

CURRICULUM VITAE With Publications

Mauro Giovanni Carta

Personal information

Business address: Centro di Psichiatria di Consultazione e Psicosomatica

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Mother tongue: Italian Other language(s) French (written and spoken – advanced level), English (written and spoken –advanced level), Spanish (spoken – elementary level)

Present position

Full Professor - Chair of Quality of Care, University of Cagliari, Department of Medical Sciences and Public Health, since February 2015 (previously Associate Professor of Psychiatry 2005-2015).

Project Leader of the project of “European Instrument for Democracy and Human Rights (EIDHR): 2017” – European Union DG DEVCO, “Empowering Persons with Psychosocial Disabilities to Fight for their Rights: an implementation of the CRPD and QualityRights principles in Ghana, Lebanon, and Armenia” (in cooperation with UN, and WHO Geneva - with specific focus on needs of migrants in Lebanon).

Co-chairman. WHO-University of Cagliari agreement for implementing “QualityRhigts” WHO project in the Mediterranean area – 2015-2020

Chairman of the Project – Needs of care of Refugees and Asylum Seekers in the

Mediterranean area - In the following years he collaborated in this field with the main world

research groups and of interest in the field as : a) King’s College, London UK (Prof Dinesh Bughra) in a research / intervention in the Tuareg Refugee in Burkina Faso (see Carta et al. “Trauma and stressor related disorders in the tuareg refugees of a camp in Burkina Faso”.

Clin Pract Epidemiol Ment Health. 2013;9:189-95 and Carta et al. “A Follow-Up on Psychiatric Symptoms and Post-Traumatic Stress Disorders in Tuareg Refugees in Burkina Faso”. Front Psychiatry. 2018;9:127;

b) University of Emden, Emden, Germany (Prof Jutta Lindert); Harvard Program in Refugee Trauma, Harvard Medical School, Cambridge, MA, USA (Prof Richard Mollica) (see Lindert J, Carta MG, Schäfer I, Mollica RF. Refugees mental health-A public mental health challenge. Eur J Public Health. 2016 Jun;26(3):374-5; Carta et al. ; Human Rights of Asylum Seekers with Psychosocial Disabilities in Europe. Clin Pract Epidemiol Ment Health. 2016 Sep 30;12:64-66;

c) Johns Hopkins School of Public Health, Baltimore, MD, USA (Prof Judith Bass) (see Carta et al War traumas in the Mediterranean area. Int J Soc.Psychiatry. 2015 Feb;61(1):33-8).

Prof Carta presented on this topic at congresses of international bodies such as WPA Buenos Aires 2012; WPA Epidemiology section Nara Japan 2014; WPA Madrid 2014; Mediterranean Society of Mental Health - Journées Franco Maghrebines de Psychiatrie, Hammamet Tunisie 2016; EUPHA Tel Aviv 2019-

Prof Carta wrote the report on the status of immigrants in Europe as principal author, within the framework of the project « Report on the State of Mental Health in the European Community” (DG SANCO) and have participated as senior /last author in the drafting of the guidelines of European Psychiatric Association for care to migrants (see Bhugra D, Gupta S, Schouler-Ocak M, Graeff-Calliess I, Deakin NA, Qureshi A, Dales J, Moussaoui D, Kastrup M, Tarricone I, Till A, Bassi M, Carta M; EPA guidance mental health care of migrants. Eur Psychiatry. 2014 Feb;29(2):107-15).

Head of the “Centre for Liaison Psychiatry and Psychosomatics”, a structure that provides psychiatric consultation services at the two University Hospitals of the University of Cagliari (Hospital, from 01/08/2009 to the present).

Editor in Chief of the international journal Clinical Practice and Epidemiology in Mental Health, published by Bentham Science, USA. 2005-Ongoing (Q2 SCIMAGO Ranking)

Consultant at the Cagliari Court for the evaluation and support of adolescents seeking asylum

Degree - Graduate training

1978 – 1985: degree in Medicine and Surgery awarded by the University of Cagliari (final mark 110/110 with Honours). Experimental thesis titled "Differenti Approcci Psicologici nella terapia delle disfunzioni sessuali maschili" (Different psychological approaches in the therapy of male sexual dysfunctions), supervisor Professor Nereide Rudas.

