Faculty of Physical Education Gdansk University of Physical Education and Sport in GDAŃSK

Curricula for elective specialisations

Field of study: Physical Education (educational cycle 2018-2021)

Level of education: first

Profile of education: practical

Mode of study: full-time

APPROVED

	ĝ	·······		······			•••••		•••••	٤		• • • • • • • • • • • • • • • • • • • •	••••••
	3		Hours	**************	- 						\/	••••••	
Module of classes (classes or a group of classes)	į	Total		including		em. III		sem	. IV		sem. V		sem. VI
	ECTS	Total	L	CI I	, www.egum	ECIT	ECT	ECIT	ECH ECH	, EC	HEGIT THE ECT	ECI	ECI ECI
	pts		.i		L L	l E S	6.	L ^{LC} ' CI	s E	r	CI CI S	L	CI CO S
Instructing specialization	ļ				25 2 3								ļ
Instructing specialization – Dance Sport	20	250	50	200	25 2 10	0 8	ş	25 2 100	<u> </u>	05 0	100:0	05 0	100
Instructing specialization – Dance	20 20	250 250	50 50	200 200	25 2 10	0 8	ģ	25 2 100		25 2 25 2	2 100 8	25 2	100 8 100 8
Instructing specialization – Handball Instructing specialization – Bodybuilding	20	250 250	50	200	25 2 10 25 2 10	0 8		25 2 100 25 2 100	8	25 2		25 2 25 2	100 8 100 8
Instruction specialization – Judo	20	250	50	200	25 2 10		***************************************	25 2 100	18				
Instructing specialization - Motor preparation in combat sports	20	250	50	200	1 3 8	.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	3			25 2	2 100 8	25 2	100 8
Instructing specialization – Rowing	20	250 250	50 50	200 200	25 2 10	0 8	3	25 2 100	8	25 2	2 100 8	25 2 25 2	100 8 100 8
Instructing specialization - Canoeing	10	125	25	100	25 2 10	0 8	3	25 2 100	8	25 2 25 2 25 2		25 2	100 8
Instructing specialization – Basketball	20	250 250	50 50	200 200	25 2 10 25 2 10	00 8 00 8		25 2 100	8	25 2 25 2	2 <mark>100</mark> 8	25 2 25 2 25 2	100 8 100 8 100 8
Instructing specialization – Downhill skiing	20	250	50	200	25 2 10			25 2 100	<u> </u>	25 2		25 2	100 8
Instructing specialization – Tennis	20	250	50	200	25 2 10	0 8	ş	25 2 100	<u> </u>	25 2	,	25 2	100 8
Instructing specialization – Volleyball	20 20	250 250	50 50	200 200	25 2 10 25 2 10 25 2 10	10 B	ģ	25 2 100 25 2 100		25 2		25 2 25 2 25 2	100 8 100 8 100 8
Instructing specialization — Football Instructing specialization — Table tennis	20	250 250	50 50	200	25 2 10	0 8	ġ	25 2 100 25 2 100	18	25 2 25 2	 	25 2	100 8
Instructing specialization – Artistic gymnastics	20	250	50	200	25 2 10 25 2 10	0 8	******	25 2 100	8	25 2	2 100 8 2 100 8	25 2 25 2	100 8 100 8
Instructing specialization – Artistic gymnastics Instructing specialization – Equestrian sport	20	250 250	50 50	200 200 200	25 2 10	0 8	3	25 2 100	8	25 2	2 100 8	25 2	100 8
Instructing specialization – Athletics	20	250	50	200	25 2 10	0 8		25 2 100	8	25 2	2 100 8	25 2	100 8 100 8
Instructing specialization – Swimming Instructing specialization – Squash	20 20	250 250	50 50 50	200 200 200	25 2 10 25 2 10 25 2 10	0 8	<u></u>]	25 2 100	8	25 2 25 2 25 2 25 2 25 2 25 2 25 2 25 2	2 100 8 2 100 8 2 100 8	25 2 25 2 25 2	100 8
Instructing specialization – Squash	20	250	50	200	25 2 10	0 8		25 2 100	<u> </u>	25 2	100 8	25 2	100 8
Instructing specialization – Sports sailing Instructing specialization –Board sailing (windsurfing and kiteboarding)	20 20	250 250	50 50	200 200	25 2 10 25 2 10 25 2 10	0 8	ğ	25 2 100	<u> </u>	25 2	2 100 8	25 2 25 2 25 2	100 8 100 8 100 8
Instructing specialization -Board salling (windsurring and kiteboarding) Instructing specialization - Sailing	20 20	250 250	50 50	200	25 2 10 25 2 10	0 8		25 2 100 25 2 100	<u> </u>	25 2 25 2	100 8	25 2	100 8
Instructing specialization – Saming Instructing specialization – Fitness	20 20	250 250	50	200	25 2 10	10 8 10 8	<u></u>	25 2 100 25 2 100		25 2	2 100 8	25 2	100 8
Instructing specialization – Karate	20	250 250	50 50	200 200	25 2 10	0 8	<u></u>	25 2 100	8	25 2 25 2	100 8	25 2 25 1	100 8
History of traditional karate	2	25	25		25 2		3			25 2			
Ethics in the profession of the traditional karate instructor	1	13	13				3	13 1				13 1	
Basics of sports law	1	12	12					12 1	<u></u>			12 1	
Methodology of traditional karate	14	175		175		0 8	<u></u>	75	<u> </u>		100 8		75 6
Practice Specialization	2	25		25	••••••••••••••••••		ģ	25					25 2
Specialization – Folk dance	10	125	25	100	25 2 10	0 8	3	25 2 100	8	25 2	2 100 8	25 2	100 8
Specialization – Ballroom Dance	10	125	25	100	25 2 10	0 8	}	25 2 100	8	25 2	2 100 8	25 2	100 8
Specialization – Different forms of dance	10	125	25 25	100	25 2 10	0 8	3	25 2 100	8	25 2 25 2 25 2	2 100 8	25 2 25 2	100 8
Specialization – Modern dance	10	125		100	25 2 10	0 8		25 2 100	8	25 2	2 100 8	25 2	100 8
Specialization – Stretching	10	125	25	100	25 2 10 25 2 10	0 8		25 2 100	8	25 2	2 100 8	25 2	100 8
Specialization – Pilates	10 10	125 125	25	100 100	25 2 10 25 2 10	0 8	ğ	25 2 100 25 2 100	\ <u>\</u>	25 2 25 2	2 100 8 2 100 8	25 2	100 8 100 8
Specialization – Contemporary dance Specialisation – Lifequard	10	125 125	25 25	100	25 2 10	0 8	- -	25 2 100 25 2 100	8	25 2	100 8	25 Z	100 8
Specialisation – Qualified crew member for marine sailing	20	250	50	200	. 25 2 10	N 8 N	3	25 2 100		25 2 25 2	100: 8	25 2 25 2 25 2 25 2 25 2 25 2	100 8
Specialization – Skipper of sea and inland yacht	20	250	50	200	. 25 2 10	10		25 2 100		25 2 25 2	100 8	25 2	100 8
Soecialization – Service technician for sport and marine sailing Soecialization – Tourism and recreation for children and youth	20 20	250 250	50 50	200 200	25 2 10 25 2 10		ġ	25 2 100 25 2 100	8	25 2 25 2) 100 8) 100 8	25 2 25 2	100 8 100 8
Specialization - Biological Regeneration in Sport	20	250	50			0 8	<u> </u>	25 2 100		25 2 25 2	100 8	25 2	100 8
Theory of hiological receneration	<u> </u>		10		10 1		<u></u>			10 1			
Classic massage Physical therapy and kinesigtherapy in biological regeneration.	<u>4</u> 1		15	45	15 1	,	ş		 	15 1	45 4		
Physical therapy in biological regeneration	4	45		45	151	5 2	3	20	2		25 2		20 2
Kinesiotherany in hiological regeneration	4	50	J	50	30) . 2		20	2		30 2		20 2
Snorts massage	3	40	12	40	·· 		ş		3	<u>.</u>		10 1	
Methods.of.nsvchoreculation.or.sport Nutrition and supplementation in sport	1	12 13	13		+		÷	12 1 13 1	 			13 1	
Contemporant methods of hiological regeneration	1	20	<u> </u>	20				20	1				20 1
Specialization – Personal Trainer	20	250	50 50	200	25 2 10	0 8	ļ	25 2 100	8	25 2		25 2	100 8
Selected issues of human mobility Step Aerobic	4 6	50 80	50	80	25 2 4(3	ý		∳~~ •	25 2	40 3		
ABC/ABT/BBC exercises	10	120	•	120) 5	3				60 5		
Body Building Training	6	80	<u>.</u>	80				40					403
Biological regeneration and physical therapy Nordic walking	4 10	50 120	50	120			.3	. 25 . 2	5	•••••		.252	60 5
Specialization – Instructor of Motor Preparation	20	250	50		25 2 10	0 8	******	25 2 100	8	25 2	. 100 8	25 2	100 8
Programming and diagnostics of motor preparation	5	63	13	50	13 1 50) 4	3			<mark>13</mark> 1			

