
13) <ul style="list-style-type: none">• Dates (of - until)• Name and address of employer• Type of enterprise or sector• Function or position busy• Main activities and responsibilities	Year school year of 1996/1997 EB Integrated of Saint Catherine School of Teaching Public Teacher of Education Physical (before from the professionalization Teaching from the discipline of Education Physical and of Sport School.
14) <ul style="list-style-type: none">• Dates (of - until)• Name and address of employer	Of 1995 the 1996 EB 2nd and 3rd Cycle Friar Stephen Martins of Alcobaça

Curriculum Vitae

- Type of enterprise or sector
- Function or position busy
- Main activities and responsibilities

School of Teaching Public

Teacher of Education Physical (before from the professionalization
Teaching from the discipline of Education Physical and of Sport
School.

- 20) • Date 22 of April of 2021
• Name Training Credited: TRAINING "Swimming Children's. Reflections and Practices
code 240327338
• Local City Social, training online
- 21) • Date 23 of February of 2021
• Name Webinar of Presentation of Project EducAction. Program Erasmus
• Local Non-face-to-face / online
- 22) • Data 13 de Abril de 2020
• Nome Webinar Qualitative Res search in the COVID-19 It was. Technigym Webinar.
• Local Não-presencial / online
- 23) • Date 10 of April of 2020
• Name Recommendations for physical and nutritional measures to counteract forced sedentary lifestyle. Technigym Webminar.
• Local Non-face-to-face / online
- 24) • Date 23 of March the 4 of May of 2020
• Name To teach the swim: observation and intervention (Training Credited IPDJ).
• Local Municipality of Friend, City Social (Non-face-to-face) / (online)
- 25) • Date 5 of May of 2017
• Name THE Analysis of Game (Training Credited IPDJ).
• Local School Superior of Sport of River Bigger
- 26) • Date 18 of March of 2017
• Name THE ANTB - Clinic of Basketball in Road (Training Credited IPDJ).
• Local School Superior of Education of Castle White
- 27) • Date 14 of June of 2017
• Name Congress APTN (Training Credited IPDJ).
• Local Gondomar
- 28) • Date 11 of June of 2017
• Name THE Initiation to the Hockey in Roller skates (Credited) IPDJ).
• Local Santarém
- 29) • Date 10 of June of 2017
• Name THE Training of guard networks of hockey in skates (Credited) IPDJ).
• Local Take
- 30) • Date 3 of June of 2017
• Name Training Session I Basketball Coaches Clinic - ESDRM / RMB - The Coach's Intervention in the Training Process of Young people Athletes

- Teacher (Prof. Assistant Guest the Time Integral in Regime of Exclusivity) in School Superior Education of Castle White, in Area Scientific of Sport and Well-being.

6) Year school year 2019/2020

- Teacher (Prof. Assistant Guest the Time Integral in Regime of Exclusivity) in School Superior Education of Castle White, in Area Scientific of Sport and Well-being.

7) Year school year 2018/2019

- Teacher (Prof. Assistant Guest the Time Integral in Regime of Exclusivity) in School Superior Education of Castle White, in Area Scientific of Sport and Well-being.

8) Year school year 2017/2018

- Teacher (Prof. Assistant Guest the Time Integral in Regime of Exclusivity) in School Superior Education of Castle White, in Area Scientific of Sport and Well-being.

9) Year school year 2016/2017

- Teacher (Prof. Assistant Guest the Time Integral in Regime of Exclusivity) in School Superior Education of Castle White, in Area Scientific of Sport and Well-being.

10) Year school year 2015/2016

- Teacher (Prof. Assistant Guest the Time Integral in Regime of Exclusivity) in School Superior Education of Castle White, in Area Scientific of Sport and Well-being.

11) Year school year 2014/2015

- Teacher (Prof. Assistant in Time (Integral) in School Superior of Education of Towers New in Bachelor's degree in Physical Education, Sport and Leisure;

12) Year school year 2013/2014

- Lecturer (Full-Time Assistant Professor) at Higher School of Education of Torres Novas Bachelor's degree in Physical Education, Sports and Leisure.

13) Year school year 2012/2013

- Lecturer (Full-Time Assistant Professor) at Higher School of Education of Torres Novas Bachelor's degree in Physical Education, Sports and Leisure.

1.g) Professional experience and dedication to teaching (for each full year of teaching service) the time partial in Institutions of Teaching Superior or years complete of service teacher in Institutions of Teaching no Superior)

1) Year school year 2016/2017

- Lecturer (Invited Adjunct Professor on a part-time basis) (partial) at School Superior Health from the Polytechnic Institute of Leiria in course Bachelor's degree in Nursing.

2) Year school year 2015/2016

- Lecturer (Invited Adjunct Professor on a part-time basis) (partial) at School Superior Health from the Polytechnic Institute of Leiria in course Bachelor's degree in Nursing.

3) Year school year 2014/2015

- Lecturer (Invited Adjunct Professor on a part-time basis) (partial) at School Superior Health from the Polytechnic Institute of Leiria

- Teacher (Prof. Assistant Guest in time partial) node Institute Superior of Studies Intercultural and Transdisciplinary Studies of Almada.

4) Year school year 2013/2014

- Lecturer (Invited Adjunct Professor on a part-time basis) (partial) at School Superior Health from the Polytechnic Institute of Leiria in course Bachelor's degree in Nursing.

- Teacher (Prof. Assistant Guest in time partial) in School Superior of Sport of River Bigger in the undergraduate program in Training Sports and Master's degree in Sport.

5) Year school year 2012/2013

- Lecturer (Invited Adjunct Professor on a part-time basis) (partial) at School Superior Health from the Polytechnic Institute of Leiria in course Bachelor's degree in Nursing.

6) Year school year 2011/2012

- Lecturer (Invited Adjunct Professor on a part-time basis) (partial) at School Superior Health from the Polytechnic Institute of Leiria in the Nursing degree program;

- Teacher (Prof. Invited Assistant to part time) at school Superior Education Towers New in the course Bachelor's degree in Education Physical, Sport and Leisure.

7) Year school year 2010/2011

- Equivalent Teacher the Assistant in part time at the Higher School of Health of Polytechnic Institute of Leiria, Bachelor's degree in Nursing;
- Lecturer as Prof. Part-time Invited Assistant Professor at the Higher School of Education of Torres Novas in the undergraduate program. in Physical Education, Sport and Leisure.

8) Year school year 2009/2010 - Teacher (Equated) the Assistant in time partial) in School Superior Health from the Polytechnic Institute of Leiria in the Bachelor's Degree in Nursing and bachelor's degree in Physiotherapy.

9) Year school year 2008/2009 - Teacher (Equated) the Assistant in time partial) in School Superior Health of the Institute Polytechnic of Leiria node course of Bachelor's degree in Nursing.

10) Year school year 2007/2008 - Teacher (Equated) the Assistant in time partial) in School Superior Health of the Polytechnic Institute of Leiria in the course Bachelor's degree in Nursing.

2. CAPACITY PEDAGOGICAL DO CANDIDATE

2.) Teaching and coordinating or being scientifically responsible for curricular units in the scientific field.

Academic year 2023/2024 (Higher School of Education of Castelo Branco)

Bachelor's Degree IN SPORT AND ACTIVITY PHYSICAL

- Teaching and Coordination from the Unit curriculum of Swimming (Responsibility Scientific in preparation of program/sheet from the Unit Curriculum (FUC) and of Report from the Unit Curriculum (RUC);
- Teaching and Coordination of the Sports 2 course unit. Handball (Scientific responsibility in the development) of program/sheet from the Unit Curricular (FUC) and of Report from the Unit Curricular (RUC);
- Teaching and Coordination of the Socio-Anthropology of Bodily Activities course unit (Responsibility Scientific in preparation of program/sheet from the Unit Curriculum (FUC) and of Report of the Unit Curriculum (RUC);

CTESP IN SPORT

- Teaching and Coordination of the curricular unit of Creation and Repair of Sports Equipment (Scientific responsibility in the elaboration of the program/sheet). of the Course Unit (FUC) and the Unit Report Curriculum (RUC);
- Teaching and Coordination of the Course Unit of Handball (Scientific Responsibility in the development of the program/Fact Sheet) from the Curricular Unit (FUC) and of Report of Unit Curricular (RUC);
- Teaching and Coordination of the curricular unit of Swimming (Responsibility) Scientific in the preparation of the program/sheet from the Curricular Unit (FUC) and of Report of Unit Curricular (RUC);
- Teaching in unit curriculum of Internship;