Training

1985-1986: Grantee at the Italian National Health Institute, Epidemiological and Biostatistical Laboratory, Rome. During the period of the grant he attended the following advanced courses: Neuroepidemiology (Professor Rodolfo Saracci, IARC, Lyon); Evaluation of the quality of assistance (Professor Heather Palmer, Harvard Medical School, Boston); Psychiatric Epidemiology (Professor Piero Morosini, National Health Institute, Rome)

1986-1990: Specialization in psychiatry at the University of Cagliari (graduating with Honours and Special Mention).

Experimental thesis on "Social changes and modification of depressive symptomatology. Results of an investigation conducted in an east African village", supervisor Professor Nereide Rudas. During the post-graduate course and in preparing his thesis he went on a mission within the framework of the "Malawi Project" (a cooperative project between the Italian Foreign Office and Malawi's Ministry of Labour).

1990-1992: School of Cognitive Psychotherapy, professors Mario Reda, Rome, and Vittorio Guidano, Rome – Italian Society of Cognitive and Behavioural Therapy.

1993: Six-month training period at the “Département d'informatique médicale”, Université Paris V (Professor V. Kovess).

Other professional and clinical activities

2011-2018 Chair of undergraduate courses in Rehabilitation (Psychiatric Rehabilitation Techniques; Speech Therapy; Physiotherapy; Professional Health Educator) and of the Master

Degree on Rehabilitation at the University of Cagliari. Since 2008, chair of the course in Psychiatric Rehabilitation Techniques., he has held the chair of whole rehabilitation courses which have now been merged into a "degree class".

2007-2014 Head of the University Centre for Research and Therapy in Mental Health of Iglesias (Sardinia), a structure that provides psychiatric community care in the area and runs a family house "of high therapeutic intensity" integrated into the area. The highly experimental structure treats persons with serious psychiatric disorders and problems such as the authors of crimes not punishable with imprisonment owing to their psychopathological condition (AOU of Cagliari – Local Public Health Agency no. 7, Carbonia).

The unit is closely integrated into the degree course in Psychiatric Rehabilitation Techniques with which it has implemented a series of experimental rehabilitation projects financed with national and international funds (European Social Fund, Italian Medicines Agency (AIFA), European Cooperation).

Time devoted: 12 hours per week

2008-2015. Chair of the online International Master titled “Mental Health in Primary Care” (University of Cagliari in collaboration with: Universidad el Salvador, Buenos Aires, Argentina; Balamand University, Beirut, Lebanon; Universiteti Reald, Vlore, Albania; University of Tunis El Manar, Tunisia; Hassan II University, Casablanca, Morocco).

Director of the "Valona (Vlore) Project" - 2009-2011. Within the framework of the programme of collaboration entitled **Health and Welfare in the Balkans** (United Nations – Albanian Ministry of Health - Italian Foreign Office). The aim of the project was to create a network of community mental health treatment centres and to open protected homes for patients in the psychiatric hospital of Vlore. A an employment project that includes the building of a greenhouse with production of renewable energy through a photovoltaic roof was also launched.

Psychiatrist - from 21/02/90 to 31/07/2007, at the Psychiatric Clinic of the University of Cagliari, Italy

Teaching

-Since 2011, **Chair** of Quality of Care (Psychiatric Rehabilitation Techniques degree course) at the University of Cagliari.

-From academic year 1999 to 2016 he taught psychiatry and clinical psychology in the degree course in Medicine and Surgery of the University of Cagliari.