Planning of training loads in various sport disciplines	5	63	13	50	7****			T 1	13 1	50	4	T3		7	13 1	50 4	
Physiological aspects of motor preparation	5	62	12	50				1	13 : 1 12 : 1	50	4				13 1 12 1	50 4	
Shaping motor skills in various sports disciplines	5	62	12	50	12		4						1 50 4			ļ	
Specialization – World Sport Sport and the World	10 3	125 28	25 8	100 20	25 8	2 100 1 20	8 2					25 8	2 100 8 1 20 2		ļ		4
Olympic movement	1	23	3	20	3		.1.33					3	20 1			***********	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~
World sports institutions	سيسا	23	3	20	.3	20 20	4					3	20 1				
Sports disciplines in the world Sportspersons of the world	3 2	28 23	8 3	20 20	. 8 .3	1 20 20	2.		angananj	h	aaajaaaga		1 20 2 20 2	<i>-</i>			
Specialization - Sports Analytics	10	125	25	100	25	2 100	8					25	2 100 8				
Sports taxonomy	3		8	20	8.		2					8	1 20 2				
Soorts technoloay and tactics Engineering technology		23 23	3	20 20	3	20 20	4			} }		- 3	20 1 20 1	- 			-
Geography of sport	2	23	3	20	3	20	2				~~~~	3	20 2				
Sports activity analysis	3	28	8	20	8	1 20	2					.8	1 20 2				
Specialization - Sports Equipment Basics of sport engineering	10 3	125 28	25 8	100 20	ļ		j		2 5 2 8 1	100 20					25 2 8 1	20 2	/
Sports materials science	1	23	3	20	1				3	20	1.					20 1	
Metrology of sport	11	23	3	20	J				3	20	1				3	20 1	
Products and engineering spaces	3 2	28 23	8 3	20 20	4				8 1 3	20 20	2				8 : 1	20 2 20 2	
Use of soorts products Specialization – Artistry and sport	10	125	25	100				1 2	25 2	100	2 8			• • • • • • • • • • • • • • • • • • • •	25 2	100 8	
Culture and art in sport	3	28	8	20	Į				8 1		2					20 2	
Literature and sports publications Fine art and music and sport	11	23 23	3	20 20	<u> </u>				3. 3	20 20				.	3	20 1 20 1	
Stage and audiovisual plays and sport	3	28	8	20	1	~~~			8 1	20	2	.		~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	8 1	20 2	
Architecture and sports crafts	2	23	3	20	J				3	20	2				3	20 2	
Specialization - Psychology of sport Introduction to psychology of sports	40 2	500 25	100 25	400	25 25		8		25 2	100	8	25	2 100 8		25 2	100 8	
SSS Starting Stress Syndrome	2			25	2.3		2				~~~ <u>*</u>			······			
PTS Mental Training	4	~~~~~~		50	1	25 25	2			25	2						
Group processes	2		ļ	25 25		25 25	<u></u> 2									i	
Positive psychology PR stages of soorts career development	2 2	25	25	69	1	49	6	2	25 2								
Team building	2			25	J					25	2						
Psychodietetics Working with the hody	2			25 25	4					25 25	.2						
Neuropsychology	2	25	25				~~~ <u>*</u>		<u></u>		··········	25	2	······			
Biofeedback	2			25									25 2	.)			
Sociometry	2			25					~~ , ~~~				25 2				<u></u>
Sexology Psychodietetics	2			25 25	4							···	25 2	.,			
Clinical osychology of sport	2	25	25		Į										25 2		
Neurofeedback Addictions and pathologies	2		ļi	25 25	4				-					- 		25 2 25 2	
Ethics and fair play	2	••••••		25												25 2	
Practice	2			25	J									<u> </u>		25 2	
Instructor of Physical Recreation - corrective and compensating gymnastics	10	125	25	100	25	2 100	8		25 2	100	8	25				100 8	
Body posture diagnostics	2	29 31	15 10	14 21	25 15 10	1 14			15 1 10 1	(accordance)		15	1 14 1	.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	15 1 10 1	14 1	
Methodology of corrective exercises	3 1	31	10	21	10	1 21			10 1	21	~ ~ ~~~~	10			10 1	21 2 15 1	
Swimming and corrective exercises in water Fun and games of a corrective character	1	15 9		15 9	1	15 9	1			15 9	1		15 1 9 1			15 1 9 1	
Corrective and compensation procedures in the classroom unit	1	9 11		11	1	11	1	nama (m		11			11 1	·······		11 1	***************************************
Specialization practice	2	30		30		11 30	2		25 2	30	3		30 3			30 3	
Sports Communication and Journalism	20	250	50	200	25		.8		25 2	100	.8	25	2 100 8		25 2	100 8	
History of the sports press in Poland and worldwide Media and sports media market in Poland	1	13 12	13 12		13 12	1						13 12	1		ļ		
Ethics of sports journalism	1	12	12		۲			1	12 1						12 1		
Language of journalistic expression	2	25		25		25	2						25 2				
Genres and types of journalistic expression	1	12		12		12 13	.1						12 1				
Spokesmanship	11	13		13		13	.1						13 1				
PR in sports	1	12	12	12	ļ§					12					12 1	12 1	
Basics of press, copyright and sports law Graphic design	1	13 13	13	13	† ************************************				13 1		1				13 1	13 1	
Press journalism workshop	1 2	25		13 25	†	25	2	*****			····		25 2	·			
Radio journalism workshop	2	25		25		25 25	2						25 2 25 2				
Television journalism workshop	2	25		25						25	2					25 2	
Internet journalism workshop	2	25	ļ	25	ļ					25	2				1 8	25 2	
Practice Managing a sports club	2 40		100	25 400	25	2 100			25 2	25	2	25	2 100 0		25 2	25 2	
Managing a sports club Basics of management in sport	40 3		100 10	400 30	25 10	2 100 1 30	2		476			62.	2100 8		.434	100	
Basics of marketing in sport	3	40	15	25		.125	2										
Marketing research	2	20	ļ	20 25	ļ	20 25	2					<u>\$</u> -			}		{
Social media and agos in magagement Organization of sporting events	2 3	25 40	10	30	1			1	10 1	30	2						
Strategy for sports enterprises and business plan	. 3		15	25					151	25	.2						
Economy in sport	2	20	i	20	J		i			20		l		i	L		i

