

Curriculum Vitae di Laura Capranica

Contatti

Ufficio:

Stanza 132

Università degli Studi di Roma Foro Italico

P.za Laura de Bosis 15

00135 Roma, Italia

Tel. (ufficio): +39 0636733207

E-mail: laura.capranica@uniroma4.it

Laura Capranica è professore ordinario di Metodi e Didattiche delle Attività Sportive presso l'Università di Roma Foro Italico, è di Presidente della Laurea Magistrale in Scienza e Tecnica dello Sport, ed è stata coordinatore del programma di dottorato di ricerca "Esercizio sportivo ed ergonomia". È presidente della rete "European Student as Athlete" (EAS), membro della Giunta dei Presidenti dei Corsi di Laurea in Scienze Motorie e Sportive.

È stata insignita di una Fulbright Student Fellowship presso l'Indiana University (1986), una Fulbright Scholar Fellowship presso l'Indiana University e l'Università del Kansas (1992) e un Mobley International Distinguished Alumni Award presso la School of Public Health dell'Università dell'Indiana, Bloomington, USA (2011). Laura Capranica è stata fondatrice del Gruppo Europeo per la Ricerca sull'Attività Fisica degli Anziani (EGREPA) e suo Segretario dal 1992 al 1997; fondatore della Società italiana di movimento e scienze dello sport (SISMES, 2007) e membro del comitato esecutivo (2011-2014). È visiting professor in diverse università europee nell'ambito del programma Erasmus+, è redattore associato della rivista Journal of Strength and Conditioning Research e funge da revisore per diverse riviste internazionali.

La Prof.ssa Capranica è stata coordinatore dell' European Intensive Programme on Sport Performance (2009-2012) e dell' European Science Foundation "Exploratory Workshop on The Future of Research in Sport Participation in the Lifespan" (2011); Partner nazionale dell' European Programme "Women's International Leadership Development" (2010-2012), EUROMED Programs on Gender Equity in the Mediterranean Countries (2004-2007), e dell' European project "Facilitating higher education for athletes: WINNER education model" (2013-2016); partner dei Progetti di Ricerca di Interesse Nazionale (PRIN) "Sport practice in the EU as a new right of citizenship and as a sensor of cultural change" (2008-2010) and "Impact of Physical Activity on healthy aging: Multidisciplinary analysis of mechanisms and outcomes" (2012-2015); Work Package Leader per "Determinants of physical activity behaviour across the life course" of the European Project Determinants of Diet and Physical Activity-Knowledge Hub (DEDIPAC-KH, 2013- 2016); partner degli studi Europei "The minimum quality requirements for dual career services" (2016), "Sport qualifications acquired through sport organisations and (sport) educational institutes" (2016), "Research for Cult Committee - Qualifications/dual careers in sports" (2016), e partner delle ERASMUS+ Collaborative Partnership Media as a channel of Athletes' Dual Careers promotion and education (EdMedia, 2019-2021). Attualmente, per l'EAS è partner delle ERASMUS+ Collaborative Partnerships Education Model for Parents of ATHletes In Academics (EMPATIA, 2018-2020), Athletic migration: Dual career and qualification in sports (AMID, 2018-2020), More Than Gold (2019-2020), Sport Opens Schools (SOS, 2019-2021), and STARTING 11: The European Dual Career Toolkit (S11, 2019-2022).

La Prof.ssa Capranica è autrice di circa 130 articoli scientifici e ha tenuto più di 200 comunicazioni congressuali nazionali e internazionali sull'identificazione di determinanti (i.e., sociali, psicologici, biologici, organizzativi e tecnici) per la pratica sportiva e le prestazioni durante la vita; lo sviluppo delle conoscenze, degli strumenti e delle risorse necessari per comprendere gli effetti dello sport e dell'esercizio sulla salute umana; e il potenziamento dei collegamenti traslazionali bilaterali tra le valutazioni di laboratorio e sul campo delle prestazioni sportive.

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Laura Capranica

Selezione di pubblicazioni in riviste scientifiche con comitato di revisori
(Source Scopus: h-index 31)

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3. Tabacchi G, Faigenbaum A, Jemni M, Thomas E, Capranica L, Palma A, Breda J, Bianco A. Profiles of Physical Fitness Risk Behaviours in School Adolescents from the ASSO Project: A Latent Class Analysis. *INT J ENVIRON RES PUBLIC HEALTH*. 2018 Sep 5;15(9). pii: E1933. doi: 10.3390/ijerph15091933.
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