-From 2008 he has the chair of the degree course in Psychiatric Rehabilitation Techniques. The objective of his work was to create a course as a function of local psychiatric assistance closely integrated into community mental health care structures in south Sardinia. The course promoted a series of highly experimental social inclusion projects, among which a programme for the shooting of short "high intensity" films with the guests of a family house in cooperation with numerous Sardinian artists; an experimental study on an integrated psychoeducational action concerning schizophrenia, financed by the National Medicines Agency (AIFA) and the Italian Ministry of Health; a project for the employment of youths with chronic psychoses on a boat to map groups of cetaceans in the sea to the south of

Sardinia and several projects with financial support from the European Social Fund for employment in the field of renewable energy sources.

2008-2012: in 2008 he set up the International Master entitled “Mental Health in Primary Care” in cooperation with the University of the Mediterranean (Balamand Beirut, el Manar Tunis, Hassan II, Casablanca, Vlad, Vlore) and Latin America (el Salvador Buenos Aireas and Asuncion). The master course offers training in mental health to primary care operators (physicians, psychologists, social workers) from the standpoint of community psychiatry. The course have enrolled 120 professionals from ten different countries.

-In academic year 2007-2008 and from 2009 to 2018 he has been a professor of social psychiatry and psychiatric rehabilitation at the post-graduate School of Psychiatry of the University of Cagliari.

-From 1994-1995 to 2007-2008 he was a temporary lecturer in research methods in clinical psychology at the post-graduate School of Clinical Psychology at the University of Siena, Italy.

From 1999-2000 to 2007-2008 he was a temporary lecturer in medical psychology within the integrated course of Laboratory Medicine and Human Sciences within the degree course in Medicine and Surgery at the University of Cagliari.

-From 1991-1992 to 1992-1993 and from 2000-2001 to 2007-2008 he was a professor of Epidemiology at the post-graduate School of Psychiatry of the University of Cagliari.

-In academic year 2007-2008 he was a professor of Psychopathology at the post-graduate school of Psychiatry of the University of Cagliari.

-In academic year 2007-2008 he taught Transcultural Psychiatry at the Master's Mental Health and Community Services, University of Trieste

-From 1994-1995 to 2001-2002 he was lecturer in Psychology and Psychosomatics of the Years of Growth at the ISEF (Institute of Physical Education) of the University of L'Aquila, Cagliari branch.

-In academic year 1999-2000 he was lecturer in Psychopathology and Psychiatry at the university department (later in the three-year degree course) in Social Services of the University of Cagliari, Nuoro branch.

-In the years 1992-93 and 1995-1996 he was a temporary lecturer of Mental Hygiene and Psychiatry at the School for Special Purposes for Social Workers of the University of Cagliari, Cagliari and Nuoro branches.

Visiting Professor

November 2018 – **Université de Bordeaux** (professor Mathilde Hursky)

November 2018 – **Rutgers University**, New Jersey, US (Prof Kenneth Gill)

October 2014 – January 2015 **Columbia University**, New York US (professor Myrna Weissman)

December 2012 – **Universidad el Salvador, Buenos Aires Argentina** (Prof Veronica Brasesco)

November 2012 **Ecole des hautes études en santé publique**, Paris – Rennes, France (Prof Viviane Kovess)

Researches

The research team coordinated by Mauro Giovanni Carta is composed of:

Antonello Preti – Psychiatrist, contract professor and part-time researcher;

Maria Francesca Moro – Psychiatrist part-time researcher (She also PhD Candidate at Mailman School Columbia University)
Federica Sancassiani – Health Psychologist, contract professor and part-time researcher;
Giulia Cossu – Psychologist, Psychoterapist, contract professor and part-time researcher
Mirra Pintus – Psychologist, contract professor and part-time researcher;
Elisa Pintus – Psychologist, contract professor and part-time researcher;
Giorgia Testa- PhD Candidate
Martina Piras - PhD Candidate

In academic year 2010-19 the following professors have been invited and will work together with the group:

Prof. Matthias Angermeyer (Professor Emeritus of the University of Leipzig) for one semester each year (2009-2018); Prof. Francesc Colom (University of Barcelona) for three semesters; Prof. Dinesh Bughra (University of London – President Elect of the World Psychiatric Association) – brief visit for a series of lessons and implementation of a research project; Prof. Vivianne Kovess (Ecole de Hautes Etudes en Santé Publique Rennes, Paris Sorbonne – President of the Epidemiologic section of the World Psychiatric Association, brief visit for a series of lessons and implementation of a research project; Bruce Link, for one semester (Columbia University); Prof Antonio Egidio Nardi (Federal University of Rio de Janeiro, Brazil) for one semester; Prof Oye Gureje of University of Ibadan Nigeria for one semester

The group works in the fields of clinical and social research with specific focus on migration and mood disorders. Recently it has be involved in the QualityRights project of WHO.