·					.,								, .			,					
Selected legal aspects of the functioning of sports organisations	2	25		25			ii				25	2	3b		i.					:	
ZZL in the system of managing a sports organization	3	40	. 10	30									3	10 1	30	2					i
Managing sports undertakings and corporate social responsibility	3	40	15	25	: I		11	3 3		1 1		3		15 1	25	2					
Innovation in sports projects	2	20	. i	20			XX	1 1			Ĭ	3			20	2					
Security of mass events	2	25	7	25	~~~~		7			· j			•		25	2					
New trends in the sports market	1	20	· · · · · · · · · · · · · · · · · · ·	20	·····	••••••	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	~~~~~		~;~~~;	***************************************	***************************************	•	••••	· · · · · · · · · · · · · · · · · · ·	····	•		20	2	
Snorts snonsorshin	2	20		20		š	ll.	3 3	T	3 3		3		į.					20	2	
Career management in sport	2	25	25	:	····	~~~	TTTT	7	·····	~~~~~		3					•	25 2			
Practice	2	60		60			XY		I	33		X							60	3	
Business models in snort	20	250	25	200							i i			25 2	100	8		25 2	100	8	
Characteristics of the sports market	3	40	10	30			1	3 3	T	3 3				10 1	30	2					
Recruitment and selection of employees	11	15	15				88	3.	I	3				15 1	ž		į				
Competencies and professional development in sport	2	25		25	سلست		ii								25	2	لسنت				
Sports marketing	2	20	8	20	انذ.		. 8 8			3			3 . l.	3	20	2	l				il
Managing a sports project	2	25		25	. : I		XX	3 3			X	3			25	2					
Designing business models	3	40	15	25			II	1 1		1 1								15 1	25	2	
Social financing (crowdfunding) in sport	2	25		25															25	2	
Managing a brand of a sports product	2	20	10	10			1							3				101	10	.1	
Social media and anns in managing sports events	2	10		25															25	2	
Start up in sport	1 1	15		15			II												15	1.1	
											X										

Faculty of Physical Education Gdansk University of Physical Education and Sport in GDAŃSK

Curricula for elective specialisations

Field of study: Physical Education

(educational cycle 2018-2020)

Level of education: second Profile of education: practical APPROVED

Module of classes (classes or a group of classes) ECTS Total		Mode	of study	: full-time	Э							
Module of classes (classes of a group of classes) ESTS U C FI S U C C S C C S C C S C C		***********		•,•••••				sem. III	***************************************	se	m. IV	••••••
Instruction specialization - Denne Sourt	Module of classes (classes or a group of classes)		Total		•	P/			s ECT	,, <u>г</u>		ECI
Instructions assemblisation - Darmore Stort	Instructing specialization	pis				0	S	⊶∳		S		s.
Instruction specialization — Durne Instruction specialization — Authority of the instruction of the instruct	Instructing specialization – Dance Sport	20	250	50	200		25 2 10	00 8	 	25 2 100	8	ajaan.
Intersecting specialization — RevietWall (and intersecting specialization — Both value) (and intersecting specialization — Both value) (as a present property of the property							000000000000000000000000000000000000000	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	***************************************			******
Instructions specialization - Audio 2		20	250	50	200		25 2 10	0 8		25 2 100	8 (
Instructions pescelatation - Motor preparation in combal sports 20 250 50 200 25 2 100 8 25 2 100 8		20	250	50	200					25 2 100		
Instructing specialization - Cancering	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~								ļļ	******************		
Instructions specialization - Camering 10 125 25 100 6 25 2 100 8 25 2 100 8 18 18 18 18 18 18		20	250		200							alaaa
Instruction specialization - Deventhal staing 20 250 50 200 67 67 100 8 25 2 100 8									ļļ			
Instructing specialization — Deverhill sking	Instructing specialization – Canoeing		125				The second secon		}			- }
Instructing apecialization - Jennis 20	Instructing specialization – Dayketball	20	250	50 50	200				famijaan			
Instructing specialization						-0000			*****			
instructing specialization — Footbal									*****			- juu
Instructing specialization — Table termis Instructing specialization — Table (grammatises) Instructing specialization — Equestrian sport Instructing specialization — Swimming Instructing specialization — Swimming Instructing specialization — Swimming Instructing specialization — Swimming Instructing specialization — Sports sailing Instructing specialization — Flores specialization — Sports sailing Instructing specialization — Flores Sports sailing Instructing specialization — Sports specialization — S	Instructing specialization – Football		250	50								
Instructing specialization - Artistic symmatrics 20 250 50 200 25 2 100 8 25 2 100 8	Instructing specialization – Table tennis	20	250	50	200		25 2 10	0 8		25 2 100	8 (
Instructing specialization - Equientification 20 250 50 200 25 2 100 8 25 2 100 8	Instructing specialization – Artistic gymnastics		250	50	200					25 2 100	8	J
Instructing specialization - Swimming					200					25 2 100) 8	J
Instructing specialization — Squash saling												<u>.</u>
Instructing apecialization - Sports saling 20 25 2 20 8 25 2 100 8 18 18 18 18 18 18		20	250	50	200				, dans dans dans dans dans dans dans dans	25 2 100		
Instructing specialization — Board sailing (windsurfing and kiteboarding)								,009000000000				- }
Instructing specialization - Sailing			250						}			<u>-</u>
Instructing specialization - Fitness 20 250 50 200 25 2 100 8 25 2 100 8			250						,			
Instructing appecialization - Karate 20 250 50 200 25 2 100 8 25 2 100 8							000000000000000000000000000000000000000	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	***************************************			******
History of traditional karate					200					25 2 100) 8	
Basics of sports law								J				
Methodology of traditional karate		ngunun										
Practice 2 25 25 25 25 25 25 25		سبلسند	12	12			بينسنسسني	سيسلي				
Programming and diagnostics of motor preparation 5 63 13 50 13 1 50 4				•				<u> </u>		****************	.0000000000000000	-
Programming and diagnostics of motor preparation 5 63 13 50 13 1 50 4				50			25 2 10	n 8	i de la composición			· ******
Planning of training loads in various sport disciplines 5 63 13 50 13 1 50 4									******	<u> </u>		
Physiological aspects of motor preparation		5				>>>>>		************	************	13 1 50	1 4	******
Coaching specialization - Coathing specialization - Dance Soot 20	Physiological aspects of motor preparation											J
