

DATI ANAGRAFICI

Elena Anna Maria Vegni

POSIZIONI RICOPERTE

Titolare di un assegno di ricerca (dal 1/12/1999 al 30/11/2001; dal 1/12/2001 al 19/12/2002) presso la Cattedra di Psicologia Medica, H San Paolo - Polo Universitario, Facoltà di Medicina e Chirurgia, Università degli Studi di Milano.

Nel 20/12/2002 Ricercatore Universitario nel settore scientifico-disciplinare M-PSI/08, Facoltà di Medicina e Chirurgia, Università degli Studi di Milano.

Dal dicembre 2005 Ricercatore Confermato nel settore scientifico-disciplinare M-PSI/08, Facoltà di Medicina e Chirurgia, Università degli Studi di Milano.

Nel luglio 2010 vincitore nella procedura comparativa per Professore Associato SSD M-PSI/08 bandita dall'Università degli Studi di Milano.

Dal 1° novembre 2010 Professore Associato, SSD M-PSI/08, presso la Facoltà di Medicina poi Dipartimento di Scienze della Salute, Università degli Studi di Milano.

Dal settembre 2014, Professore Associato Confermato SSD M-PSI/08, presso il Dipartimento di Scienze della Salute dell'Università degli Studi di Milano.

Dal 1° dicembre 2020, Professore Ordinario di Psicologia Clinica SSD M-PSI/08, Dipartimento di Scienze della Salute, Università degli Studi di Milano.

ATTIVITA' SCIENTIFICA

ARTICOLI IN EXTENSO su riviste impattate ultimi 5 anni

1. Strada I, **Vegni** E, Lamiani G. Talking with patients about sex. Results of an interprofessional group experience for clinicians. *Internal and Emergency Medicine* 2016 Sep;11(6):859-66. doi: 10.1007/s11739-016-1468-9. Epub 2016 May 24.
2. Galli F, Caputi M, Sances G, **Vegni** E, Bottiroli S, Nappi G, Tassorelli C. Alexithymia in chronic and episodic migraine: a comparative study. *J Ment Health*. 2016, 26(3):192-196.
3. Lamiani G, Bigi A, Mancuso ME, Coppola A, **Vegni** E. Applying a deliberation model to the analysis of consultations in haemophilia: implications for doctor-patient communication. *Patient Education and Counseling*, 2017; 100(4):690-695. doi: 10.1016/j.pec.2016.
4. Bottiroli S, Viana M, Sances G, Ghiotto N, Guaschino E, Galli F, **Vegni** E, Pazzi S, Nappi G, Tassorelli C. Psychological factors associated with failure of detoxification treatment in chronic headache associated with medication overuse. *Cephalalgia*, 2016; 36: 1356-1365.
5. Andrichi E, Galli F, Massetto N, Strada I, Magno S, Dodi A, **Vegni** E. Psychological Treatment for Headache: A Pilot Study on the Efficacy of Joint. *Journal of Neurology and Neurophysiology*, 2016, 7:3, sip, doi.org/10.4172/2155-9562.1000379.
6. Leone D, Borghi L, Lamiani G, Barlascini L, Bini T, D'Arminio Monforte A, **Vegni** E. Illness representations of HIV positive patients are associated with virologic success. *Frontiers in Psychology* 2016; 7(e11068). *Frontiers in Psychology*, 2016;7:1991. doi: 10.3389/fpsyg.2016.01991. eCollection 2016.
7. Galli F, Lodi G, Sardella A, **Vegni** E. Role of psychological factors in burning mouth syndrome: A systematic review and meta-analysis. *Cephalalgia*, 2017; 37(3):265-277. pii: 0333102416646769.
8. **Vegni** E, Borghi L. Patient-centered medicine in palliative cancer care: the impossible choice between physician's responsibility and patient's preferences. *Tumori*, 2017;103(2):e21. doi: 10.5301/tj.5000604.