In the last few years Mauro Giovanni Carta has organized or participated as the coordinator in many national and international research projects, among which:

- 1) 2019-Ongoing Project Leader of the project of “European Instrument for Democracy and Human Rights (EIDHR): 2017” – European Union DG DEVCO, “Empowering Persons with Psychosocial Disabilities to Fight for their Rights: an implementation of the CRPD and QualityRights principles in Ghana, Lebanon, and Armenia” (in cooperation with UN, and WHO Geneva - with specific focus on needs of migrants in Lebanon).
- 2) 2019-Ongoing Project Leader “QualityRights, implementation project in Sardinia (supported by Italian Ministry of University and Research and Regione Sardegna, - with specific focus on needs of migrants)
- 3) 2019-Ongoing Project Leader – Acrive Aging for exercise in the elderly (supported by Italian Ministry of University and Fondazione di Sardegna)
- 4) 2017-Ongoing WHO “QualityRights, implementation project in Tunisia with specific focus on needs of migrants to urban areas
- 5) 2015 –ongoing WHO “QualityRights”: experimental teching project for implementing the role of users in the lernning on mental health of the medical students.
- 6) 2012- Ongoing - **Refugees and Asylum Seekers in Mediterranean area**, supported by University of Cagliari and Fondazione di Sardegna. In collaboration with: a) King’s College, London UK (see Carta et al. “Trauma and stressor related disorders in the tuareg refugees of a camp in Burkina Faso”. Clin Pract Epidemiol Ment Health. 2013;9:189-95 and Carta et al. “A Follow-Up on Psychiatric Symptoms and Post-Traumatic Stress Disorders in Tuareg Refugees in Burkina Faso”. Front Psychiatry. 2018;9:127; Carta et al. ; Human Rights of Asylum Seekers with Psychosocial

Disabilities in Europe. *Clin Pract Epidemiol Ment Health*. 2016 Sep 30;12:64-66; b) University of Emden, Emden, Germany; University Hospital Hamburg Germany; Harvard Program in Refugee Trauma, Harvard Medical School, Cambridge, MA, USA (see Lindert J, Carta MG, Schäfer I, Mollica RF. Refugees mental health-A public mental health challenge. *Eur J Public Health*. 2016 Jun;26(3):374-5; c) Johns Hopkins School of Public Health, Baltimore, MD, USA (see Carta et al War traumas in the Mediterranean area. *Int J Soc.Psychiatry*. 2015 Feb;61(1):33-8). Reports were presented on this topic at international congresses such as WPA Buenos Aires 2012; WPA Epidemiology section Nara Japan 2014; WPA Madrid 2014; Mediterranean Society of Mental Health - Journées Franco Maghrebines de Psychiatrie, Hammamet Tunisie 2016; EUPHA Tel Aviv 2019- In tis context he participated as senior /last autor in the drafting of the guidelines of European Psychiatric Association for care to migrants (see Bhugra D, Gupta S, Schouler-Ocak M, Graeff-Calliess I, Deakin NA, Qureshi A, Dales J, Moussaoui D, Kastrop M, Tarricone I, Till A, Bassi M, Carta M; EPA guidance mental health care of migrants. *Eur Psychiatry*. 2014 Feb;29(2):107-15).