Academic year 2022/2023 (Higher School of Education of Castelo Branco)

Bachelor's Degree IN SPORT AND ACTIVITY PHYSICAL

- Teaching and Coordination of the Course Unit Swimming (Scientific Responsibility in the development of the program/Form) from the Curricular Unit (FUC) and of Report of Unit Curricular (RUC);
- Teaching and Coordination of the Psychophysiology course unit. (Scientific responsibility in the preparation) of the program/Fact sheet Curricular Unit (FUC) and of Unit Report Curricular (RUC);
- Teaching and Coordination from the Unit curriculum of Sport 2 - Handball (Responsibility) Scientific in the preparation of program/sheet from the Unit Curricular (FUC) and of Report from the Unit Curricular (RUC);

BACHELOR'S DEGREE IN EDUCATION BASIC

- Teaching from the Unit curriculum of Expression Physical-Motor II;

CTESP IN SPORT

- Teaching and Coordination of the curricular unit of Maintenance and Use of Sports Facilities (Scientific responsibility in the preparation of the program/Course Information Sheet) of the Course Unit (FUC) and the Unit Report Curriculum (RUC);
- Teaching and Coordination of the curricular unit of Creation and Repair of Sports Equipment (Responsibility Scientific in preparation of program/sheet from the Unit Curriculum (FUC) and of Report of the Unit Curriculum (RUC);
- Teaching in unit curriculum of Internship;

Academic year 2021/2022 (Higher School of Education of Castelo Branco)

Bachelor's Degree IN SPORT AND ACTIVITY PHYSICAL

- Teaching and Coordination of the Course Unit Swimming (Scientific Responsibility in the development of the program/Form) from the Curricular Unit (FUC) and of Report of Unit Curricular (RUC);
- Teaching and Coordination of the curricular unit of Handball (Responsibility) Scientific in the elaboration from the program/sheet from the Curricular Unit (FUC) and of Report of Unit Curricular (RUC);

BACHELOR'S DEGREE IN EDUCATION BASIC

- Teaching from the Unit curriculum of Expression Physical-Motor I;
- Teaching from the Unit curriculum of Expression Physical-Motor II;

CTESP IN SPORT

- Teaching and Coordination of the curricular unit of Maintenance and Use of Sports Facilities (Responsibility Scientific in preparation of program/sheet from the Unit Curriculum (FUC) and of Report of the Unit Curriculum (RUC);
- Teaching and Coordination of the curricular unit of Creation and Repair of Sports Equipment (Responsibility Scientific in preparation of program/sheet from the Unit Curriculum (FUC) and of Report of the Unit Curriculum (RUC);
- Teaching in unit curriculum of Internship;

Academic year 2020/2021 (Higher School of Education of Castelo Branco)

Bachelor's Degree IN SPORT AND ACTIVITY PHYSICAL

- Teaching and Coordination of the Course Unit Swimming (Scientific Responsibility in the development of the program/Form) from the Curricular Unit (FUC) and of Report of Unit Curricular (RUC);
- Teaching and Coordination from the curricular unit of Athletics (Responsibility Scientific in preparation of program/sheet from the Curricular Unit (FUC) and of Report of Unit Curricular (RUC);
- Teaching and Coordination of the curricular unit of Handball (Responsibility) Scientific in the elaboration from the program/sheet from the Curricular Unit (FUC) and of Report of Unit Curricular (RUC);

BACHELOR'S DEGREE IN EDUCATION BASIC

- Teaching from the Unit curriculum of Expression Physical-Motor I;
- Teaching from the Unit curriculum of Expression Physical-Motor II;

CTESP IN SPORT

- Teaching and Coordination of the curricular unit of Maintenance and Use of Sports Facilities (Responsibility Scientific in preparation of program/sheet from the Unit Curriculum (FUC) and of Report of the Unit Curriculum (RUC);
- Teaching and Coordination of the curricular unit of Creation and Repair of Sports Equipment (Responsibility Scientific in preparation of program/sheet from the Unit Curriculum (FUC) and of Report of the Unit Curriculum (RUC);
- Teaching in unit curriculum of Internship;

Academic year 2019/2020 (Higher School of Education of Castelo Branco)

Bachelor's Degree IN SPORT AND ACTIVITY PHYSICAL

- Teaching and Coordination of the Course Unit Swimming (Scientific responsibility in the development of the program/Form) from the Curricular Unit (FUC) and of Report of Unit Curricular (RUC);

BACHELOR'S DEGREE IN EDUCATION BASIC

- Teaching from the Unit curriculum of Expression Physical-Motor I;
- Teaching from the Unit curriculum of Expression Physical-Motor II;

CTESP IN SPORT

- Teaching and Coordination of the Athletics course unit (Scientific responsibility for the development of the program/Course Information Sheet) from the Curricular Unit (FUC) and of Report of Unit Curricular (RUC);
- Teaching and Coordination of the curricular unit of Maintenance and Use of Sports Facilities (Scientific responsibility in the preparation of the program/Course Information Sheet) of the Course Unit (FUC) and the Unit Report Curriculum (RUC);
- Teaching and Coordination of the curricular unit of Creation and Repair of Sports Equipment (Responsibility Scientific in preparation of program/sheet from the Unit Curriculum (FUC) and of Report of the Unit Curriculum (RUC);
- Teaching in unit curriculum of Internship;
- Scientific Coordination/Responsibility in the development of the program/Course Unit Information Sheet (FUC) and the Report from the Unit Curriculum (RUC) from the UC of Tennis and Badminton;
- Scientific Coordination/Responsibility in the development of the program/Course Unit Information Sheet (FUC) and the Report from the Unit Curriculum (RUC) from the UC of Handball;
- Scientific Coordination/Responsibility in the development of the program/Course Unit Information Sheet (FUC) and the Report of the Curricular Unit (RUC) of UC of Room Exercise; - Cardio and Bodybuilding
- Scientific Coordination/Responsibility in the development of the program/Course Unit Information Sheet (FUC) and the Report from the Unit Curriculum (RUC) from the UC of Sports of Nature;

Academic year 2018/2019 (Higher School of Education of Castelo Branco)

MASTER'S DEGREE IN PHYSICAL ACTIVITY

- Teaching from the unit curriculum of Motor skills Children;
- Teaching from the unit curriculum of Game and Activity Playful;

BACHELOR'S DEGREE IN SPORT AND ACTIVITY PHYSICAL

- Teaching and coordination from the unit curriculum of Swimming (Responsibility Scientific in preparation from the program/sheet from the Curricular Unit (FUC) and of Report of Unit Curricular (RUC);

CTESP IN SPORT

- Teaching and coordination from the unit curriculum of Athletics (Responsibility Scientific in preparation from the program/sheet from the Curricular Unit (FUC) and of Report of Unit Curricular (RUC);

- Teaching and coordinating the curricular unit Maintenance and Use of Sports Facilities (Responsibility Scientific in preparation of program/sheet from the Unit Curriculum (FUC) and of Report of the Unit Curriculum (RUC);
- Teaching and coordinating the curricular unit of Creation and Repair of Sports Equipment (Responsibility Scientific in preparation of program/sheet from the Unit Curriculum (FUC) and of Report of the Unit Curriculum (RUC);
- Scientific Coordination/Responsibility in the development of the program/Course Unit Information Sheet (FUC) and the Report from the Unit Curriculum (RUC) from the UC of Tennis and Badminton;
- Scientific Coordination/Responsibility in the development of the program/Course Unit Information Sheet (FUC) and the Report from the Unit Curriculum (RUC) from the UC of Handball;
- Scientific Coordination/Responsibility in the development of the program/Course Unit Information Sheet (FUC) and the Report of the Curricular Unit (RUC) of UC of Room Exercise; - Cardio and Bodybuilding
- Scientific Coordination/Responsibility in the development of the program/Course Unit Information Sheet (FUC) and the Report from the Unit Curriculum (RUC) from the UC of Sports of Nature;

Academic year 2017/2018 (Higher School of Education of Castelo Branco)

MASTER'S DEGREE IN PHYSICAL ACTIVITY

- Teaching from the unit curriculum of Motor skills Children;
- Teaching from the unit curriculum of Game and Activity Playful