9. Lamiani G, Setti I, Barlascini L, **Vegni** E, Argentero P. Measuring moral distress among critical care clinicians: validation and psychometric properties of the Italian Moral Distress Scale-Revised. *Critical Care Medicine*, 2017;45(3):430-437. doi: 10.1097/CCM.0000000000002187.
10. Barlascini L, **Vegni** E, Verga M, Pellegrino G, Di Marco F, Centanni S. Middle-earth between smokers and non-smokers: an opportunity to improve the success of smoking cessation interventions? *Minerva Medica*, 2017;108: 381-2 DOI: 10.23736/S0026-4806.17.04909-6.
11. Leone D, Menichetti J, Barusi L, Chelo E, Costa M, De Lauretis L, Ferraretti AP, Livi C, Luehwink A, Tomani G, **Vegni** E. Breaking bad news in assisted reproductive technology: a proposal for guidelines. *Reproductive Health*, 2017 14: 87-103, 2017. DOI 10.1186/s12978-017-0350-1.
12. Galli F, Vignoli A, Canevini MP, Cerioli G, **Vegni** E. SUDEP disclosure in pediatric epilepsy: an Italian survey on "to tell or not to tell". *Epilepsy & Behavior*, 2017; 67:33-38.
13. Borghi L, Leone D, **Vegni** E, Sulpizio P, Lepadatu C, Garzia E. Psychological distress, anger and quality of life in polycystic ovary syndrome: the role of biochemical, phenotypical and socio-demographic factors. *J Psychosom Obstet Gynaecol*, 2018;39(2):128-137. doi: 10.1080/0167482X.2017.1311319. Epub 2017 Apr 6.
14. Galli F, Borghi L, Carugo S, Cavicchioli M, Faioni E, Negroni, **Vegni** E. Atrial fibrillation and psychological distress: A systematic review. *PeerJ*, 2017; 5: e3537 doi: 10.7717/peerj.3537
15. **Vegni** EA, Gilardi D, Corrà BE, Menichetti J, Bonovas S, Leone DA., Allocca, M, Furfaro F, Danese S, Fiorino, G. (). Illness perception in IBD patients: a prospective study. *Gastroenterology*, 2017, 152(5), S800.
16. Graffigna G, Barello S, Riva G, Savarese M, Menichetti J, Castelnuovo G, Corbo M, Tzannis A, Aglione A, Bettega D, Bertoni A, Bigi S, Bruttomesso D, Carzaniga C, Del Campo L, Donato S, Gilardi S, Guglielmetti C, Gulizia M, Lastretti M, Mastrilli V, Mazzone A, Muttillo G, Ostuzzi S, Perseghin G, Piana N, Pitacco G, Polvani G, Pozzi M, Provenzi L, Quaglini G, Rossi M, Varese P, Visalli N, **Vegni** E, Ricciardi W, Bosio AC. Fertilizing a Patient Engagement Ecosystem to Innovate Healthcare: Toward the First Italian Consensus Conference on Patient Engagement. *Frontiers in Psychology*, 2017;8:812. doi: 10.3389/fpsyg.2017.0081. eCollection 2017
17. Menichetti J, Cipresso P, **Vegni** E, Graffigna G. Gestire il diabete di tipo 2 nell'anzianità. Un'analisi sistematica e sintesi tematica della letteratura. *Psicologia della salute*, 2017; 2: 97-120.
18. Graffigna G, **Vegni** E. Consumer Engagement in Health and Well-being: Theoretical and Empirical Perspectives in Patient Centered Medicine. *Frontiers in Psychology*, 2017; 8: 1811-3.
19. Menichetti J, Fiorino G, **Vegni** E. Personalizing psychological treatment along the IBD journey: From diagnosis to surgery. *Current Drug Targets*, 2018;19(7):722-728. doi: 10.2174/1389450118666170502142939.
20. Lamiani G, Ciconali M, Argentero P, **Vegni** E. Clinicians' moral distress and family satisfaction in the intensive care unit. *Journal of Health Psychology* first published online: June 19, 2018 <https://doi.org/10.1177/1359105318781935>.
21. Leone D, Borghi L, Del Negro S, Becattini C, Chelo E, Costa M, De Lauretis L, Ferraretti AP, Giuffrida G, Livi C, Luehwink A, Palermo R, Revelli A, Tomasi G, Tomei F, Filippini C, **Vegni** E. Doctor-couple communication during assisted reproductive technology visits. *Human Reproduction*. 2018 1;33(5):877-886. doi: 10.1093/humrep/dey069.
22. Borghi L, Salvatici E, Banderali G, Riva E, Giovannini M, **Vegni** E Psychological wellbeing in parents of children with phenylketonuria and association with treatment adherence. *Minerva Pediatrica*. 2019 Apr;71(2):181-195. doi: 10.23736/S0026-4946.17.04950-7. Epub 2017 May 4.
23. Galli F, Borghi L, Faioni E, Cavicchioli M, Ferrari Losi J, **Vegni** E. Failure on anticoagulant therapy and psychological distress: still far from a bridge. *Frontiers in Psychology*, 2018, 9: 1709-sip doi: 10.3389/fpsyg.2018.01709.
24. **Vegni** E, Gilardi D, Bonovas S, Corrà BE, Menichetti J, Leone D, Allocca M, Furfaro F, Danese S, Fiorino G. Illness Perception in Inflammatory Bowel Disease Patients is Different Between Patients With Active Disease or in Remission: A Prospective Cohort Study. *Journal of Crohn's and Colitis*, 2019; 13: 417-423. doi:10.1093/ecco-jcc/jyy183