- 7) 2012- Ongoing wellbeing and Quality of Life of Sardinian Immigrants in South America and Europe, Supported by UE Erasmus Project in collaboration with el Salvador University, Buenos Aires, Argentina; Federal University of Rio de Janeiro, Brazil and University Paris V, Paris France.
- 8) 2012 - 2017: Joint Action on Mental Health – Executive Agency for Health and Consumers of the European Union). Role: responsible for a unit working on the sub-project dealing with health and social integration of adolescents.
- 9) 2010 – 2016: SPERA-S Project, winner of the AIFA grant of the Ministry of Health for independent research in 2010 (a controlled randomized study for evaluating the impact of a rehabilitation and educational course for schizophrenia patients. Role: responsible for a unit belonging to the coordination group.
- 10) 2009 -2016: European Social Fund, “Ad Altiora” Project: “One thousand photovoltaic roofs” (employment of youths with serious mental disturbances). International partners: École des Hautes Études en Santé Publique - Rennes - Paris; University of Vienna, Austria; Hospital San Joan de Dieu, Barcelona, Spain; Representatives of the Italian Confindustria at the European Economic and Social Committee, Brussels. Role: Project Leader
- 11) 2009 - 2016: European Social Fund, the “Ad Altiora” 2008 fund, “NEC” and “NESI” projects (on-the-job training for youths with a history of deviance and personality disorders. International partners: École des Hautes Études en Santé Publique - Rennes - Paris, France; University of Vienna, Austria; Hospital San Joan de Dieu, Barcelona, Spain; Representatives of the Italian Confindustria on the European Economic and Social Committee, Brussels. Role: Project Leader
- 12) 2009 – 2016: Medytpsycare Donna – Sardinian Regional Committee for Equal Opportunities – Office of the President of the Sardinian Region – on the mental health of women in the Mediterranean area – within the framework of the project to coordinate a study of mental health in refugee camps in the Sahel. Role: Project Leader
- 13) 2008- 2010 – Sardinian Autonomous Region – the Qualy-Psy-SAR project concerning the quality of community treatment in Sardinia. With a follow-up study on a cohort of psychotic patients and the performance of a study on the perception of depression and the need for treatment.

- 14) 2007-2012 - School Children Mental Health Europe (European Union, European Commission, Directorate-General for Health and Consumers) on the diffusion of mental disorders among schoolchildren. Role: Coordinator of the Italian unit.
- 15) 2006-2009: E-learning for primary care in the Mediterranean area, European funds for cooperation. Partners: University of Casablanca Hassan II, Morocco; University of Tunis el Manar, Tunisia; University of Sarajevo, Bosnia Herzegovina; University of Ibadan, Nigeria; University el Manar of Beirut, Lebanon. Role: Project Leader.
- 16) 2006-2012: Project: "The use of antidepressants in Italy" on the monitoring of consumption of antidepressants in Italy. This project was awarded AIFA funds for independent drug research, 2005. Role: National coordinator.
- 17) 2004-2007 MINDFUL Project (European Union, DG Health and Consumers), the aim of which was to gain further knowledge concerning the condition of mental health in Europe. Sub-project on the creation of instruments and indicators for mental health in Europe. Role: Coordinator of the Italian group.
- 18) 2005-2007 – Banco di Sardegna Foundation – The use of physical activity as an supplementary therapy for depression.
- 19) 2002-2005 - Report on the State of Mental Health in the European Community, European Commission, European Union. Awarded on the call of the DG Sanco. The working group was to produce, and did produce, a report on the state of mental health in Europe for presentation at the meeting of European health ministers concerning mental health (Helsinki, January 2005). Member of the Coordination Board and person responsible for Italy. In this context, he drafted the report on the status of immigrants in Europe as the first author [see Carta et al. Migration and mental health in Europe (the state of the mental health in Europe working group: appendix 1). Clin Pract Epidemiol Ment Health. 2005 Aug 31;1:13].
- 20) 2001: Call ISEF - National Research Centre. Project entitled: "Frequency of the use of anabolic steroids and correlated psychological discomfort in a sample of athletes". Role: Responsible for the research.
- 21) 2000-2002 Risk of Mood and Anxiety Disorders in Sardinian Immigrants to Buenos Aires. Supported by Fondazione Banco di Sardegna
- 22) 2000-2001: Project "Compulsory Admission and Involuntary Treatment of Mentally Ill Patients: Legislation and Practice in European Member States", EU Health and Consumer Protection Directorate. Responsible for the Italian research unit, Project Leader: Hans Salize, Mannheim, Germany.
- 23) 1995-1999: ERGOS - European Research Group on Schizophrenia, winner of a call for offers issued by the multinational Eli Lilly company. Role: Coordinator of the Italian research group.
- 24) 1994-1998: Project "Psychotherapy in Europe" winner of the call for offers by BIOMED, DG XII European Union. Role: Project scientific secretary and person responsible for a research unit.
- 25) 1993-2002 Psychiatric disorders in Sardinian immigrants to Paris, Funded by University of Cagliari in collaboration with Ecole des Hautes Etudes en Santé Publique (EHESP), France and Paris Descartes University, Paris, France.
- 26) 1989-1991 "Migration et Psychopathologie" supported by ISPROM in collaboration with Psychopathologie Africaine, (with final Special Issue "Migration et Psychopathologie" N.Rudas, R.Collignon & M.G.Carta editors, Psychopathologie Africaine 33:329-352, 1991).