BACHELOR'S DEGREE IN SPORT AND ACTIVITY PHYSICAL

- Teaching and coordinating the Fundamentals of Training course unit (Scientific responsibility in the development of the course). of program/sheet from the Unit Curricular (FUC) and of Report from the Unit Curricular (RUC);
- Teaching from the unit curriculum of Project of Intervention Professional I;
- Teaching and coordinating the Volleyball course unit (Scientific responsibility for the development of the program/Course Information Sheet) from the Curricular Unit (FUC) and of Report of Unit Curricular (RUC);
- Teaching and coordinating the curricular unit of Socio-Anthropology of Bodily Activities (Responsibility Scientific in preparation of program/sheet from the Unit Curriculum (FUC) and of Report of the Unit Curriculum (RUC);
- Scientific Coordination/Responsibility in the development of the program/Course Unit Information Sheet (FUC) and the Report from the Unit Curriculum (RUC) from the UC of Sport 2;
- Scientific Coordination/Responsibility in the development of the program/Course Unit Information Sheet (FUC) and the Report from the Unit Curriculum (RUC) from the UC of Sport 3;

CTESP IN SPORT

- Teaching and coordination from the unit curriculum of Maintenance and Use of Spaces Sports;
- Teaching and coordination from the unit curriculum of Creation and Repair of Materials Sports;

- Scientific Coordination/Responsibility in the development of the program/Course Unit Information Sheet (FUC) and the Report from the Unit Curriculum (RUC) from the UC of Sports of Nature;
- Scientific Coordination/Responsibility in the development of the program/Course Unit Information Sheet (FUC) and the Report from the Unit Curriculum (RUC) from the UC of Athletics;
- Scientific Coordination/Responsibility in the development of the program/Course Unit Information Sheet (FUC) and the Report of Unit Curriculum (RUC) from UC Judo;
- Scientific Coordination/Responsibility in the development of the program/Course Unit Information Sheet (FUC) and the Report from the Unit Curriculum (RUC) from the UC of Swimming;
- Scientific Coordination/Responsibility in the development of the program/Course Unit Information Sheet (FUC) and the Report from the Unit Curriculum (RUC) from the UC of Tennis and Badminton;
- Scientific Coordination/Responsibility in the development of the program/Course Unit Information Sheet (FUC) and the Report from the Unit Curriculum (RUC) from the UC of Handball;
- Scientific Coordination/Responsibility in the development of the program/Course Unit Information Sheet (FUC) and the Report from the Unit Curriculum (RUC) from the UC Internship;
- Scientific Coordination/Responsibility in the development of the program/Course Unit Information Sheet (FUC) and the Report from the Unit Curriculum (RUC) from the UC of Guidance;

Academic year 2016/2017 (Higher School of Education of Castelo Branco)

MASTER'S DEGREE IN PHYSICAL ACTIVITY

- Teaching from the unit curriculum of Motor skills Children;
- Teaching from the unit curriculum of Game and Activity Playful;

BACHELOR'S DEGREE IN SPORT AND ACTIVITY PHYSICAL

- Teaching from the unit curriculum of Project of Intervention Professional;
- Teaching and coordination from the unit curriculum of Swimming (Responsibility Scientific in preparation from the program/sheet from the Curricular Unit (FUC) and of Report of Unit Curricular (RUC);
- Teaching and coordinating the curricular unit of Basketball (Responsibility) Scientific in the preparation of the program/sheet from the Curricular Unit (FUC) and of Report of Unit Curricular (RUC);
- Teaching and coordination from the unit curriculum of Bases of Training (Responsibility Scientific in the preparation of program/sheet from the Unit Curricular (FUC) and of Report from the Unit Curricular (RUC);
- Coordination/Responsibility Scientific in preparation of program/sheet from the Unit Curriculum (FUC) and of Report from the Unit Curriculum (RUC) from the UC of Sport 1;
- Coordination/Responsibility Scientific in preparation of program/sheet from the Unit Curriculum (FUC) and of Report from the Unit Curriculum (RUC) from the UC of Sport 2;

CTESP IN SPORT

Curriculum Vitae

- Teaching and coordinating the curricular unit of Maintenance and Use of Sports Facilities (Responsibility Scientific in preparation of program/sheet from the Unit Curriculum (FUC) and of Report of the Course Unit (RUC);
- Teaching and coordinating the curricular unit of Creation and Repair of Sports Equipment (Responsibility Scientific in preparation of program/sheet from the Unit Curriculum (FUC) and of Report of the Unit Curriculum (RUC);
- Scientific Coordination/Responsibility in the preparation of the course syllabus/course information sheet and the report. Unit Judo Curriculum (RUC);
- Scientific Coordination/Responsibility in the preparation of the course syllabus/course information sheet and the report. Unit Curriculum (RUC) Swimming;
- Scientific Coordination/Responsibility in the preparation of the course syllabus/course information sheet and report. from the Unit Curriculum (RUC) from the UC of Sports Nature;
- Scientific Coordination/Responsibility in the preparation of the course syllabus/course information sheet and report. from the Unit Curriculum (RUC) from the UC of Tennis and Badminton;
- Scientific Coordination/Responsibility in the preparation of the course syllabus/course information sheet and report. of the Curricular Unit (RUC) of UC of Room Exercise-Cardio and Bodybuilding;
- Scientific Coordination/Responsibility in the preparation of the course syllabus/course information sheet and report. from the Unit Curriculum (RUC) from the UC of Activities Gymnastics;
- Scientific Coordination/Responsibility in the preparation of the course syllabus/course information sheet and report. from the Unit Curriculum (RUC) from the UC of Basketball;
- Scientific Coordination/Responsibility in the preparation of the course syllabus/course information sheet and report. from the Unit Curriculum (RUC) from the UC of Guidance;
- Scientific Coordination/Responsibility in the preparation of the course syllabus/course information sheet and report. from the Unit Curriculum (RUC) from the UC of Activities of Group - Water and Earth;

BACHELOR'S DEGREE IN NURSING (School Superior of Health of Leiria)

- Teaching from the unit curriculum of Health and Activity Physical

Academic year 2015/2016 (Higher School of Education of Castelo Branco)

MASTER'S DEGREE IN PHYSICAL ACTIVITY

- Teaching from the unit curriculum of Motor skills Children;
- Teaching from the unit curriculum of Game and Activity Playful;

BACHELOR'S DEGREE IN SPORT AND ACTIVITY PHYSICAL

- Teaching and coordinating the Fundamentals of Training course unit (Scientific responsibility in the development of the course). of program/sheet from the Unit Curricular (FUC) and of Report from the Unit Curricular (RUC);
- Teaching from the unit curriculum of Project of Intervention Professional;

-Teaching and coordination from the unit curriculum of Basketball;

-Teaching and coordinating the curricular unit of Socio-Anthropology of Bodily Activities (Responsibility Scientific in preparation of program/sheet from the Unit Curriculum (FUC) and of Report of the Unit Curriculum (RUC);

CTESP IN SPORT

-Teaching and coordinating the curricular unit of Creation and Repair of Sports Equipment (Responsibility Scientific in preparation of program/sheet from the Unit Curriculum (FUC) and of Report of the Unit Curriculum (RUC);

-Teaching and coordination from the unit curriculum of Athletics (Responsibility) Scientific in preparation from the program/sheet from the Curricular Unit (FUC) and of Report of Unit Curricular (RUC).

BACHELOR'S DEGREE IN NURSING (School Superior of Health of Leiria)

- Teaching from the unit curriculum of Health and Activity Physical

Year school year of 2014/2015

BACHELOR'S DEGREE IN PHYSICAL EDUCATION, SPORT AND LEISURE (Higher School of Education of Torres Novas)

-Teaching and coordination from the unit curriculum of Analysis from the Motor skills Human;

-Teaching and coordination from the unit curriculum of Anthropology and History of Sport;

-Teaching and coordination from the unit curriculum of Handball;

-Teaching and coordination from the unit curriculum of Assessment and Prescription of Exercise;

-Teaching and coordination from the unit curriculum of Swimming;

-Teaching and coordination from the unit curriculum of Volleyball;

-Teaching and coordination from the unit curriculum of Assessment and Prescription of Training;

-Teaching and coordination from the unit curriculum of Skating;

-Teaching and coordination from the unit curriculum of Sports of Rackets;

-Teaching and coordination from the unit curriculum of Internship

BACHELOR'S DEGREE IN NURSING (School Superior of Health of Leiria)

- Teaching from the unit curriculum of Health and Activity Physical

BACHELOR'S DEGREE IN DIETETICS (School Superior of Health of Leiria)

- Teaching from the unit curriculum of Nutrition, Health and Activity Physical

BACHELOR'S DEGREE IN PHYSIOTHERAPY (School Superior of Health of Leiria)

- Teaching from the unit curriculum of Physiology of Exercise and Nutrition

CTESP IN TECHNIQUES OF GERONTOLOGY (School Superior of Health of Leiria)

-Teaching from the unit curriculum of Activity Physical node Elderly

**INSTITUTE SUPERIOR OF STUDIES INTERCULTURAL AND transdisciplinary OF ALMADA
(BACHELOR'S DEGREE IN MOTOR SKILLS)**

-Teaching and coordination from the unit curriculum of Physiology of Effort;

-Teaching and coordination from the unit curriculum of Handball;

-Teaching and coordination from the unit curriculum of Volleyball;

-Teaching from the unit curriculum of Teaching from the Education Physical.