Coaching specialization - Dance Sport 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Dance 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Handball 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Bodybuilding 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Bodybuilding 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Judo 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Motor preparation in combat sports 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Bowing 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Bowing 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Bowing 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Tennis 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Volleyball 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Football 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Football 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Artistic Gymnastics 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Artistic Gymnastics 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Sport and board sailing coach 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Sport and board sailing coach 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Sport and board sailing coach 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Sport and board sailing coach 20 250 50 200 25 2 100		5	62	12	50		12 1 5	0 4			J	J
Coaching specialization - Dance 20 250 50 200 25 2 100 8 25 2 100 8			050		000				ļļ			
Coaching specialization - Handball 20 250 50 200 25 2 100 8 25 2 100 8						···			j			
Coaching specialization - Bodybuilding 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Judo 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Motor preparation in combat sports 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Rowing 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Basketball 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Tennis 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Volleyball 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Tennis 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Toolball 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Table tennis 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Table tennis 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Affistic Gymnastics 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Equestrian sport 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Affistic Gymnastics 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Affistic Gymnastics 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Swimming 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Swimming 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - Swimming 20 250 50 200 25 2 100 8 25 2 100 8 25 2 100 8 25 2 100 8 25 2 100 8 25 2 100 8 25 2 100 8 25 2 100 8 25 2 100 8 25 2 100 8 25 2 100 8 25 2 100 8 25 2 100 8 25 2 100 8						******	0000000000000000000		}	*		~ ~ ~~~
Coaching specialization - Judo 20 250 50 200 25 2 100 8 25 2 100 8		20					25 2 10		*****			- juu
Coaching specialization - Motor preparation in combat sports 20 250 50 200 25 2 100 8 25 2 100 8	Coaching specialization - Judo	20	250	50	200			0 8	3	25 2 100		
Coaching specialization - Basketball 20 250 50 200 25 2 100 8 25 2 100 8			250					0 8		25 2 100	8 (
Coaching specialization - Basketball 20 250 50 200 25 2 100 8 25 2 100 8		20	250	50	200					25 2 100	8	J
Coaching specialization - Volleyball 20 250 50 200 25 2 100 8 25 2 100 8			250				25 2 10	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		25 2 100) 8	J
Coaching specialization – Football 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization – Table tennis 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization – Attistic Gymnastics 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization – Equestrian sport 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization – Haletics 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization – Swimming 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization – Swomming 20 250 50 200 25 2 100 8 25 2 100 8 <									ļļ			
Coaching specialization – Table tennis 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization – Artistic Gymnastics 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization – Equestrian sport 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization – Althetics 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization – Swimming 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization – Swimming 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization – Swimming 20 250 50 200 25 2 100 8 25 2 100 8												
Coaching specialization – Artistic Gymnastics 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization – Equestrian sport 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization – Althetics 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization – Swimming 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization – Sport and board sailing coach 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - without the need to be an instructor 20 250 50 200 25 2 100 8 25 2 100 8		000000000000	000000000000000000	.00000000000000	(00000000000000000000000000000000000000		000000000000000000000000000000000000000		 			-
Coaching specialization – Equestrian sport 20 25 50 200 25 2 100 8 25 2 100 8 Coaching specialization – Atherics 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization – Sport and board sailing coach 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization – Sport and board sailing coach 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - without the need to be an instructor			250 250	50 50						25 2 100) 8	- j
Coaching specialization – Athletics 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization – Swimming 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization – Sport and board sailing coach 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - without the need to be an instructor 20 250 50 200 25 2 100 8 25 2 100 8		20	250	50	200		25 2 10		, <u>.</u>	25 2 100		
Coaching specialization – Swimming 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization – Sport and board sailing coach 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - without the need to be an instructor 50 200 25 2 100 8 25 2 100 8							000000000000000000000000000000000000000		·····	25 2 100) 8	1
Coaching specialization – Sport and board sailing coach 20 250 50 200 25 2 100 8 25 2 100 8 Coaching specialization - without the need to be an instructor			250	50	200				<u> </u>		8 (J
Coaching specialization - without the need to be an instructor Coaching specialization - Rowing 20 250 50 200 25 2 100 8 3 25 2 100 8	Coaching specialization – Sport and board sailing coach		250	50	200			00 8			8 (<u> </u>
Coaching specialization - Rowing 20 250 50 200 125 2 100 8 1 25 2 100 8 1 25 2 100 8 1			<u> </u>									
Specialization – Personal Trainer - continuation from the 1st cycle : 20 : 250 : 50 : 200 : 25 : 2 : 100 : 8 : : 25 : 2 : 100 : 8	Coaching specialization – Rowing	20	250	50	200				<u></u>	25 2 100) 8	

