

# Physical Activity and Sports Sciences

**IMPORTANT. BEFORE MAKING YOUR LEARNING AGREEMENT:**

**PLEASE BEWARE THE FOLLOWING COURSES CANNOT BE OFFERED TO EXCHANGE STUDENTS:**

- **COMMUNICATION. PERSONAL SKILLS AND ABILITIES (1st year)**
- **INTERNSHIPS (4th year)**
- **END OF DEGREE PROJECT (4th year)**
- **SUPPLEMENTARY EDUCATIONAL ACTIVITIES (4th year)**

## Year 1

- **KNOWLEDGE MANAGEMENT**  
(6C) (1st Semester)
- **PHYSICAL ACTIVITY AND SPORT PSYCHOLOGY**  
(6C) (1st Semester)
- **BASIC MOTOR FUNCTIONS AND MOTOR GAMES**  
(6C) (1st Semester)
- **BASICS AND SPORTING INITIATION OF INDIVIDUAL SPORTS AND THEIR TEACHING I**  
(6C) (1st Semester)
- **INFORMATION TECHNOLOGIES AND COMMUNICATION APPLIED TO PHYSICAL ACTIVITY**  
(6C) (1st Semester)
- **HISTORY OF THOUGHT**  
(6C) (2nd Semester)
- **COMMUNICATION. PERSONAL SKILLS AND ABILITIES**  
(6C) (2nd Semester)
- **BASICS AND SPORTING INITIATION OF INDIVIDUAL SPORTS AND THEIR TEACHING II**  
(6C) (2nd Semester)
- **BASICS AND SPORTING INITIATION OF GROUP SPORTS AND THEIR TEACHING I**  
(6C) (2nd Semester)
- **HUMAN AND FUNCTIONAL ANATOMY**  
(6C) (2nd Semester)

## Year 2

- **BASIC ANTHROPOLOGY**  
(6C) (3rd Semester)
- **ARTISTIC-EXPRESSIVE PHYSICAL ACTIVITIES**  
(6C) (3rd Semester)
- **BASICS AND SPORTING INITIATION OF GROUP SPORTS AND THEIR TEACHING II**  
(6C) (3rd Semester)
- **EXERCISE PHYSIOLOGY**  
(6C) (3rd Semester)
- **BASICS OF SPORTS MEDICINE: PREVENTION OF AND RECOVERY FROM FREQUENT INJURIES**  
(6C) (3rd Semester)
- **WESTERN HISTORY**  
(6C) (4th Semester)
- **RESEARCH METHODOLOGY IN PHYSICAL ACTIVITY AND SPORTS SCIENCES**  
(6C) (4th Semester)
- **EDUCATION FOR SOCIAL RESPONSIBILITY**  
(6C) (4th Semester)
- **VALUES OF PHYSICAL EDUCATION AND SPORT: TEACHING APPLICATIONS**  
(6C) (4th Semester)
- **BASICS AND SPORTING INITIATION OF ONE-ON-ONE SPORTS AND THEIR TEACHING**  
(6C) (4th Semester)

### **Year 3**

- **GROUP DYNAMICS AND DISPUTE SOLVING IN SCHOOLS AND SPORT**  
(6C) (5th Semester)
- **CREATIVE DEVELOPMENT**  
(6C) (5th Semester)
- **ENGLISH**  
(6C) (5th Semester)
- **ETHICS**  
(6C) (5th Semester)
- **THEORY AND PRACTICE OF SPORT TRAINING**  
(6C) (5th Semester)
- **PHYSICAL EDUCATION: TEACHING AND LEARNING**  
(6C) (6th Semester)
- **NEW TRENDS IN PHYSICAL ACTIVITY**  
(6C) (6th Semester)
- **SPORTING ACTIVITIES IN NATURE: SPORT LEISURE AND RECREATION**  
(6C) (6th Semester)
- **SPORT SPECIALISATION**  
(6C) (6th Semester)
- **FACILITY, RESOURCE AND SPORTING EVENT MANAGEMENT**  
(6C) (6th Semester)

### **Year 4**

- **PROFESSIONAL DEONTOLOGY**  
(6C) (7th Semester)
- **INTRODUCTION TO THEOLOGY**  
(6C) (8th Semester)
- **END OF DEGREE PROJECT**  
(6C) (8th Semester)
- **INTERNSHIP**  
(12C) (7th and 8th Semester)

## **OPTIONAL COURSE**

- **STRATEGIC MANAGEMENT IN SPORT**  
(6C) (7th Semester)
- **HUMAN RESOURCE MANAGEMENT IN SPORTING ORGANISATIONS**  
(6C) (7th Semester)
- **STRUCTURE AND ORGANISATION OF SPORT**  
(6C) (7th Semester)
- **TEACHING PHYSICAL EDUCATION**  
(6C) (7th Semester)
- **PHYSICAL EDUCATION AND DIVERSITY: ANALYSIS AND PROPOSALS**  
(6C) (7th Semester)
- **RECREATIONAL PHYSICAL-SPORTING ACTIVITY FOR DIFFERENT TARGET GROUPS: FROM CHILDHOOD TO OLD AGE**  
(6C) (7th Semester)
- **PHYSICAL ACTIVITY AND HEALTH IN PEOPLE WITH SPECIAL NEEDS**  
(6C) (7th Semester)

- **CONTENTS OF PHYSICAL EDUCATION: TEACHING APPLICATIONS**  
(6C) (7th Semester)
- **BODILY EXPRESSION AND CREATIVE DANCE**  
(6C) (7th Semester)
- **ENVIRONMENTAL KNOWLEDGE FOR SPORT IN TOWN AND COUNTRY**  
(6C) (7th Semester)
- **MUSCULOSKELETAL ANATOMY**  
(6C) (7th Semester)
- **EVALUATION AND ANALYSIS OF ANATOMIC STRUCTURES**  
(6C) (7th Semester)
- **FUNCTIONAL EVALUATION OF THE MUSCULOSKELETAL SYSTEM**  
(6C) (7th Semester)
- **EVALUATION OF PHYSICAL ACTIVITY AND HEALTH: PEOPLE, PROGRAMMES AND RESOURCES**  
(6C) (7th Semester)
- **CONTENTS AND TEACHING APPLICATIONS FOR A HEALTHY PHYSICAL ACTIVITY**  
(6C) (7th Semester)
- **SPORT STRATEGY AND TACTICS**  
(6C) (7th Semester)
- **FATIGUE AND RECOVERY IN SPORT TRAINING AND COMPETITION**  
(6C) (7th Semester)
- **PROGRAMMING AND SCHEDULING OF SPORT TRAINING**  
(6C) (7th Semester)
- **ADDITIONAL TRAINING ACTIVITIES**  
(6C) (8th Semester)
- **SPORT AND NEW TREND MARKETING IN PHYSICAL ACTIVITIES AND SPORT**  
(6C) (8th Semester)
- **PHYSICAL ACTIVITY - RECREATIONAL SPORT FOR THE DISABLED**  
(6C) (8th Semester)
- **PHYSICAL ACTIVITY AND HEALTH IN PHYSICAL EDUCATION**  
(6C) (8th Semester)
- **BASICS OF PHYSIOTHERAPY INTERVENTION**  
(6C) (8th Semester)
- **HEALTHY PHYSICAL ACTIVITY: FROM CHILDHOOD TO OLD AGE**  
(6C) (8th Semester)
- **TRAINING AND COMPETITION SUPPORT SCIENCES**  
(6C) (8th Semester)