Year school year of 2013/2014

**BACHELOR'S DEGREE IN PHYSICAL EDUCATION, SPORT AND LEISURE (Higher School of Education
of Torres Novas)**

-Teaching and coordination from the unit curriculum of Analysis from the Motor skills Human;

-Teaching and coordination from the unit curriculum of Anthropology and History of Sport;

-Teaching and coordination from the unit curriculum of Organization of Sport;

-Teaching and coordination from the unit curriculum of Handball;

-Teaching and coordination from the unit curriculum of Assessment and Prescription of Exercise;

-Teaching and coordination from the unit curriculum of Swimming;

-Teaching and coordination from the unit curriculum of Volleyball;

-Teaching and coordination from the unit curriculum of Basketball;

-Teaching and coordination from the unit curriculum of Pedagogy of Sport;

-Teaching and coordination from the unit curriculum of Assessment and Prescription of Training;

-Teaching and coordination from the unit curriculum of Skating;

-Teaching and coordination from the unit curriculum of Sports of Rackets;

-Coordination from the unit curriculum of Internship

BACHELOR'S DEGREE IN NURSING (School Superior of Health of Leiria)

- Teaching from the unit curriculum of Health and Activity Physical

BACHELOR'S DEGREE IN DIETETICS (School Superior of Health of Leiria)

- Teaching from the unit curriculum of Nutrition, Health and Activity Physical

MASTER'S DEGREE IN TRAINING SPORTS (School Superior of Sport of River Bigger)

- Teaching from the unit curriculum of Supplements Energy drinks and Ergogenic

BACHELOR'S DEGREE IN TRAINING SPORTS (School Superior of Sport of River Bigger)

- Teaching from the unit curriculum of Assessment and Control of Training;
- Teaching from the unit curriculum of Physiology of Effort;
- Teaching from the unit curriculum of Assessment and Prescription of Activities Physical.

Year school year 2012/2013

BACHELOR'S DEGREE IN PHYSICAL EDUCATION, SPORT AND LEISURE (Higher School of Education of Torres Novas)

- Teaching and coordination from the unit curriculum of Analysis from the Motor skills Human;
- Teaching and coordination from the unit curriculum of Anthropology and History of Sport;
- Teaching and coordination from the unit curriculum of Handball;
- Teaching and coordination from the unit curriculum of Assessment and Prescription of Exercise;
- Teaching and coordination from the unit curriculum of Swimming;
- Teaching and coordination from the unit curriculum of Volleyball;
- Teaching and coordination from the unit curriculum of Basketball;
- Teaching and coordination from the unit curriculum of Pedagogy of Sport;
- Teaching and coordination from the unit curriculum of Assessment and Prescription of Training;
- Teaching and coordination from the unit curriculum of Skating;
- Teaching and coordination from the unit curriculum of Sports of Rackets;
- Coordination from the unit curriculum of Internship

BACHELOR'S DEGREE IN NURSING (School Superior of Health of Leiria)

- Teaching from the unit curriculum of Health and Activity Physical

Year school year 2011/2012

BACHELOR'S DEGREE IN NURSING (School Superior of Health of Leiria)

- Teaching from the unit curriculum of Health and Activity Physical

BACHELOR'S DEGREE IN PHYSICAL EDUCATION, SPORT AND LEISURE (Higher School of Education of Torres Novas)

- Teaching from the unit curriculum of Analysis from the Motor skills Human;
- Teaching from the unit curriculum of Anthropology and History of Sport;
- Teaching from the unit curriculum of Organization of Sport
- Teaching from the unit curriculum of Handball

Year school year 2010/2011

BACHELOR'S DEGREE IN NURSING (School Superior of Health of Leiria)

- Teaching from the unit curriculum of Health and Activity Physical

BACHELOR'S DEGREE IN PHYSICAL EDUCATION, SPORT AND LEISURE (Higher School of Education of Torres Novas)

- Teaching from the unit curriculum of Analysis from the Motor skills Human;
- Teaching from the unit curriculum of Anthropology and History of Sport;
- Teaching from the unit curriculum of Organization of Sport
- Teaching from the unit curriculum of Handball

Year school year 2009/2010

BACHELOR'S DEGREE IN NURSING (School Superior of Health of Leiria)

- Teaching from the unit curriculum of Health and Activity Physical

BACHELOR'S DEGREE IN PHYSIOTHERAPY (School Superior of Health of Leiria)

- Teaching from the unit curriculum of Control Engine and Learning

Year school year 2008/2009

BACHELOR'S DEGREE IN NURSING (School Superior of Health of Leiria)

- Teaching from the unit curriculum of Health and Activity Physical

Year school year 2007/2008

BACHELOR'S DEGREE IN NURSING (School Superior of Health of Leiria)

- Teaching from the unit curriculum of Health and Activity Physical

3.) b) The quality and quantity of Educational material produced by the candidate in the scientific field.

1. Creation of notebook of Anthropology and History of Sport to support the unit curriculum;
2. KIT TEENPOWER: e-Empower You Teenagers To Prevent THE Obesity - Guide Practical;
3. KIT TEENPOWER: Technology & Innovation In Promotion Of Behaviors Healthy In Adolescents;
4. Multidisciplinary Interventions for people with diverse needs - A Training guide for teachers, students and professionals;
5. Activity Physical and Development Coordinator;
6. Supervision Pedagogical in Swimming;
7. Notebook of Support Theoretical of Initiation the Candle.
8. Manual of support the modality of Rugby.

3.) Other relevant activities in the missions of higher education institutions that have been developed by the teacher.

3.1. Assessment of Performance Teacher node Teaching Superior

- 1) • Dates (of - until) Years academics of 2015/2016; 2016/2017; 2017/2018
- Name and address of employer Polytechnic Institute of Castelo Branco - Higher School Education
Department of Castelo Branco: Teacher Performance Evaluation
 - Type of enterprise or sector Institution Public
 - Function or position busy Rated as Prof. Assistant Guest
 - Main activities and responsibilities Assigned the classification/evaluation of EXCELLENT (100%)
- 2) • Dates (of - until) Since 1 of September of 2015 the 31 of July of 2016
- Name and address of employer IPLeiria, School Superior of Health - Assessment of Performance Teacher
 - Type of enterprise or sector Institution Public
 - Function or position busy Rated as Prof. Assistant Equivalent
 - Main activities and responsibilities Assigned the classification/evaluation of EXCELLENT.
- 3) • Dates (of - until) Since 1 of March the 31 of July of 2015
- Name and address of employer IPLeiria, School Superior of Health - Assessment of Performance Teacher
 - Type of enterprise or sector Institution Public
 - Function or position busy Rated as Prof. Assistant Equivalent
 - Main activities and responsibilities Assigned the classification/evaluation of EXCELLENT.
- 4) Dates (of - until) Since 1 of September of 2014 the 28 of February of 2015
- Name and address of employer IPLeiria, School Superior of Health - Assessment of Performance Teacher
 - Type of enterprise or sector Institution Public
 - Function or position busy Rated as Prof. Assistant Equivalent
 - Main activities and responsibilities Assigned the classification/evaluation of EXCELLENT.
- 5) • Dates (of - until) From 1 of September of 2011 the 31 of July of 2013
- Name and address of employer School Superior of Education of Towers New - Assessment of Performance Teacher
 - Type of enterprise or sector Institution Private of Teaching
 - Function or position occupied Rated as Prof. Assistant Equivalent
 - Main activities and responsibilities Assigned the classification/evaluation of EXCELLENT.

3.2. Member of Committees Scientific

- 1) • Dates (of - until) 18 of March of 2023
- Name and address of employer I P Leiria - School Superior of Education and Sciences Social
 - Type of enterprise or sector Institution Public
 - Function or position busy Member from the Commission Scientific
 - Main activities and responsibilities 7th International Conference on Inclusion (INCLUDiT VII) and 1st Conference on Assistive Technologies and Accessibility (I CTecA).