Basics of Stretching and Body Ball	5	60	0	60	[]	[60	5							[]	,
Body Building Training	3	40	0	40	\square		·	40	3				()		(
Nutrition and supplementation Planning and control of personal training	2	25 25	25 25	0	}	25	2		<u> </u>			25	2			j	
Basics of Pilates	5	60	0	60	<u> </u>							٠٠٠	ستس	60	5		
Total Slimming Training	3	40	0	40								ļ		40	3		
Specialization – Tourism and recreation for children and youth Specialization – Instructor of Motor Preparation - continuation from the 1st	20 20	250	50 50	200		25	2	100 100	. 8 8	<u></u>		25		100 100	.8		
Programming and diagnostics of motor preparation	5	250 63	13	200 50	-	25 13	.00000000	50	4		3	25		100	8		
Planning of training loads in various sport disciplines	5	62 63	12	50	•		1	50	4		}	[]	}	,			
Physiological aspects of motor preparation	5		13	50								13	1	50	4		
Shaping motor skills in various sports disciplines	5 20	62 250	12 50	50 200		25	2	100	8			12 25		50 100	4 8		لسا
Specialization - Biological Regeneration in Sport Theory of biological regeneration	1 1		10		m	10	1	100	8				utu	.100			ļ
Classic massage	4		•	45				45	4								<u> </u>
Physical therapy and kinesiotherapy in biological regeneration	سلِسة	<u>}</u>	15	45	ļ	15	1		نسيسا		l					jaand	
Physical therapy in biological regeneration Kinesiotherapy in biological regeneration	4 4	45 50		45 50	₩			25 30	2			 		20	2	j	} ~~~
Sports massage	3		•	40	•									40	3		ļ
Methods of psychoregulation in sport	1	40 12	12		<u></u>							12	1				
Nutrition and supplementation in sport		13	13	20	}				ļi		ļ	13	.1	20		j	
Contemporary methods of biological receneration Specialization	11	20		20										20	1	أسسا	
Specialization – Folk dance	10	125	25	100		25	2	100	8			25	2	100	8		
Specialization – Ballroom Dance	10 10	125 125	25 25	100 100		25	2	100	8	لسسا	اسسا	25 25	.2	100	8	j	لسسإ
Specialization – Different forms of dance Specialization – Modern dance	10 10	125 125	25 25	100 100	}	25 25	2	100 100	8 8	į	}	25 25	2	100 100	8 8	;	}
Specialization – Widdell dance Specialization – Stretching	10		25 25			25	2	100	8		}		2	100	8	[]	}/
Specialization - Pilates	10	125 125	25	100 100		25 25	2	100	8			25 25	2	100	8		
Specialization – Contemporary dance	10	125	25	100				100	8	إسسا		25	,	100	8	j	لسسإ
Specialisation – Lifeguard Specialisation – Qualified crew member for marine sailing	10 20	125 250	25 50	100 200	ł	25 25	2	100 100	8 8	i	}	25 25	2	100 100	8 8	juuud	}
Specialization - Skipper of sea and inland yacht	20	250	50	200		25 25	2	100	8			25	2	100	8		·
Specialization - Service technician for sport and marine sailing	20 20	250	50	200	<u>, </u>	25	2	100	8			25	2	100	8		\square
Specialization – Tourism and recreation for children and youth Specialization – World Sport		250 125	50 25	200 100		25 25	2 2	100 100	8 8			25	2	100	8	······	
Sport and the World	10 3	28	8		•		1	20	2					}			
Olympic movement	1	28 23	3	20 20		3		20	1			ļ;					
World sports institutions		23	3	20	}	3		20			<u></u>	 	ļ		ļ	jaanaf	
Sports disciplines in the world Sportspersons of the world	3 2	28 23	8 3	20 20	}~~	8 3	1	20 20	2 2		<u></u>	 	juuni	juuni	ļ	juuud	}~~~
Specialization - Sports Analytics	10	125	25	100		25	2	100	8								
Sports taxonomy	3	28	8	20			1	20	2	أسسأ	اسسا		<u> </u>		 ,	j	لسسإ
Sports technology and tactics Engineering technology	1	23 23	3	20 20	} ~~~	3		20 20	1		<u></u>	 		}~~~		j	
Geography of sport	2	23	3	20	•	3		20	2			·		}}	-	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
Sports activity analysis	3	28	8	20		8	1	20	2								
Specialization – Sports Equipment	10	125	25	100	}				ļ	إسسإ	ļ	25		100	8	,	لسا
Basics of sport engineering Sports materials science	3 1	28 23	8 3	20 20	hu	بسسن			juuunij		juund	. 8 .3	إسلسا	20 20	. <u>2</u>	,	
Metrology of sport	1.1	23	3	20								3		20	.1.		
Products and engineering spaces	3	28 23	8	20 20	إسسإ	بسبا			<u></u>	أسسه	أسسأ		1	20	2	j)	لسا
Use of sports products Specialization – Artistry and sport	2 10	23 125	3 25	20 100							}	3 25	2	20 100	2 8		}
Culture and art in sport	3	28	8	20									1		process.		
Literature and sports publications	1	23	3	20	\square							3		20	1		
Fine art and music and sport Stage and audiovisual plays and sport		23	3	20	}				ļi	ļ	}	3 8	أسيسا	20 20	1 2	j	
Architecture and sports crafts	3 2	28 23	8 3	20 20	} ~~				,		}	3		20	2	;	
Sports Communication and Journalism	20	250	50	200		25	2	100	8			22222	2				
History of the sports press in Poland and worldwide		13 12	13		إسسإ	13	1		<u></u>	أسسه	أسسأ	ا	ļ		 ,	j)	لسا
Media and sports media market in Poland :Ethics of sports journalism	1	12 12	12 12		}	12			}i		} <u> </u>	12	1		}	;	
Language of journalistic expression	22		•	25				25	2	بسسو	}	سئنس	}	;			}
Genres and types of journalistic expression	1	25 12		12	<u> </u>			12	1								
Spokesmanship	1	13		13	}	ļ		13	1	لسسة	<u>}</u>	ļ		<u> </u>	بسسا	j	اـــا
PR in sports Basics of press, copyright and sports law	<u></u>	12 13	13	12	}	بسسا			,	بسسبا		13		12		juunij	لسسإ
Graphic design	1	13		13	****				}		}~~~~	ستنسر) Jamasa J	13	1		
																بسسس	بمسمعين
Press journalism workshop Radio journalism workshop	2 2	25 25	• • • • • • • • • • • • • • • • • • •	25 25				25 25	2			<u> </u>				l	8k

