



UNIVERSITY OF PALERMO  
SCHOOL OF MEDICINE  
*School of Nursing*  
*Coordinator Anna Licata*  
*Curriculum Director Rosario Lombardo*

**CLINICAL INTERNSHIP GOALS**  
**FIRST YEAR STUDENTS**

- Hand washing with soap and water.
- Hand washing with alcohol-based solutions.
- Measuring the arterial pulse.
- Auscultation of respiratory system
- Measurement of arterial blood pressure
- Mouth hygiene, Face hygiene
- Hand hygiene, Hair hygiene
- Foot hygiene
- Female perineal hygiene
- Male perineal hygiene
- Bed bath
- Changing of clothes (upper body)
- Changing of clothes (lower body)
- Collecting a sputum sample
- Midstream urine sample collection (women)
- Midstream urine sample collection (men)
- Urine sample collection from permanent urinary catheter
- Stool culture and parasite search
- Nasogastric tube insertion
- Permanent bladder catheterization (men)
- Permanent bladder catheterization (women)
- Temporary bladder catheterization (women)
- Perineal hygiene in men with permanent urinary catheter
- Application of external condom urinary catheter (urocondom)
- Microenema (small-volume enema with solution)
- Evacuation enema
- Positioning of a hemiplegic person in bed
- Positioning of a quadriplegic person in bed; transfer of a paraplegic person (lower extremities) from bed to wheelchair

*Curriculum Director*  
**Dott. Rosario Lombardo**