- 2)** • Dates (of - until) 21 and 22 of May of 2021
• Name and address of employer I P Castle White - School Superior of Education
• Type of enterprise or sector Institution Public
• Function or position busy Member from the Commission Scientific
• Main activities and responsibilities IV International Seminar Investigation in Science of Sport and II Video Seminar.
- 3)** • Datas (de - até) 24 to 25 de September of 2021
• Nome e endereço do empregador University of Niš, Serbia
• Tipo de empresa ou sector Instituição Pública
• Função ou cargo ocupado Membro da Comissão Científica
• Principais atividades e responsabilidades Congress of Days of Applied Psychology 2021
- 4)** • Dates (of - until) 31 of May the 1 of June of 2019
• Name and address of employer Institute Piaget Viseu
• Type of enterprise or sector Institution Private
• Function or position busy Member from the Commission Scientific
• Main activities and responsibilities International Congress of Health and Well-being Intervention
- 5)** • Dates (of - until) 8 and 9 of June of 2018
• Name and address of employer I P Castle White - School Superior of Education
• Type of enterprise or sector Institution Public
• Function or position busy Member from the Commission Scientific
• Main activities and responsibilities I Meeting of Supervision and Assessment in Life of Schools
- 6)** • Dates (of - until) 8 and 9 of June of 2018
• Name and address of employer I P Castle White - School Superior of Education
• Type of enterprise or sector Institution Public
• Function or position busy Member from the Commission Scientific
• Main activities and responsibilities II Seminar International of Education in Sciences
- 7)** • Dates (of - until) 3 the 4 of May of 2017
• Name and address of employer I P Leiria - School Superior of Health
• Type of enterprise or sector Institution Public
• Function or position busy Member of the Panel of Experts at the 2nd National Meeting of New Researchers / II International Meeting of New Health Researchers
• Main activities and responsibilities Reviewer of works and moderator.

- 8)** • Dates (of - until) 2016/2017
 • Name and address of employer University Portuguese-speaking of Harbor
 • Type of enterprise or sector Institution Private
 • Function or position busy Member from the Commission Scientific
 • Main activities and responsibilities 6th Congress Ibero-American in Investigation Qualitative
- 9)** • Dates (of - until) 10 and 11 of April of 2014
 • Name and address of employer Sertã Center for Advanced Studies
 • Type of enterprise or sector Journeys Pedagogical from the Sertã
 • Function or position busy Member from the Commission Scientific
 • Main activities and responsibilities Analysis and selection of abstracts submitted to communications and/or posters and moderator.
- 10)** • Dates (of - until) 2015/2016
 • Name and address of employer School Superior of Education of Castle White
 • Type of enterprise or sector Institution Public
 • Function or position busy Member from the Commission Scientific and from the Commission Organizer
 • Main activities and responsibilities 11th Seminar of Development Engine from the Child
- 11)** • Dates (of - until) 2015/2016
 • Name and address of employer University Portuguese-speaking of Harbor
 • Type of enterprise or sector Institution Private
 • Function or position busy Member from the Commission Scientific
 • Main activities and responsibilities 5th Congress Ibero-American in Investigation Qualitative
- 12)** • Dates (of - until) April of 2015
 • Name and address of employer School Superior of Health of Leiria
 • Type of enterprise or sector Public Educational Institution - Scientific Conference "New Researchers in Health & New Health Researchers Joint Meeting 2015's event
 • Function or position busy Member from the Commission Scientific
 • Main activities and responsibilities Analysis of abstracts submitted to communications and/or posters and moderator.

3.3. Member of Committees Organizers

- 13)** • Dates (of - until) 1 of June of 2023
 • Name and address of employer I P Castle White - School Superior of Education
 • Type of enterprise or sector Institution Public
 • Function or position busy Member from the Commission organizer
 • Main activities and responsibilities 2nd Seminar from the ADR of Retaxo
- 14)** • Dates (of - until) 2016/2017
 • Name and address of employer University Portuguese-speaking of Harbor
 • Type of enterprise or sector Institution Private
 • Function or position busy Member from the Commission organizer
 • Main activities and responsibilities 6th Congress Ibero-American in Investigation Qualitative

responsibilities

- 15)** • Dates (of - until) 21 and 22 of May of 2021
 • Name and address of employer I P Castle White - School Superior of Education
 • Type of enterprise or sector Institution Public
 • Function or position busy Member from the Commission Organizer
 • Main activities and responsibilities IV International Seminar Investigation in Science of Sport and II Video Seminar.
- 16)** • Dates (of - until) 4 and 5 of May of 2020
 • Name and address of employer World Congress on Physical Medicine and Rehabilitation
 • Type of enterprise or sector Conference It was
 • Function or position busy Member from the Commission of Program
 • Main activities and responsibilities Organization of program of congress
- 17)** • Dates (of - until) 26 and 27 of May of 2017
 • Type of enterprise or sector Institution Public
 • Name and address of employer School Superior of Education of Castle White
 • Function or position busy Member from the Commission Organizer
 • Main activities and responsibilities 1st Seminar of Investigation in Sciences of Sport
- 18)** • Dates (of - until) Of July of 2015 the May of 2016.
 • Name and address of employer School Superior of Health of Leiria
 • Type of enterprise or sector 3rd Congress International of Health
 • Function or position busy Member from the Commission Organizer
 • Main activities and responsibilities Organize, to disclose and ensure the logistics of event.
- 18)** • Dates (of - until) 18 and 19 of May of 2018
 • Name and address of employer School Superior of Education of Castle White
 • Type of enterprise or sector 2nd Seminar International of Sciences of Sport
 • Function or position busy Member from the Commission Organizer
 • Main activities and responsibilities Organize, to disclose and ensure the logistics of event.

3.4. Training node scope of sport and well- being

- 19) • Date Since January of 2012
 • Name Ballot of Trainer of Sport of Degree II of Swimming Pure.
 • Local IPDJ - Lisbon

- 20)
 - Date Since January of 2012
 - Name Ballot of Trainer of Sport of Degree II of Volleyball
 - Local IPDJ - Lisbon

- 21)
 - Date Since January of 2012
 - Name Ballot of Trainer of Sport of Degree I of Basketball
 - Local IPDJ - Lisbon

- 22)
 - Date Since January of 2012
 - Name Ballot of Trainer of Sport of Degree I of Hockey in Roller skates
 - Local IPDJ - Lisbon

- 23)
 - Date Since January of 2012
 - Name Ballot TEF (Technical of Exercise Physical)
 - Local IPDJ - Lisbon

- 24)
 - Date May 2009
 - Name Course of Support Basic of Life and Defibrillation Automatic External
 - Local Institute Polytechnic of Leiria, School Superior of Health of Leiria (duration) out of 20 hours)

- 25)
 - Date March of 2008
 - Name Course of Monitor of Hydrobike of level 1
 - Local Municipal Swimming Pools in Benedita (Certified by the AEA) American Exercise Association

- 26)
 - Date January of 2005
 - Name Bearer of Certificate of Fitness Pedagogical to Training Trainers (CAP)
 - Local Alcobaça

- 27)
 - Date May of 2003
 - Name Basic Course First - First Aid (Support Basic of Life) in the Captaincy of Nazaré;
 - Local Nazareth

- 28)
 - Date May of 2003
 - Name Course of Swimmer Savior in Captaincy from the Nazareth
 - Local Nazareth

- 29)
 - Date Year school year 2000/2001
 - Name Teacher Trainee in School Basic of 2nd and 3rd Cycles of Tarouca
 - Local Teaching Physical Education to 6th, 7th, and 8th grade students.

- 30)
 - Date 10 the 14 of 1998
 - Name Course of Monitor Sports Radicals performing functions of "Adventure Sports and Tourism" but with the following modalities: Canoeing, Slide, Rappelling, Zip line, Shot with Arch, MTB, Climbing, Technique of Ropes, Canyoning, Paintball, Quad Biking, Trampoline and Sailing in Optimist and Vaurien boats;
 - Local Lamego - Enterprise Naturimont

3.a) The exercise of managerial positions and in governing bodies. management and participation in bodies or structures.