Television journalism workshop	2	25	25			T 3	25 2	
Internet journalism workshop	2	25	25	T		T 3	25 2	
Practice	2	25	25	~~~		P*************************************	25 2	

Faculty of Physical Education Gdansk University of Physical Education and Sport in GDAŃSK

Curricula for elective specialisations

Field of study: Sport (educational cycle 2018-2020)

level of education: second cycle
Profile of education: practical

APPROVED

in GDANSK	Mode of study: full-time															<u></u>									
			hours	incl.	*******			sem	. I			*******	sem	. II		~~~~	******	sem.	 				sem. IV	*******	
Module of classes (classes or a group of classes)	pts. ECTS	Total	L	CI	P/ S	L	ECI		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	s EC	 ا	ECT	CI	ECT	s EC	L	ECT	CI	ECT	s EC	n L	CI	CI EC	n s	ECT
Specialization - Biological Regeneration	40	500	100	400		25	2	100	8	S EC	25		100	S. 8	S	25		100	S		25	S 2 1	S 00 8	سل	s.
Riochemistry of vitamins.	2	20		20		ļ		20	.2		4	ļ		}	andan		<u></u>				سيسسي	mļu.		afam.	اسسار
Immunology of physical effort	2	20		20		┿┉┉	<u></u>	20	.2]		, <u>,</u>	~~~ ~~	· 	<u> </u>			j	- 	j			
Functional anatomy	<u>2</u>	20	. 	20		┿~~~	•••••	20	2		· 	} }		 			••••	بسسه	h			┉╅┈		-f	ф~~~
Sports genetics Mineral and acid-base management		15 50	25	15. 25			لمسلم	15 25				juunj	·····	······		u uuu		بسسه	uuu	ungun	uhuugu	uujuu		ujuu.	ųuuų.
Digestion and metabolism of fats	·•••••	25	63	25		73	2	ZD	hulufu		·	juunj	25	2			•		m	~~~ { ~~	- 	mjn	mfuu	m	∤~~~
Digestion and metabolism of proteins	2	25	·	25		 	••••	•••••			·	1	25	~~~			•			~~~	~~~~~	~~~		*	7
Molecular markers used in sports diagnostics	3	45	10	35	<u>\$</u>	1	•			:::::::	10	1	35	2		1	:		3	••••	[***************************************		3
Genetic base of metabolic defects	1	15	15			Ī						1				<u> </u>					<u> </u>				3
Endocrinology	2	15		15							Ι		15	2		T								J	
Biochemistry of physical effort and biological regeneration	2	20		20		<u> </u>										1		20	2						
Propedeutics, planning and assessment of nutrition.	2	25		25		أسسأ	<u></u>		سلسسا		4	لسبا						25	2		سلسل		أسلمسا		السبلة
Theory of biological regeneration	سلسل	10	10	ļ		ل	i(سلسط		تسلم	لسل				10	سلس	<u></u>			4				السبلة
Classic massage	2	45		45					haada		4	ļ					.	45	2		4				السبلة
Sports traumatologia	2	10		10	00000000	******					J	ļ				4	: *******	10	2		4				أسسأ
Overtraining syndrome	2	35	15	10		ļ		~~~~			4						<u></u>	بسسب	44		15		10 1		السسار
Sports massage	22	25	. 	25		ֈ	<u></u>		JJ.			لسسإ		ب ــــا		4	<u></u>	بسنب	J				25 2	,	السل
Physical therapy in biological regeneration	سسلسين	20	J	20		∤	فسسه		huuh		4	ļ				15	سلس		J				20 1		اسسا
Kinesitherapy in biological regeneration	گىىچ	35	10	25.		house	iuud		Juunju	سبنس		Juunij	, and	hamal				بسسب	Jump	uufuu	10		252.	andranar	اسسا
Modern methods of influence in biological regeneration.	2	20		20			å				d	يسسي						أسسية			4		20 2		اسسة
Specialization - Management in Sport	40	500	100	400			2	100	.8		. 25	2	100	8		. 25	2	100	8		25	2 1	00 8	سبها	Ş
International sport market	3	40	10					30				}}			·····		·····		······	{		.	····}·····	. } .	<u></u>
Strategic management in sport Sports marketing	3 2	40 20	15	25 20	uţ		~~~~	25 20	2			ţ~~		ļ	anafaa	~~~~		بسسية	hund	ungun	uhuuğu	mj.	juu	ajaan	şamılı
Elements of financial engineering in sport	2	25	d	25			•	25	2		·*****	former			~~~ ~~	- 	•				~~~~~	-	-	software .	ф
Organization of sports events with technical aspects of property management (stadium, hall)	3	40	10	30			·			~~	10	}	30	2		~~~~	•			~~ { ~~	- 	f		- 	<u></u> ₩₩
Business model	3	40	15	25		ļ	i i		m		15	1	25	2			•••••					~~ ~	~		1
Human resources management	2	20	maii in	20		† ~~~) }	20	2	~~~ ~~	~ ~~~	•••••			.		anajar	~~	anjarana }	*****
Sports law and selected legal aspects of the functioning of sports organisations	2		*********	25		1 ~~~	••••		m		1	}~~~	25		~~~		••••				~~~~~	~~~		~}~~~	*****
Event security management	3	40	10	30		1	•				1	"				10	1	30	2		3			7	7
Crisis management and rational decision-making model	3	45	15	30		T		*******			.	"				15	1		2					<u> </u>	7777
Measurement indicators and assessment of the profitability of a marketing strategy Sports project management	2	}		20		T					T	<u> </u>						20	2		3			.T	IIII
Sports project management	2	1	1	20														20	2						
Start up in sports	2	15		20		L	i		L			l		لسل			<u>.</u>		L		سنسلس		15 2		السلل
Social financing (crowdfunding) in sport	3	25	, ,,,,,,,,,,,,,	25		ļ			ļ			} 					••••••						25 3		J
Career management in sport	2	25	25	<u></u>	l	ļ	<u></u>				4	ļļ					<u>. </u>		4		25	2			السلة
Practice	3	60	J	60	*******				ļļ			ļ					<u>.</u>					*****	30		است
Specialization - Teaching	60	7 <u>5</u> 1	147	604		24	2	96	.8		.36	بسقسا	84			. 36	3	236	.17	00	48	6 2	00 14	10	اسسه
Fun and movement games in kindergarten and primary school	3	36	afaaaaaa	36		├ ~~~	ģaranģi	24	2	·····		ģaanaļ	12	mm	mangam		•	•••••	m	angan	amanga	angan	molom	nfam	gama
Fun and movement games in secondary school Teaching sports games in kindergarten and primary school – Introduction to mini-games	2	24 12		24 12		├ ~~~		24	2	.		 			j	~~~~	<u> </u>		 }-	~~ } ~~	- 	غ	24 2	- 	-}
Teaching sports games in kindergarien and primary school – introduction to mini-games Teaching sports games in secondary school – Football	1					┿┉┈		24				ģ		~~~}		- 	<u></u>	12	4		- 	~~ { ~		~f~~~	ф~~~
Teaching sports games in secondary school – I ootball Teaching sports games in secondary school – Basketball	·*************************************	12 12	·ۇ~~~~	12 12			•••••			····	· ~~	(~~~	· 	<u> </u>	12 12	1	j		mym	annfann	mfmm	ş
Teaching sports games in secondary school – Dasketuali Teaching sports games in secondary school – Table tennis and badmintoin		12		12			••••				· ~~~	 					<u> </u>	12						- f	
Teaching sports games in secondary school – Handball		12	-f	12		†	,y		hoogh			(~~~~	••••	12	1 3			unfu	f	4	3
Teaching sports games in secondary school – Volleyball	••••••••••••••••••••••••••••••••••••••	12	afamanan	12	andram }	+ ~~~		2000000	m	~~~ <u>;</u>	nhmm	(mm)		************	mmjmm	odoooo	•~~~~ :	12	1	~~~}~~		aranjara	mfinn	nform	3
Teaching sports games in secondary school – Floorball	1	12	************	12		T					T	~~~		*****	·····	7		12		~~~	~~~~~	~~~	***************************************	***************************************	3
Teaching individual sports in kindergarten and primary school - Dance	11	12		12	J	Ι							12	1		1				J.,				Ĵ	
Teaching individual sports in kindergarten and primary school – Athletics	1	12		12		1]	12	1											1
Teaching individual sports in kindergarten and primary school – Gymnastics	1	12		12		<u> </u>										1	,	12	1						
Teaching individual sports in kindergarten and primary school - Combat sports	1	12		12		<u> </u>					1							12	1						
Teaching individual sport training in secondary school – Fitness and dance	2	24		24		ل					سل						i	12	.1				121		السلا
Teaching individual sports in secondary school – Athletics	1	12		12		ļ	<u></u>				4					<u> </u>	<u>.</u>	12	1		4				السلة
Physical activity, health and sport in the core curriculum of Physical Education	<u></u>	12	12	J			لسل		سلسسا		12	إسلسا				4		لسسة			سأسسأت				السلة
Psychology of development and education of a child	<u></u>	15	15	<u> </u>	12		. 1	~~~~	ļļ.		4	إسبسإ		<u></u>			: 		ļļ.		4			- 	J
Psychology of development and education of the period of adolescence and early adulthood		12	12	i		ل	ii		سسا		12	نسلسن	لسسا	لسسا			i	فسسة	سلسل		ستسسلم			سسلم	السنند