Appointments in functions of academic management

2012-2018 **Member** of the Faculty Board of the Faculty of Medicine and Surgery of the University of Cagliari (the board is composed of the directors and representatives of the departments, the chairs of the degree courses and students' representatives)

Appointed by the Rector of the University of Cagliari as the delegate for advanced training courses at the meeting of the universities of Cagliari and Sassari with the Sardinian regional administration 2012-2015.

Member of the Italian Ministry of University Board for the selection of candidates for the role of University Professor in the field of Translational Medicine and new Technologies. 2016-2018

Awards and acknowledgements for scientific activities

- 1) Second Prize for poster at the IX Congress of the Italian Psychopathological Society, Rome 24-28/02/2004.
- 2) First Prize for poster at the XI Congress of the Italian Psychopathological Society, Rome 21-25/02/2006
- 3) Third Prize for poster at the XIII Congress of the Italian Psychopathological Society, Rome 10-14/02/2009.
- 4) Third Prize for poster at the XIV Congress of the Italian Psychopathological Society, Rome 16-20/02/2010.
- 5) First Prize (shared): VII National Congress of the Research Group in Psychosomatic Medicine (GRP), Rome, Italy, November 2011.
- 6) Third Prize, National Congress of the Italian Hygiene Society, Castelbrando (Province of Treviso), Italy, May 2011.
- 7) First Prize for poster at the III Meeting of the Mediterranean Society on Mental Health, Cagliari, Italy, May 2013
- 8) MOSTA Award for Visiting professor – Université de Bordeaux, France 2018
- 9) MOSTGLOB Award for Visiting professor - Rutgers University, New Jersey, US, 2018

Participation and offices held in scientific societies

Member of Section on Health of Migrants of European Public Health Association (EUPHA)

President of the Mediterranean Society on Mental Health 2013-2017.

Member of the “Section on Epidemiology and Public Health” of the World Psychiatry Association since 2007

Member of the Executive Committee of the Mediterranean Society on Mental Health since 2008

Member of the Executive Committee of the Italian Psychiatry Society from 2002 to 2007

President of the Sports Psychiatry Society, special section of the Italian Psychiatry Society from 2004 to 2007

President of the Sardinian section of the Italian Psychiatry Society from 2002 to 2005

Official functions within organizations of a political nature

Member of the Sardinian Regional Mental Health Committee in the period 2009-2010
Member of the Sardinian Regional Rehabilitation Committee since 2010
President of the Sardinian Regional Committee for Infantile and Juvenile Psychiatry in 2010
Mayor of the Municipality of Fluminimaggiore (Sardinia) from 2006 to 2008
Advisor of Social and Economic Committee of European Union (Bruxelles) since 2012