1. **2023/2024** - Member of the Pedagogical Council of the Higher School of Education of Castelo Branco; Coordinator of the cTesp course in Sports at the Higher School of Education of Castelo Branco. White; Member from the Commission of Schedules; Member of the Self-Assessment Committee from A3ES regarding the undergraduate degree accreditation process. in Sport and Activity Physical (Institute Polytechnic of Castle White);
2. **2022/2023** - Member of the Pedagogical Council of the Higher School of Education of Castelo Branco; Coordinator of the cTesp course in Sports at the Higher School of Education of Castelo Branco. White; Member from the Commission of Schedules
3. **2021/2022** - Member of Jury of Serialization of the candidates the bag of recruitment from the area Sports and Wellness; Member of the Pedagogical Council of Higher School of Education of Castelo Branco; Coordinator of the cTesp course in Sports at the Higher School of Education of Castelo Branco
4. **2020/2021** - Member of Jury of Serialization of the candidates the bag of recruitment from the area Sports and Wellness; Member of the Pedagogical Council of Higher School of Education of Castelo Branco; Coordinator of the cTesp course in Sports at the Higher School of Education of Castelo Branco
5. **2019/2020** - Coordinator of the cTesp course in Sports at the Higher School of Education of Castelo Branco; Coordinator of the cTesp course in Sports at the Higher School of Education of Castelo Branco
6. **2019/2020** - Member of the Pedagogical Council of the Higher School of Education of Castelo Branco
7. **2019/2020** - Member of Jury of Serialization of the candidates the bag of recruitment from the area of Sport and Well-being
8. **2018/2019** - Rapporteur in Assessment of Performance Teacher
9. **2018/2019** - Member from the Commission of Self-assessment of cycle of studies of Master's degree in Physical Activity
10. **2018/2019** - Coordinator of the cTesp course in Sports at the Higher School of Education of White Castle
11. **2018/2019** - Member of the Pedagogical Council from the Higher School of Education of Castelo Branco
12. **2018/2019** - Member of the Timetable Committee from the Higher School of Education of Castelo Branco

13. **2018/2019** - Representative of ESECB and Jury member on the Candidate Selection Committee for cTesp courses.
14. **2018/2019** - Member from the Unit Technical-scientific of Sciences, Sport and Arts from ESE/PCB.
15. **2018/2019** - Member from the area scientific of Sport and Well-being from the School Superior Castelo Branco Education Department
16. **2018/2019** - President of the Jury for the ranking of candidates for the cTesp course in Sports, at the School Superior of Education of Castle White.
17. **2017/2018** - Member from the Table of Vote to Election of the Members of Advice of Representatives
18. **2017/2018** - Coordinator of the cTesp course in Sports at the Higher School of Education of White Castle
19. **2017/2018** – Member of the Electoral Commission for the Election of Student Representatives to the Pedagogical Council (Member).
20. **2017/2018** - Member of Advice Technical-Scientific from the Unit of Investigation SHERU (*Sport, Health and Exercise Research Unit*) (until the present date);
21. **2017/2018** - Full Member of the SHERU Research Unit (*Sport, Health and Exercise Research Unit*), (up to the present date);
22. **2017/2018** - Member of the Technical-Scientific Unit of Sciences, Sports and Arts at the Higher School of Education of Castle White (until the present date);
23. **2017/2018** - Member from the area scientific of Sport and Well-being from the School Superior Castelo Branco Education Department
24. **2016/2017** - Member of the Technical-Scientific Unit of Sciences, Sports and Arts Department of the Higher School of Education of Castelo Branco.
25. **2016/2017** - Member from the area scientific of Sport and Well-being from the School Superior Department of Education of Castelo Branco.
26. **2016/2017** - Member of Advice Technical-Scientific from the Unit of Investigation RECI (*Research on Education and Community Intervention*) from the Institute Piaget (Almada);
27. **2016/2017** - Member Effective Integrated from the Unit of Investigation RECI (*Research*) on Education and Community Intervention) from the Piaget Institute (Almada);
28. **2016/2017** - Member Contributor from the Unit of Investigation UIS (*Unit of Investigation in Health*) from the School Superior of Health of Institute Polytechnic of Leiria;
29. **2015/2016** - Member of the Technical-Scientific Unit of Sciences, Sports and Arts from the Higher School of Education of Castelo Branco;

30. **2015/2016** - Member of the scientific area of Sport and Well-being at the Higher School of Education of Castelo Branco.
31. **2015/2016** - Member of Advice Technical-Scientific from the Unit of Investigation RECI (*Research on Education and Community Intervention*) from the Institute Piaget (Almada);
32. **2015/2016** Member Effective Integrated from the Unit of Investigation RECI (*Research on Education and Community Intervention*) from the Piaget Institute (Almada);
33. **2015/2016** - Member Contributor from the Unit of Investigation UIS (*Unit of Investigation in Health*) from the School Superior of Health of Institute Polytechnic of Leiria;
34. **2014/2015** - Coordinator of the Bachelor's Degree course in Physical Education, Sport and Leisure at School Superior Education of Torres Novas;
35. **2014/2015** - Coordinator from the Mobility of students node Program ERASMUS Higher School of Education of Torres Novas;
36. **2014/2015** - Member of the selection panel for candidates for the Bachelor's Degree in Physical Education, Sport and Leisure, at the Higher School of Education of Torres Novas.
37. **2013/2014** – Coordinator of Internships of course of Bachelor's degree in Education Physical, Sports and Leisure School Superior of Education of Towers New;
38. **2013/2014** - Member of the selection panel for candidates for the Bachelor's Degree in Physical Education, Sport and Leisure, at the Higher School of Education of Torres Novas.
39. **2013/2014** - Coordinator of the Bachelor's Degree course in Physical Education, Sport and Leisure at the Higher School of Education of Torres Novas;
40. **2013/2014** - Coordinator of Student Mobility in the ERASMUS Program at the Higher School of Education of Torres Novas;
41. **2012/2103** – Coordinator of Internships of course of Bachelor's degree in Education Physical, Sports and Leisure in School Superior of Education of Towers New;
42. **2012/2013** - Coordinator of Student Mobility in the ERASMUS Program at the Higher School of Education of Torres Novas;
43. **2011/2012** - Coordinator of Student Mobility in the ERASMUS Program at the Higher School of Education of Torres Novas;
44. **Since 2014** - Scientific Researcher Level 4 Accredited Performance Analyst (The International Society of Performance Analysis of Sport - England)
45. **2013/2014** - PEP (Person in Charge of the Process) for managing and submitting to A3S. - Application for Prior Accreditation of New Study Cycles (Bachelor's Degree in Sports at School) Superior of Education of Torres Novas)

46. **2014** - Responsible for the process of creation and record of one Course of Technological Specialization in Sports, Leisure and Well-being at the Higher School of Education of Torres Novas
47. **2013/2014** - Collaborating Member of the Research Unit *CIEQV (Research Center in Quality of Life)*
48. **2012/2013** - Member of the Pedagogical Council of the Higher School of Education of Torres Novas
49. **2012/2013** - Member of the selection panel for candidates for the Bachelor's Degree in Physical Education, Sport and Leisure, at the Higher School of Education of Torres Novas.

3.b) THE participation in projects or activities of character practical or of disclosure scientific, framed within the scientific field

1. **2023** - Professional Training Course in Basic Life Support with Automated Defibrillator External
2. **2020** - Application for the E-Life Horizon 2020 project, Call: H2020-SC1-DTH-2018-2020 (Digital transformation in Health and Care) Topic: SC1-HCC-08-2020; Type of action: CSA Proposal number: SEP-210676385; Proposal acronym: ELF
3. **2019** - Application for a project funded by FCT - Transnational Program with Germany: Motivation and Travel Behavior of Active Sport Tourists doing Different Nature Sports which involves the Polytechnic Institute of Castelo Branco and the Technische Universität Chemnitz. (not approved)
4. **2018** - Application for a project funded by FCT - Transnational Program with Slovakia: Social Loafing in Sports Scale - Translation and validation to Portuguese and Slovak languages. (not approved)
5. **2018** - Application the Project funded FCT - Program Transnational with Hungary: The Impact Environmental of Activities Sports. (no approved)
6. **2018** - Application the Project funded FCT - Program Transnational with Poland: History of Body Activities in the European Context of Sports Sciences (no approved)

3.b.1) Participations in congresses

1. **2023** - Participated node Congress International of Activity Physical in Castle White, Portugal us days 28 the 30 of September of 2023;
2. **2023** - Participated in the Redespp Forum at the Higher School of Education of Viseu on October 30th and 31st.