Psychological work with a child during the middle and late childhood and early adolescence	2	24	~~~~~~	24	~~~	~~ <u>~</u>	24	2	~~~~	~~~~		7~~		7 ~~~?	~~~~	~~~ <u>}</u>	777	~~~~	~~ <u>~</u>	~~~	~~~~	~3~~~
Psychological work with a pupil during adolescence and early adulthood	2	24		24							24	2					III					
Introduction to pedagogy for teachers of Physical Education	1	12	12		12 ′	12 1		[]						1						<u> </u>]
Pedagogy for teachers of Physical Education with elements of andragogy	 1	12	12			~~~	, ,	J.,,,,,,,,,,		12 1				4						ļļ.		
Pedagogical work with a child during the middle and late childhood and early adolescence	2	24	-f	24			24	2			ببيسؤس	hund		4			4			jj.		
Pedagogical work with a pupil during adolescence and early adulthood	2	24		24			ļ	ļļ			24	2		<u>-</u>						<u> </u>	.	
Week's educational practice in primary school with pre-school classes Week's educational practice in secondary school	1 1	20 20		20 20			نسسل	fuufuu			~ } ~~~	-		 		20 1	- {			<u></u>		
Basics of didactics	2	24	24		~~		fuumi	fuufuu		uugu	ayaaa	yuuy		24	2		mp		anganani	20	uluğun	mining
Didactics of Physical Education in kindergarten and primary school	6	60	24	36	~~		hammi	faranjara	mmm	manjam	mjumu	mm	magaa		1	12 1	m	mmmm 1	12 2	24	2	minim
Didactics of Physical Education in secondary school	5	48	12	36	~~		·	 			···	7	·····	بستنسه		12 1	7~~		12 2	24	2	~
Health education	3	36	12	24			{				***************************************	·	3	1		3	3		12 1	24	2	7
Inclusive Physical Education	2	24	12	12	I				I			7	}	1			.]]		12 1	12		
Voice emission for the teacher of Physical Education	1	12		12				[[1		12 1 60 3				<i>[</i>].]
Semester's didactic practice in primary school	3	60		60			<u></u>	J				لسسا		4		60 3	l			بلسسة		لسلسا
Semester's didactic practice in secondary school	3	60		60			<u></u>	<u></u>				Januari		4			<u></u>			60	.3	
Coaching specialization	40	500		400		05 0	100	8		05 0	400	8	j	05		100 8				100		
Coaching specialization – Dance Sport Coaching specialization – Handball	40 40	500	100 100			25 2 25 2	100 100	8		25 2	100	8]			100 8 100 8			25 2 25 2			
Coaching specialization – Handball Coaching specialization – Bodybuilding	40	500	100			25 2 25 2	100	0000000000000			100		~~~ 			100 8			25 2			~
Coaching specialization – Judo	40	500	100			25 2 25 2	100		····		100					100 8			25 2			~~~~
Coaching specialization – Motor preparation in combat sports	40	500	100			25 2 25 2	100	8		25 2	100	8				100 8			25 2			7
Coaching specialization – Rowing	40	500	100			25 2	yanny	8		25 2	100	8				100 8			25 2			
Coaching specialization - Basketball	40	500	100		Γ_2	25 2	100	8		25 2	100	8		25	2	100 8		2	25 2	100	8	
Coaching specialization – Tennis	40	500	100	400		25 2	100		I	25 2	100	8		25	2	100 8	بلسبا	2	25 2	100	8	لسلسا
Coaching specialization - Volleyball	40	500	100			25 2	100	8	لسبب	25 2	100	8		25	2	100 8		2	25 2	100	8	لسب
Coaching specialization – Football	40	500	100			25 2	100	8		25 2	100	8		25	2	100 8 100 8	4	2	25 2	100	8	
Coaching specialization – Table tennis	40	500	100			25 2	100			25 2	100	8							25 2			إسساس
Coaching specialization – Artistic Gymnastics	40 40	500 500	100 100			25 2 25 2	100 100	8		25 2 25 2	100					100 8 100 8			25 2 25 2	100		
Coaching specialization – Equestrian sport Coaching specialization – Athletics	40	500	100			25 2 25 2		8	····		100					100 8			25 2 25 2			mj
Coaching specialization – Swimming	40	500	100			25 2	100	8		25 2						100 8			25 2			m
Coaching specialization - Sport and board sailing coach	40	500	100			25 2	100			25 2	100	8		25	2	100 8	7	2	25 2	100	8	~
Specialization – Personal Trainer	40	500	100	400	7	25 2	100	8 0	0	25 2 25 2	100	8	0 0	25	2	100 8	0	0 2		100		
Selected issues of human mobility	2	25	25	0		25 2								L			1					
Step Aerobic	3	40	0	40			40					4		4			44					
ABC/ABT/BBC exercises	5	60	<u>o</u>	60			60	5		j		+	j			j				jj.	j .	
Body Building Training Biological regeneration and physical therapy	3 2	40 25	0 25	40 0	~~		fuumi	fuufuu	·•••••	25	3	3		4	<u>.</u>	uuğuu	ywy		anganani	fuunfi	uufu	hunden
Nordic walking	5	60	25 0	60	~~∱~			fuufuu		25	60	5	·····	+		.	-ff		anganani	jj.		
Basics of Stretching and Body Ball	5	60	0	60	~~		<u> </u>							† ~~~		60 5	7~	~~~	m	m		7
Body Building Training	3	40	0	40	~T~							7				40 3	7					
Nutrition and supplementation	2	25	25	0										25	2		11					
Planning and control of personal traininig	2	25	25				ļ					4					4	2	25 2	<u></u>		
Basics of Pilates	5	60	0	60		نسنيسا		JJ						4			4		نسيسا	60	5	
Total Slimming Training	3	40	0	40			<u>,</u>				<u></u>			4						40		استنبسا
Instructing specialization Instructing specialization – Dance Sport	20	250	50	200			ļ	ļļ				4		25 25	2	100 8 100 8			25 2 25 2	100 100		
Instructing specialization – Dance	20 20	250 250	50 50		~~		şaaaa	fuufuu			~y~~~	yuuy			2				25 2 25 2	100		
Instructing specialization – Handball	20	250	50	200	****		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	}	~~~~	~~~	~~~~	 	~~~			100 8	~~~			100		
Instructing specialization – Bodybuilding	20	250	50	200	~~		<u> </u>	1			~ ~	7~~		25 25		100 8	777	2	25 2 25 2	100		7
Instruction specialization – Judo	20	250	50	200										25		100 8		2	25 2	100	8	
Instructing specialization – Motor preparation in combat sports	20	250	50									J)		25 25	2	100 8		2	25 2	100	8	لسلسا
Instructing specialization – Rowing	20	250	50	200			}				}			25		100 8		2	25 2	100		
Instructing specialization - Canoeing	10	125	25	100				 		∳				25		100 8	. , ;	2	25 2	100	8	
Instructing specialization – Basketball	20	250	50	200				fuurfuur			<u></u>	dund	aaafaaa	25	2	100 8	ajaan di		25 <u>2</u>	100	<u></u>	
Instructing specialization – Downhill skiing Instructing specialization – Tennis	20 20	250 250	50 50	200 200	~~~		}	 		,	~ , ~~	yaani	~~~	25 25	2	100 8 100 8	opomp	2	25 2 25 2	100 100	0	
Instructing specialization – Valleyhall	20	250	50	200			<u> </u>	 		-	~ ~~	†~~					4~4		25 2 25 2	100	8	
Instructing specialization – Volleysali	20	250	50	200	┉┿┅		Jummi	mahan		uuyuu		yuuuj	j	25	2	100 8 100 8 100 8 100 8 100 8	ywy	աստան 2	25 2 25 2 25 2	100	8	mjuuuj
Instructing specialization – Table tennis	20	250		200	~~		J	<u> </u>						25	2	100 8	7		20 2	100	0	7777
Instructing specialization – Artistic gymnastics	20	250	50	200										25	2	100 8		2	25 2	100	8	
Instructing specialization – Equestrian sport	20	250	50	200				Jundin	لسن			لتسل		25	2	100 8	Juli	2	25 2	100	8	لتسلس
Instructing specialization – Athletics	20	250	50	200			(manar	ļļ				afarana)		25	2	100 8		- 2	25 2 .	100	8	
Instructing specialization – Swimming	20	250	50	200			}		.i			4		25	2	100 0		2	.5 2	100	8	
Instructing specialization – Squash	20	250	50				<u>}</u>	şş			.	.şş		25 25 25	2	100 8		2	25 2 25 2 25 2 25 2	100	8	
Instructing specialization – Sports sailing	20 20	250 250	50 50	200 200	┉┿┉		jaman'	famafana	·••		andaman	yaand		25	2	100 8			.o 2	100	8	
Instructing specialization –Board sailing (windsurfing and kiteboarding)		250	υc		h		استست	juuguu	لسسف	anda.	mhama	لسسيا	aaayaaa	25	۴	100 8	apaang.					إسسيس
Instructing specialization – Sailing	20	250	50	200			ή .	1 1	: !	ź	- 1	9 3		25	2			9	75 2	100	8	
Instructing specialization – Sailing Instructing specialization – Fitness	20 20	250 250	50 50	200 200	∤							··]]		25 25	2	100 8 100 8		<u>ئ</u> ــــــــــــــــــــــــــــــــــــ	25 2	100 100	8	}∤