25. Borghi L, Salvatici E, Riva E, Giovannini M, **Vegni** EA. Psychological and psychosocial implications for parenting a child with phenylketonuria: a systematic review. *Minerva Pediatrica*. 2019 Apr;71(2):181-195. doi: 10.23736/S0026-4946.17.04950-7
26. Galli F, Cavicchioli M, **Vegni** E, Panizzo V, Giovanelli A, Pontiroli A, Micheletto G. Ten years after bariatric surgery: bad quality of life promotes the need of psychological interventions. *Frontiers in Psychology*, 9: 2282-7, 2019 doi: 10.3389/fpsyg.2019.00329.
27. Leone D, Gilardi D, Corrà BE, Menichetti J, **Vegni** E, Correale M, Allocca M, Furfaro F, Bonovas S, Peyrin-Biroulet L, Danese S, Fiorino G. Psychological Characteristics of Inflammatory Bowel Disease Patients: A Comparison Between Active and Nonactive Patients. *Inflammatory and Bowel Disease*. 25:1399-1407, 2019 doi: 10.1093/ibd/izy400.
28. Leone D, Gilardi D, Corrà BE, Menichetti J, **Vegni** E, Correale M, Allocca M, Furfaro F, Bonovas S, Peyrin-Biroulet L, Danese S, Fiorino G. Psychological functioning of patients with inflammatory bowel disease. *Inflammatory and Bowel Disease*, (letter to the Editor) 2019; 25(9): e112. doi: 10.1093/ibd/izz082
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30. Borghi, L., Galimberti, S., Baratè, C., Bonifacio, M., Capochiani, E., Cuneo, A, **Vegni**, E. (2019). Chronic Myeloid Leukemia Patient's Voice About the Experience of Treatment-Free Remission Failure: Results From the Italian Sub-Study of ENESTPath Exploring the Emotional Experience of Patients During Different Phases of a Clinical Trial. *Frontiers in Psychology*, 10: 329, 2019 <https://doi.org/10.3389/fpsyg.2019.00329>.
31. Borghi L, Leone D, Poli S, Becattini C, Chelo E, Costa M, De Lauretis L, Ferraretti AP, Filippini C, Giuffrida G, Livi C, Luehwink A, Palermo R, Revelli A, Tomasi G, Tomei F, **Vegni** E. Patient-centered communication, patient satisfaction, and retention in care in assisted reproductive technology visits. *Journal of Assisted Reproduction and Genetics*, 2019; 36(6):1135-1142. doi: 10.1007/s10815-019-01466-1. Epub 2019 May 10
32. Borghi L, **Vegni** E, Tajé S, Salicorni A, Massa V. Embedding Public Engagement in Biomedical Research: a Pilot Experience in the Field of Rare Genetic Disorders. *Journal of Developmental and Physical Disabilities*, 2019. (article in press). doi.org/10.1007/s10882-019-09705-0
33. D'Amico F, Pouillon L, Argollo M, Hart A, Fiorino G, **Vegni** E, Radice S, Gilardi D, Fazio M, Leone S, Bonovas S, Magro F, Danese S, Peyrin-Biroulet L. Multidisciplinary management of the nocebo effect in biosimilar-treated IBD patients: Results of a workshop from the NOCE-BIO consensus group. *Digestive Liver Disease*, 2020;52(2):138-142. doi: 10.1016/j.dld.2019.11.004.
34. Lamiani G, Dordoni P, **Vegni** E, Barajon I. Caring for Critically Ill Patients: Clinicians' Empathy Promotes Job Satisfaction and Does Not Predict Moral Distress. *Front. Psychol. - Psychology for Clinical Settings*, 2020;10:2902. doi: 10.3389/fpsyg.2019.02902.
35. Lamiani G, Guerriero V, **Vegni** E. Opening Intensive Care Units to Family Members: A Contribution From the Attachment Theory. *Critical Care Nurse*, 2020;40(2):11-12. doi: 10.4037/ccn2020500.
36. Borghi L, **Vegni** E, Raisi S, Cardani E, de Stasio M, Leone D, Study group VeP. The psychological consultation in hospital setting: A model of intervention through the clinical practice. [La "visita e parere psicologico" in ambito ospedaliero: Un modello di intervento attraverso la pratica clinica]. *Psicologia della Salute*, 2020; 1: 52-65
37. Borghi L, Moreschi C, Toscano A, Comber P, **Vegni** E. The PKU & ME study: A qualitative exploration, through co-creative sessions, of attitudes and experience of the disease among adults with phenylketonuria in Italy. *Molecular Genetic & Metabolism Report*, 2020;23:100585. doi: 10.1016/j.ymgmr.2020.100585.
38. Cao di San Marco E, Menichetti J, **Vegni** E. COVID-19 Emergency in the Hospital: How the Clinical Psychology Unit Is Responding. *Psychological Trauma: Theory, Research, Practice, and Policy*, <http://dx.doi.org/10.1037/tra0000684>