3. **2021** - Participated in the World Coaches Congress, held from the 17th to the 21st of [year missing]. November, in class Magna of Lisbon;
4. **2018** - Participation in the Journeys "Potential Technical and Scientific of IPCB
5. **2018** - Participation node II Seminar International of Education in Sciences. IP Castle White.
6. **2016** - Participation in XVI Congress of Sports Science and Education Physics of Countries Portuguese language . Porto.
7. **2016** - Participation node 3rd Congress International in Health, Leiria.
8. **2015** - Participation node 5th Congress from the Society Scientific of Pedagogy of Sport, Lisbon.
9. **2015** - Participation node I International Congress of Physical Activity, ESE/IPCB, Idanha-a- Nova.
10. **2013** – Participation node 1st Congress from the Unit of Investigation of IPSantarém. Santarém.
11. **2013** – Participation node 1st Congress of Sport, Education and Health. Faculty of Sciences Health. University from Beira Interior, Covilhã.
12. **2013** – Participation node III Congress from the Society Scientific of Pedagogy of Sport, Thorn.
13. **2008** - Participation from the 15th Convention International of Fitness, They are John From the Wood

3.c) Organization of activities academics and others events

1. Organizer from the Conference "Lines" of work y investigation: Collaboration Madrid-Castle White", carried out by Prof. Dr. Daniel Bores García (URJC), what It took place on the day November 10, 2021.
2. Organizer of the Conference "ACAFYDE Group, lines of work and investigation: Collaboration Extremadura-Castelo Branco", held by Prof. Dr. Miguel López (UNEX), which took place on November 10 , 2021.
3. 2021: Organization of Seminar of Sport Benfica and Castle White co-organized in partnership with The Sports and Well-being Area of ESECB is entitled: "Sports Training: Paths and Perspectives", what it happened in format online, node day 29 of May of 2021 with the duration of 5 hours.
4. 2018 - Member organizer of Seminar "Exchange between Braunschweig (Germany), IP. Castle White (Portugal) and Palencia (Spain) - Retrospective. IP. Castle White
5. 2017 - Member Organizer of Championship National University student - FADU of Judo.
6. 2017 - Member Organizer of Championship National University student - FADU of Soccer
7. 13 of December of 2017 - Organizer of Workshop "Dance to All" node IP Castle White node day;
8. 7 and 8 of December of 2017 - Organizer from the Conference Coaching Sports - Work Mental of Individual and of Group" node IP Castle White.
9. 29 and 30 of November of 2017 - Organizer from the action of training "Support Basic of Life - Health and First Aid node IP Castle White.
10. 6 of December of 2017: Organizer from the "1st Conference of High Performance - THE Training and Rehabilitation" node IP Castle White.
11. Organizer of Event ESEFit 2017 node IP Castle White node day 4 of December of 2017.

12. Organizer from the action of training "Nutrition and Supplementation node Sport" node IP Castle White node day 15 of November of 2017.
13. 21 of November of 2017. Organizer of Seminar "THE Aging Active" node IP Castle White
14. 2017 - Participation node III Seminar of Sport, IP Castle White.
15. Organizer from the Conference Futsal Masculine and Feminine" node IP Castle White
16. 8 of November of 2017 - Visit of study to the Center Sports of Jamor, City of Soccer and National Sports Museum. IP of Castelo Branco;
17. 18 of March of 2017 - Organizer of Clinic ANTB in Road, IP Castle White;
18. 29 of March of 2017 Organizer from the Conference Variables Motivational to the Practice from the activity physical and styles and life healthy. IP Castle White;
19. 22 of March of 2017 - Member Organizer of Workshop "Exercise Physical node Pre and "Postpartum". IP Castle White;
20. 28 of November of 2016 - Organizer from the Conference I Journeys of Tribal "In solidarity" node IP Castle White
21. 6 of January of 2016 - Organizer from the Conference Models of Game in Training of Soccer" node IP Castle White
22. 06 of December of 2016 - Organizer from the Conference " THE Importance of the Reflexes "Primitives" node IP Castle White
23. 20 of January 2016 Participation in "IV Conference of IPCB Free Access to Scientific Knowledge
24. 02 of December of 2015 - Organizer from the Conference "Tips of Fitness" node IP Castle White.
25. 12 of December of 2015 - Organizer from the Conference Techniques of Scouting - Assessment of Performance" node IP Castle White.
26. 12 of December of 2015 - Member Organizer from the Workshop Techniques of Scouting and Sports performance. IP Castelo Branco;
27. 06 of January of 2017 - Member Organizer of Workshop "Sport and well-being". IP Castle White;
28. 11 of June of 2016 - Member Organizer of Workshop "Training of Tennis in chair of wheels". IP Castle White;
29. 11 of January of 2017 - Member Organizer of Workshop Methodologies of Training in Futsal. IP Castle White;
30. 14 of December of 2016 - Member Organizer from the Conference "Activities Aquatic to all". IP Castle White;
31. 17 of October from 2015: Participation no "I Seminar THE Training of Talents, the "Social and Educational Development ".
32. 2015 - Organizer from the Lecture "Nutrition in Sport of High Competition". School Superior of Health of Leiria
33. 2014 - Organizer of Seminar "Prevention of Injuries node Sport". School Superior of Health of Leiria.

34. 2012 - Member organizer of 1st Cycle of "Prevention" Conferences of Injuries node Sport Higher School of Education of Torres Novas;
35. 2012 - Organizing member of the 1st Conference Cycle "Importance of Nutrition in Football Players" Higher School of Education of Torres Novas.
36. 2012 - Organizer of Tournament 3x3 of Volleyball, School Superior of Education of Towers New;
37. 2012 - Member organizer of 1st Cycle of Conferences "Psychology and Leadership in the National Teams "Feminine" School Superior of Education of Towers New;
38. 2012 - Member organizer of 1st Cycle of Conferences "Societies" Anonymous Sports Higher School of Education of Torres Novas;
39. 2009 - Participation node 1st Seminar Aquatic of Swimming pools Municipals in Benedita
40. 2006 - Member organizer of Movement to fundraising of funds to the League World from the Fight Against Cancer. Swimming pools. Municipalities in Benedita
41. 38. 2004 - Participation node 1st Seminar International of Swimming in Loulé.
42. 2005 the 2009 - Member organizer of 1st; 2nd, 3rd and 4th Meeting from the "Benedita" "In Motion" where The following activities were developed: 5-a-side football, 5-a-side rugby, gymnastic circuit, aerobics, sack race, Game from the String, Rappel and Slide, Circuit Pedestrian and MTB; Measurement from the voltage arterial and levels Blood glucose, cholesterol, and triglyceride testing; Swimming; Water aerobics; Hydrobike; Spinning (Outdoor Cycling) and PowerJump. Activities aimed at raising community awareness of healthy lifestyle practices and habits . Municipal Swimming Pools in Benedita, Benedita Parish Council and Benedita Cooperative School.
43. 2001 - Member organizer of Symposium "THE Activity Physical and Health Community-based. School Superior of Education of Viseu, Pole of Lamego.
44. 2001 - Organizing member of the Christmas Swimming Festival. Ginásio Clube de Vila Real de Trás-os-Montes.
45. 2001 - Organizing Member Training Actions for: Sailing of Recreation;
Sports Radicals;
THE Badminton in School;
Canoeing in Calm Waters;
Basketball - Beginners;
Swimming at school,
Tennis in a school setting;
Laser sailing;
Pole Aquatic;
Badminton and its main techniques; Weight training;
Swimming: Teaching Techniques; Basketball 3x3;

The Problem of Risky Behaviors For young people; Canoeing - How to start;
THE Tennis - from the learning the competition;
THE Party from the Child "THE School Without Borders;
Styles of Life Active;
Action of Dynamization from the Life School "THE Day "Sporty";
Skating Pedagogy; Weight
Training node Gymnasium;
Horse riding;
Sport and Injuries;
Symposium "THE Teacher node To turn of Millennium;
Pole Aquatic node 1st
Cycle;
Water aerobics;
Rafting;
Candle;
Canoeing;
THE Teaching of Tennis in children of 1st Cycle;
"Aquasenior" in Convention International of Fitness of They are John from the Wood

3.d) Organization of visits of study

1. **2017** - Organization of visit of study to the Palace of Ice in Viseu
2. **2017** - Organization of visit of study to the Museum of Sport
3. **2017** - Organization of visit of study the City of Soccer
4. **2017** - Organization of visit of study to the Complex Sports of Jamor
5. **2017** - Organization of visit of study to the Complex Sports of Velodrome National of Sangalhos
6. **2015** - Organization of visit of study to the hot springs natural of Thalasso Nazareth Portugal.
7. **2012** - Organization of visit of study to the Hockey Club of Turquel
8. **2012** - Organization of visit of study to the Velodrome National of Sangalhos
9. **2011** - Organization visiting study to the facilities of the Sports Complex of High Performance from Jamor.