Technical and scientific functions

Expert of the Economic and Social Committee of the European Union (since 2012) and official expert of the working group of the committee for ratification by the European Union of the United Nations Convention on the Rights of Persons with Disabilities
From 2007 to 2008, consultant of the European Medicines Agency (EMA), London

Main funds received from 2008 to 2019

European Commission DG DEVCO Empowering Persons with Psychosocial Disabilities to Fight for their Rights: an implementation of the CRPD and QualityRights principles in Ghana, Lebanon, and Armenia € 930.000
Regione Sardegna QualityRight Regione Sardegna and Italian Ministry of Foreign Office– € 120.000
Fondazione di Sardegna and Italian Ministry of University and Research – Active Aging 100.000
Fondazione di Sardegna – Humans of the Island about migrant from e to Sardinia - € 40.000
Regione di Sardegna – QualityRights in Tunisia - € 60.000
Fondazione di Sardegna – I Summer School on Human Rights and Mental Health and training for volunteers in Sardinia- € 60.000
Fondazione di Sardegna – Supporting WHO – e-learning programme – €144.000
SPERA-S, AIFA / Ministry of Health project: €50,000 (University of Cagliari Unit)
European Social Fund “Ad Altiora” 2008 (on rights of inclusion for people with psychosocial disability), “A Thousand Photovoltaic Roofs” – €250,000
European Social Fund “Ad Altiora” 2008, “NEC” and “NESI” projects (on rights of inclusion for people with psychosocial disability) – €480,000
Sardinian Autonomous Region: project for evaluation of psychiatric services. €245,000
Equal Opportunities Committee of the Sardinian Autonomous Region: Meditpsycare Donna project €200,000
Executive Agency for Health and Consumers of the European Union – School Children Mental Health in Europe – €37,000 (Italian Unit)
Italian Foreign Ministry – United Nations project “Health and Welfare in the Balkans” – €180,000
European Cooperation Funds “E-learning pour les soins primaires dans le bassin méditerranéen” €180,000
AIFA – Italian Ministry of Health “The Use of Antidepressives in Italy” – €380.000
Fondazione di Sardegna – Wellbeing of Sardinian Immigrants in Latin America €30.00

Patents and Copyrights:

- 1) “Wisconsin Card Sorting Test - Italian version (co-ownership with Hardoy MC, Hardoy MJ, Cabras PL) published by the “Organizzazioni Speciali, Florence”, 2000
- 2) Hypomania Check List 32 – Italian version, BMC Central Publisher
- 3) Mood Disorder Questionnaire, Italian version, BMC Central Publisher

4) Functioning Assessment Short Test, Italian version, Bentham Open Publisher

Collaboration with journals and book series

Editor-in-chief of the journal “**Clinical Practice and Epidemiology in Mental Health**” published by BMC Psychiatry, UK (2005-2009), later taken over by Bentham Publisher, USA (2009-2012).

Member of the editorial board (from 2006 to 2012) of the journal Quaderni Italiani di Psichiatria “**Italian Journal of Psychiatry**” official journal of the Italian Psychiatry Society (SIP), published by Elsevier, NL

Member of the editorial board of “**International Journal of Social Psychiatry**”, Sage Pub., from 1 January 2014

Member of the editorial board of “**BMC Psychiatry**”, Biomed Central Pub., from September 2013

Member of the editorial board of “**BMC Sport Science, Medicine and Rehabilitation**”, Biomed Central Pub., from July 2013

Member of the editorial board of “**Revista Brasileira de Psiquiatria**” from January 2015

Member of the editorial board of “**Frontiers in Psychiatry**” from January 2016

Reviewer of the following (main) journals: Acta Psychiatrica Scandinavica, Anxiety and Depression; Archives of General Psychiatry; Bipolar Disorders; BMC Psychiatry; BMC Public Health; BMC Medicine; BMC Neurology; Brain Behaviour and Immunity; CNS Spectrum; Psychosomatics; Epidemiologia e Psichiatria Sociale; Health and Quality of Life Outcomes; International Journal of Methods in Psychiatric Research; International Journal of Social Psychiatry; Journal of Affective Disorders; General Hospital Psychiatry; Psychiatric Services; Psychotherapy and Psychosomatics; Pharmacopsychiatry; Journal of Psychosomatic Research; Social Psychiatry and Psychiatric Epidemiology; Transcultural Psychiatry.