Specialization – Instructor of Motor Preparation	20	7	250	50	200	777	····		~~~		~~~	7			25 2	100	8	~~~	25 2	100 8	
Programming and diagnostics of motor preparation	5	J	63	13	50											50	4				
Planning of training loads in various sport disciplines	5		63 62	13	50	-}		}					} <u>}</u>						13 1 12 1		,
Physiological aspects of motor preparation Shaping motor skills in various sports disciplines	5 5	njam	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	12 12	50 50	4	~~~	,,,,,,,	angan		annfarm	mpaman		mjmm	12 1	50	4			50 4	mandaman
Instructing specialization – Karate	20	7	250	50	200	77	•••••	m	····		~~	~		~~	12 1 25 2	100	8	*****	25 1	100 8	
History of traditional karate	2		25	25	<u> </u>										25 2				3 3	3 3	
Ethics in the profession of the traditional karate instructor		ļ		13	ļ	لمله		بلسسا	j			لسسل				يسنب			13 1 12 1		استسلسيز
Basics of sports law Methodology of traditional karate	1 14	 	12 175	12	175	╬┉┼	~~ <u>,</u>	ļļ.	~~ , ~~	·····	~~ ~			~ , ~~	.	100	~~		12 . 1	75 6	,mmfmm/
West Auditory of Basilional Karate Practice	2	~ ~ ~~	175 25 250	 !	25	**		}					} 			100	~~~			75 6 25 2	,
Specialization – Tourism and recreation for children and youth	20		250	50	25 200		25 2	100	8		25 2	100	8		25 2	100	8		25 2	100 8	
Practice Specialization – Tourism and recreation for children and youth Specialization – Folk dance Specialization – Folk dance		مستوس	فيستستن		Anna anna anna anna anna anna anna anna										25 2 25 2	100	8		25 2 25 2	100 8	
	10		125	25	100 100	.}		ļ						}	25 2	100	8			100 8	j
Specialization – Ballroom Dance Specialization – Different forms of dance	10 10	-f	125 125	25 25	100 100	╬┉┼		jj.			j	- 	 	₩	25 2	100 100	8			100 8 100 8	
Specialization – Modern dance	10	ujuu.	125	25 25	100	***		†********			angan.	~f~~~	·	wjww	25 2	100			25 2	100 8	,
Specialization – Stretching	10		125	25	100	1[11						3	25 2	100	8		25 2 25 2	100 8 100 8	
Specialization - Pilates	10		00000000000	25	100										25 2	100	8		25 2	100 8	
Specialization - Contemporary dance	10		125	25	100	ᢤᠬ		ļļ.		h					25 2	100 100	8	┉୷	25 2	100 8	,
Specialisation – Lifeguard Specialisation – Qualified crew member for marine sailing	10 10		125 125	25 25	100 100	╬┉╂		 	 				formfor			100 100		┉┿	25 2 25 2	100 8	لسسؤسس
Specialization – Qualined crew member for manner saming Specialization – Skipper of sea and inland yacht	10		125	25 25	100	ተተ		 		*****			 		25 2	100	8	~~~	25 2	100 8	لىسىۋىسىد ئ
Specialization – Service technician for sport and marine sailing	10		125	25	100	\mathbb{T}^{\dagger}		J							25 2	100		<u>.</u>	25 2	100 8 100 8 100 8	
Specialization – Tourism and recreation for children and youth	20		250	50	200	I									25 2	100	8		25 2	100 8	
Specialization - World Sport	10		125	25	100	ų.,.l		ļļ.							25 2	100	بسبية.				
Sport and the World Olympic movement	3 1	afam	28 23	8 3	20 20	┉┼		}				,	 		8 1 3	20 20	- 		~~;~~;		/
World sports institutions	1	<u>~}~~</u>	23	3	20	<u>ተ</u>			} -	*****			····	~}~~~	3	20					
Sports disciplines in the world	3	<u> </u>	28	8	20										8 1	20	2				i
Sportspersons of the world	2			3	20	J[3	20					
Specialization - Sports Analytics	10		125	25	100	<u>.</u>		ļļ.				4			25 2				بسبسا	بسبسب	لسبلسار
Sports taxonomy Sports technology and tactics	3 1	- j	28 23	www.	20 20	╬┉╂		 		·•••••	┉∳┉	- 		~ , ~~	8 1 3	20 20	2	∤-	mjunj		لسسلسم
Engineering technology	1	~~~	00000000000	3	20	***		 		*******	~	~		~	3	20			~~		,
Geography of sport	2		23	3	20	III									3	20	2				
Sports activity analysis Specialization – Sports Equipment	3		28 125	8	20	إسلم		ļ			·····				8 1	20	2				,
	10 3		125	25 8	100	╬┉╂		ļļ.				4				يسسن			252	100 8	لسسلسسا
Basics of sport engineering Sports materials science	3 1	- 	28 23	3	20 20	╬┉╂		 		·····		- 	hombo						8 1	20 2	لسبلسبر
Metrology of sport	1	7	23		20) T													3	20 1 20 1	
Products and engineering spaces	3	J	28	8	20														8 1	20 2	
Use of sports products	2		23 125	3	20	<u></u>		ļļ.										J.	3	20 2	,
Specialization – Artistry and sport Culture and art in sport	10 3			25 8	100 20	∳ -		 -		·••••		-{				·•••••••••••••••••••••••••••••••••••••			25 2 8 1	100 8 20 2	
Literature and sports publications	1	~ ~ ~~	23	3	20	4~	····	tomb	~~ ~~	······		njuun)	 	~	<u>.</u>	·••	~~~		3	20 1	,
Fine art and music and sport	1	<u> </u>	23	3	20														3 8 1	20 1	
Stage and audiovisual plays and sport	3		28	8	20	1		ļļ												20 2 20 2	
Architecture and sports crafts	2 20		23 250		20	<u>ا</u> سة		ļ								400			3 25 2	20 2 100 8	,
Sports Communication and Journalism History of the sports press in Poland and worldwide	2U 1	- ļ		50 13	200	∳ ⊶∤		 -		·••					25 2 13 1	100	•			100 8	
Media and sports media market in Poland	1	·· {·····	13 12	12	·{	· f· · · ·		}		····		***************************************	} <u>†</u>	********	13 1 12 1					***********	· · · · · · · · · · · · · · · · · · ·
Ethics of sports journalism	1		12	12 12															12 1		
Language of journalistic expression	2		25		25	.}							[<u>]</u>)		25	2				į
Genres and types of journalistic expression	1	-\$	12		12 13	╬┉┼		}{-				-}				12					,
Spokesmanship PR in sports	1	ujuu.	13 12		12	}~		 -	~~ } ~~			~ į ~~~į		~}~~~		13	~~			12 1	استنتوست
Basics of press, copyright and sports law	1	~ <u>`</u>		13	danniña.	7~					~~~	····			•••••••		~~	h	13 1		annandarian (
Graphic design	1	J	13		13															13 1	
Press journalism workshop	2	-ļ	25		25	لمسلم		ļļ.				J	J			25 05	2				,
Radio journalism workshop Television journalism workshop	2 2	- j	25 25		25 25	╬┉┼		}	 	┿┉┾	∳		 			25	2			25 2	
Internet journalism workshop	2		25 25		25 25	╅┉╂		 	-	<u> </u>				~ } ~~~						25 2 25 2	اسسلمسن
Practice	2		25		25 25	"		1		anap										25 2 25 2	
Practice Managing Mass Events	20		25 250	50	200										25 2	100			25 2	100 8	
Managing the process of organisation and securing a mass event	3		40	10	30 25	·{		ļ		. 			}		10 1	30	2				, <u> </u>
Support for mass event participants Budgeting of a mass event	3 2	mpm.	40 20	15	25 20	╬┉╂		ļļ.		·••••••			}		15 1	25 20	2		jj		,
Business plan for a mass event	2		25		25	†~†		jp		******	 	- 		~}~~~		25			10 1		,,

Managing customer relationships (sales and negotiation)	3	40	15	25	T : : : : :	······			 	T : : :	3		15 1	25 2	
Managing a brand of a mass event	2	20		20										20 2	
Social media and apps in managing sports events	2	25	I	25	1		i	3	 }	Iii.	3	XX	13	25 2	