3.e) Participation in missions/mobility International

1. **2024 – Mobility Erasmus.** Guest for the University of Pavia - Milan, where participated in teaching in sessions of work and communications in faculty;
1. **2024 – Mobility Erasmus.** Guest for the Lunex University, node Luxembourg, where participated in teaching in sessions of work and communications in faculty;

2. **2024 – Mobility Erasmus.** Guest for the Rey University Juan Carlos, in Madrid - Spain, where participated in teaching in sessions of work and communications in college;
3. **2023 – Erasmus Mobility.** Invited by Charles University - Prague, where he participated in teaching. in sessions of work and communications in faculty;
2. **2020 – Erasmus Mobility.** Invited by Charles University - Prague, where he participated in teaching during work sessions and communications at the college (cancelled) for the reason for the pandemic COVID-19);
3. **2019 – Mobility Erasmus.** Guest for the University of Physical Education of Budapest - Hungary, where participated in teaching during sessions of work and communications In college. Participation in a project. of investigation.
4. **2018 – Mobility Erasmus.** Guest for the University of Pavia - Milan, where participated in teaching in work sessions and Communications at the university. Participation in a research project.
5. **2017 – Erasmus Mobility.** Invited by the Autonomous University of Barcelona, Spain, where he participated in teaching in working sessions and presentations at the faculty. Participation in project investigation.

3.f) Responsible put others structures

1. **2019/2020** - Responsible of Facilities Sports
2. **2019/2020** - Member from the Commission of disclosure of the courses from the School Superior of Education of IPCB
3. **2018-2019** - Responsible of Facilities Sports
4. **2018/2019** - Member from the Commission of disclosure of the courses from the School Superior of Education of IPCB.
5. **2018-2019** - Responsible of Facilities Sports
6. **2017/2018** - Member from the Commission of disclosure of the courses from the School Superior of Education of IPCB
7. **2017/2018** - Member from the Commission of disclosure of the courses from the School Superior of Education of IPCB.
8. **2016/2017** - Member from the Commission of disclosure of the courses from the School Superior of Education of IPCB.
9. **2015/2016** - Member from the Commission of disclosure of the courses from the School Superior of Education of IPCB
10. **2014/2015** - President from the Commission of Ethics from the School Superior of Education of Towers New
11. **2013/2014 Founder** and President of the Ethics Committee of the Higher School Torres Novas Education Department
12. **2014/2015** - Member Responsible for the Laboratory in Sport in School Superior of Education of Torres New.
13. **2012/2013** - Responsible for scientific research sections at CIFOC (Research Center) and Training Continuous from the School Superior of Education of Towers New).

3.g) Others activities / Establishment of Protocols

Curriculum Vitae

Responsible for the contact and put to establish several protocols between the School Superior of Education of Castle White and several institutions, in within the scope of Bachelor's and Master's degree courses.

1. Chamber Municipal of Village Old of Rodão
2. Chamber Municipal of Village of King
3. Chamber Municipal of Proença-a- Nova
4. Club Good Hope
5. Center Social Priests Redemptorists
6. Agreement Bilateral of Erasmus with the University of Bucharest, Romania
7. Agreement Bilateral of Erasmus with the University of Craiova, Romania
8. Agreement Bilateral of Erasmus with the University of Reef, Brazil
9. Agreement Bilateral of Erasmus with the University of Konstanz, Germany
10. Agreement Bilateral of Erasmus with the University of Warsaw, Poland
11. Agreement Bilateral of Erasmus with the University of Budapest, Hungary
12. Agreement Bilateral of Erasmus with the University of Pavia, Italy
13. Agreement Bilateral of Erasmus with the Charles University, Republic Czech Republic.
14. Agreement Bilateral of Erasmus with the University of Thessaly - Greece.

3.h) Activities of Extension

1. **2022/2023** – Tutor of students of Course of Bachelor's degree in Sport and Activity Physical . Each lecturer in the Sports and Wellness scientific area at ESE/IPCB is responsible for tutoring/mentoring/guiding a group of students (outside the scope of the curricular units). In this year of 2019/2020 I went responsible for the tutoring of 6 students
Responsible for the internship of 3 students of course of ctesp of Sport.
2. **2021/2022** – Tutor of students of Course of Bachelor's degree in Sport and Activity Physical . Each lecturer in the Sports and Wellness scientific area at ESE/IPCB is responsible for tutoring/mentoring/guiding a group of students (outside the scope of the curricular units). This year of 2019/2020 I was responsible for tutoring 6 students.
3. **2020/2021** – Tutor of students of Course of Bachelor's degree in Sport and Activity Physical . Each lecturer in the Sports and Wellness scientific area at ESE/IPCB is responsible for tutoring/mentoring/guiding a group of students (outside the scope of the curricular units). This year of 2019/2020 I was responsible for tutoring 5 students.
4. **2019/2020** – Tutor of students of Course of Bachelor's degree in Sport and Activity Physical . Each lecturer in the Sports and Wellness scientific area at ESE/IPCB is responsible for tutoring/mentoring/guiding a group of students (outside the scope of the curricular units). This year of 2019/2020 I was responsible for tutoring 6 students.
5. **2017/2018** - Tutor for students in the Bachelor's Degree in Sport and Physical Activity . Each lecturer in the scientific area of Sport and Well-being at ESE/IPCB is responsible for tutoring/monitoring/guiding a group of students (outside the scope of the Curricular Units). In this year of 2017/2018 I went responsible for the tutoring of 14 students.

6. **2016/2017** – Tutor of students of Course of Bachelor's degree in Sport and Activity Physical . Each lecturer in the Sports and Wellness scientific area at ESE/IPCB is responsible for tutoring/mentoring/guiding a group of students (outside the scope of the curricular units). In this year of 2016/2017 I went responsible for the tutoring of 11 students .
7. **2016/2017** – Tutor of students of Course of cTesp in Sports . Each teacher from the area scientific The Department of Sports and Well-being at ESE/IPCB is responsible for tutoring/mentoring/guiding a group of students (outside the scope of the curricular units). In the 2016/2017 academic year, I was responsible for tutoring 5 students .
8. **2015/2016** – Tutor of students from the Course of Sport and Physical Activity . Each A lecturer in the scientific area of Sport and Well-being at ESE/IPCB is responsible for tutoring/mentoring/guiding a group of students (outside the scope of the curricular units). This year of 2015/2016 I was responsible for tutoring The following 8 students.

3.i) Skills and Skills (Acquired throughout life or of the career, but not necessarily covered by certificates and diplomas (formal.)

SKILLS AND SKILLS ARTISTIC

- Athlete of Club of Swimming of River Bigger in Hockey in Roller skates in the eras of 2001/02 and 2002/03
- Ability to facilitate interactive group dynamics; Interest for dog breeding; He practices swimming, tennis, and cycling as hobbies.
- Former athlete Federated in swimming node Club of Swimming of Alcobaça;
- Former athlete Federated in Tennis node Club of Tennis of Alcobaça;
- Former athlete Federated in Triathlon node Club of Swimming of River Bigger;
- Federated in Hockey in Roller skates since 1987 the 2005;
- Athlete of Hockey Club of Turquel of 1987 the 1996;
- Hepta Champion District For the HCT;
- 2 Times player from the Selection District of Leiria with participation in tournaments inter- regional;
- Athlete from the BIR (Club of Hockey in Roller skates of Valado of the Friars) in the eras of 1996/97 and 1997/98;
- Athlete of Hockey Club of Caldas in the eras of 1998/99 and 2000/2001;

SKILLS AND COMPETENCIES PERSONAL

- 1st Language: Portuguese
- Others languages:
 1. English (Understanding Oral: Very Good; Expression writing and oral: Very Good)
 2. Spanish (Understanding Oral: Elementary; Expression writing and oral: Elementary)

SKILLS AND SKILLS TECHNIQUES

- Adopt event organizer functions, which search direct experience of personal events and from third parties, namely students and work colleagues; Shows a particular liking for scientific research and seeks constantly populations target to several studies.

what it is to him request and a huge dynamism in what intends to do. Defends partnerships and contacts between institutions, something what he has promoted always what possible, in prol of the recipients. Search to encourage always the best way to implement of strategies and protocols intervention.

- Interaction with third parties in contexts formal or informal, revealing capacity of dialogue and discussion of ideas. Debate and defend your points of view in a healthy way, adapting to new contexts. whether they are of a personal, school or professional nature, responding in a way satisfactory or good to the demands that you they are placed.

- Former Vice-President of APET (Association of Parents and Guardians (of Turquel), from the EB 1 School of Turquel, belonging to the Grouping of Schools from the Benedita;

Letter of Driving: Categories THE and B, since 1998.

Benedita, 6 of february of 2026