39. Poli S, Cao di San Marco E, Andrichi E, **Vegni** E. COVID-19 older hospitalized patients: three clinical-psychological patterns. *Journal of Gerontology and Geriatrics*, in press.
40. Tomasoni D, Bai F, Castoldi R, Barbanotti D, Falcinella C, Mulè G, Mondatore D, Tavelli A, **Vegni** E, Marchetti G, d'Arminio Monforte A. Anxiety and depression symptoms after virological clearance of COVID-19: A cross-sectional study in Milan, Italy. *J Med Virol*. 2021 Feb;93(2):1175-1179
41. Franceschini C, Musetti A, Zenesini C, Palagini L, Scarpelli S, Quattropiani MC, Lenzo V, Freda MF, Lemmo D, **Vegni** E, Borghi L, Saita E, Cattivelli R, De Gennaro L, Plazzi G, Riemann D, Castelnuovo G. Poor Sleep Quality and Its Consequences on Mental Health During the COVID-19 Lockdown in Italy. *Front Psychol*. 2020 Nov 9;11
42. Mistraletti G, Gristina G, Mascarin S, ... **Vegni** E... Corcione A, Petrini F. How to communicate with families living in complete isolation. *BMJ Supportive & Palliative Care* 2020, 1-12
43. Lenzo V, Quattropiani M C, Musetti A, Zenesini C, Freda MF, Lemmo D, **Vegni** E, Borghi L, Plazzi G, Castelnuovo G, Cattivelli R, Saita E, Franceschini C. Resilience Contributes to Low Emotional Impact of the COVID-19 Outbreak Among the General Population in Italy. *Frontiers in Psychology* 11: 3062-3068, 2020 DOI=10.3389/fpsyg.2020.576485
44. Facchin F, Leone D, Tamanza G, Costa M, Sulpizio P, Canzi E, **Vegni** E. Working With Infertile Couples Seeking Assisted Reproduction: An Interpretative Phenomenological Study With Infertility Care Providers. *Frontiers in Psychology*, 11: 3635, 2020
45. Priori A, Baisi, A Banderali G, Biglioli F, Bulfamante G, Canevini MP, Cariati M, Carugo S, Cattaneo M, Cerri C, Chiumello D, Colosio C, Cozzolino M, D' Arminio Monforte A, Felisati F, Ferrari D, Gambini O, Gardinali M, Marconi AM, Olivari I, Orfeo NV, Opocher E, Pietrogrande L, Previtiera A, Rossetti L, **Vegni** E, Toschi V, Zuin M, Centanni S. The Many Faces of Covid-19 at a Glance: A University Hospital Multidisciplinary Account from Milan, Italy. *Frontiers in Public Health*, section Infectious Diseases – Surveillance, Prevention and Treatment, 8: 1-13, 2021.
46. White S J, Barello S, Cao di San Marco E, Colombo C, Eeckman E , Gilligan C, ... , **Vegni** E, Krystallidou D. Critical observations on and suggested ways forward for healthcare communication during COVID-19: pEACH position paper. *Patient Education and Counseling*, 2021.
47. Borghi L, Poli S, Furfaro F, Allocca M, **Vegni** E. Psychological challenges for Inflammatory Bowel Disease patients during COVID-19 pandemic. *Psychosomatic Medicine*, 2020.
48. Menichetti JP, Borghi L, Cao di San Marco E, Fossati I, **Vegni** E. Phone follow up to families of COVID-19 patients who died at the hospital: families' grief reactions and clinical psychologists' roles. *Int J Psychol*, 1-14, 2021
49. Borghi L, Menichetti Delor JP, **Vegni** E. The Early Bereavement Psychological Intervention working group. A Phone-Based Early Psychological Intervention for Supporting Bereaved Families in the Time of COVID-19. *Front. public health*, 9: 1-7, 2021
50. Scarpelli S, Alfonsi V, Mangiaruga A, Musetti A, Quattropiani MC, Lenzo V, Freda MF, Lemmo D, **Vegni** E, Borghi L, Saita E, Cattivelli R, Castelnuovo G, Plazzi G, De Gennaro L, Franceschini C. Pandemic nightmares: Effects on dream activity of the COVID-19 lockdown in Italy. *J Sleep Res*, 1-10, 2021
51. Musetti A, Franceschini C, Pingani L, Freda MF, Saita E, **Vegni** E, ... Schimmenti A. Maladaptive daydreaming in an adult Italian population during the COVID-19 lockdown. *Frontiers in Psychology* , 12:1-10, 2021.
52. Poli S, Borghi L, Martina DS, Daniela L, **Vegni** E. Laughs and jokes in Assisted Reproductive Technologies: quantitative and qualitative analysis of video-recorded doctor-couple visits. *Frontiers in Psychology*, 12: 1-9, 2021.
53. Borghi L, Rosti G, Maggi A, Breccia M, Di Bona E, Iurlo A, ... & **Vegni** E. Perspectives and Emotional Experiences of Patients With Chronic Myeloid Leukemia During ENESTPath Clinical Trial and Treatment-Free Remission: Rationale and Protocol of the Italian Substudy. *Frontiers in Oncology*, 11: 1-9, 2021.
54. Rossi MG, **Vegni** E, Menichetti J. Misunderstandings in ART Triadic Interactions: A Qualitative Comparison of First and Follow-Up Visits. *Frontiers in Psychology*, 12:1-14, 2021.