Supervisor of theses

Since 1999 he has supervised 43 theses for degrees in medicine and surgery and 20 theses in psychiatric rehabilitation techniques at the Faculty of Medicine and Surgery of the University of Cagliari; he has supervised 12 theses in Social Sciences at the Faculty of Social Sciences of the University of Cagliari. He has supervised 6 theses in psychiatry at the post-graduate School of Psychiatry of the University of Cagliari, as well as directing 16 theses for the International Master of Mental Health and Primary Care University of Cagliari in collaboration with: University el Manar Tunis, University Hassan II Casablanca, University Balamán Beyrouth, Universidad el Salvador Buenos Aires); 1 thesis at the PHD course in Clinical and Community Psychology at the Universidad del Salvador Buenos Aires; 2 theses in PHD course of Molecular and translational medicine, University of Cagliari.

Publications – Papers in peer review Journals (SCOPUS – ISI)

H-index Scholar 49

H-index Scopus 37

Papers in peer review Journals (SCOPUS – ISI)

1. Sancassiani F, Romano F, Balestrieri M, Caraci F, Di Sciascio G, Drago F, Hardoy MC, Moro MF, Roncone R, Piras M, Preti A, Dell'Osso L, Faravelli C, Carta MG. The Prevalence of Specific Phobia by Age in an Italian Nationwide Survey: How Much Does it Affect the Quality of Life? *Clin Pract Epidemiol Ment Health*. 2019 Feb 20;15:30-37.
2. Carta MG, Atzeni M, Perra A, Mela Q, Piras M, Testa G, Orrù G, Kirilov I. Cost-effectiveness of US National Institute of Health and European Union FP7 Projects on Active Ageing and Elderly Quality of Life-Author's reply. *Clin Pract Epidemiol Ment Health*. 2019 Jan 23;15:10-14. doi: 10.2174/1745017901915010010. eCollection 2019.
3. Ciminelli P, Machado S, Palmeira M, Carta MG, Beirith SC, Nigri ML, Mezzasalma MA, Nardi AE. Tinnitus: The Sound of Stress? *Clin Pract Epidemiol Ment Health*. 2018 Oct 31;14:264-269. doi: 10.2174/1745017901814010264. eCollection 2018.
4. Preti A, Stocchino S, Pinna F, Deidda MC, Musu M, Sancassiani F, Romano F, Machado S, Finco G, Carta MG. BEEP-Bodily and Emotional Perception of Pain. A Questionnaire to Measure Reaction to Pain in Chronic Pain Disorders. *Front Psychol*. 2019 Mar 12;10:480.
5. Carta MG, Said M, Piras M, Moro MF [An evolutionist approach of mood disorders from a transcultural perspective]. *Encephale*. 2019 Mar 14. pii: S0013-7006(19)30038-7. doi: 10.1016/j.encep.2018.12.002.
6. Eskin M, Poyrazli S, Janghorbani M, Bakhshi S, Carta MG, Moro MF, Tran US, Voracek M, Mechri A, Aidoudi K, Hamdan M, Nawafleh H, Sun JM, Flood C, Phillips L, Yoshimasu K, Tsuno K, Kujan O, Harlak H, Khader Y, Shaheen A, Taifour S. The Role of Religion in Suicidal Behavior, Attitudes and Psychological Distress Among University Students: A Multinational Study. *Transcult Psychiatry*. 2019 Feb 8;1363461518823933.
7. Sancassiani F, Preti A, Cacace E, Ruggiero V, Testa G, Romano F, Carta MG. Alexithymia and sense of coherence: Does their impact on fibromyalgia suggest new targets for therapy? *Gen Hosp Psychiatry*. 2018 Dec 6. pii: S0163-8343(18)30402-X.
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