55. Borghi L, Menichetti J, **Vegni** E. Editorial: Patient-Centered Infertility Care: Current research and Future Perspectives on Psychosocial, Relational, and Communication Aspects. *Frontiers in Psychology*, in press.

ATTIVITÀ CLINICA

Dal 1° febbraio 2008 riconoscimento delle funzioni assistenziali in qualità di Dirigente Psicologo di I Livello presso il Servizio di Psicologia, Ospedale San Paolo – Polo Universitario, Milano.

Responsabile della U.S.D. di Psicologia Clinica, Dipartimento di Salute Mentale , AO San Paolo – Milano (dal 1° gennaio 2016 ASST Santi Paolo e Carlo, Milano).
dal 01-11-2014 al 31-03-2019

Direttore f.f. dell'Unità Operativa Complessa di Psicologia Clinica, Presidio San Carlo, ASST Santi Paolo e Carlo, Milano.
dal 01-02-2017 al 31-03-2019

Direttore Unità Operativa Complessa di Psicologia Clinica, ASST Santi Paolo e Carlo, Milano
dal 01-04-2019 a oggi

Autorizzo il trattamento dei miei dati personali ai sensi dell'art.13 GDPR 679/2016 – “Regolamento europeo sulla protezione dei dati personali”. Si dichiara inoltre, ai sensi del D.P.R. n.445/2000, che quanto indicato nel C.V. corrisponde al vero