Załacznik nr 1 do Zarządzenia nr 7/18-19 Dziekana Wydziału Turystyki i Rekreacji z dnia 14.01.2019 roku
Valid for the educational cycle 2018/2019-2020/2021

Faculty of
Tourism and Recreation
Gdansk University of Physical Education and Sport

Study plan

Study field: Tourism and Recreation
Level of education: First cycle studies (Bachelor degree)
Educational profile: practical
Form of study: full time

Educational modules (classes or group of classes)	Number of exams	Number of final tests	ECTS	Number of textbook hours Total	Including Lectures (L)	Including Tutorials (T)	Including Seminars (S)	sem. I L	sem. I ECTS	sem. I T	sem. I ECTS	sem. I S	sem. I ECTS	sem. II L	sem. II ECTS	sem. II T	sem. II ECTS	sem. II S	sem. II ECTS	sem. III L	sem. III ECTS	sem. III T	sem. III ECTS	sem. III S	sem. III ECTS	sem. IV L	sem. IV ECTS	sem. IV T	sem. IV ECTS	sem. IV S	sem. IV ECTS	sem. V L	sem. V ECTS	sem. V T	sem. V ECTS	sem. V S	sem. V ECTS	sem. VI L	sem. VI ECTS	sem. VI T	sem. VI ECTS	sem. VI S	sem. VI ECTS	Summary of educational modules Total	T	C	S
Number of hours in a semester								15	1	15	1			30	2	15	1			30	2	15	1			30	2	15	1			30	2	15	1			30	2	15	1						
Theoretical and practical basis for health-enhancing physical activity																																														
Fundamentals of Human Anatomy and Kinesiology		2	2	30	15	15	0	15	1	15	1																																			
Human Physiology	II	2	4	45	30	15	0							30	2	15	1																													
Theory and Methodology of Recreation	I	2	4	45	30	15	0	30	2	15	1																																			
Theory and Methodology of Health Training		2	2	45	30	15	0																									30	2	15	1											
Fundamentals of Physical Activity	III	2	2	45	30	15	0													30	2	15	1																							
Pre-Medical First Aid	III	2	3	30	15	15	0													15	2	15	1																							
Nutrition and Physical Activity	VI	1	1	42	28	14	0																															28	1	14	1			282	178	104	0
Various forms of physical activity																																														
Group Fitness with Music		1	1	15	0	15	0			15	1																																			
Fitness - Modern Trends in Individual Training		1	1	15	0	15	0									15	1																													
Recreational and Movement Games		2	2	30	0	30	0			30	1																																			
Physical Activity for Seniors		2	3	45	30	15	0							30	2	15	1																													
Sailboarding		1	1	15	0	15	0									15	1																													
Sailing		3	3	45	30	15	0							30	2	15	1																											165	81	105	0
Theoretical and practical basis of tourism																																														
Fundamentals of Tourism	I	2	4	45	30	15	0	30	2	15	1																																			
Tourism Geography	I	2	4	45	30	15	0	30	2	15	1																																			
Touring	I	2	4	45	30	15	0																			30	2	15	1																	
Geography	I	2	4	45	30	15	0	30	2	15	1																																			
New Trends in Tourism		1	2	30	30	0	0	30	2																																					
Tourist Traffic Services		2	4	60	30	30	0													30	2	30	2																					343	238	105	0
Economics and management aspects of tourism and recreation																																														
Economics		2	2	30	15	15	0	15	1	15	1																																			
Tourism and Recreation Economics	II	2	4	30	15	15	0							15	2	15	1																													
Customer Service in Tourism and Recreation		1	2	14	14	0	0																			14	1																			
Insurance in Tourism and Recreation		1	1	14	14	0	0																			14	1																			
Introduction to Marketing	II	1	2	45	30	15	0							30	2	15	1																													
Management in Tourism and Recreation		2	2	28	14	14	0																															14	1	14	1						
Fundamentals of Law		2	2	30	15	15	0													15	1	15	1																							
Law in Tourism and Recreation		1	1	14	14	0	0																			14	1																	181	102	59	0
Complementary professional competences in tourism and recreation																																														
Foreign language****	I	4	9	118	0	118	0			30	2					30	2					30	2					28	3																	
Interpersonal Communication		2	2	30	15	15	0	15	1	15	1																																			
Animation of Leisure Time		2	3	45	30	15	0							30	2	15	1																													
Organization of Tourist and Recreational Events		1	1	14	0	14	0																																	14	1					
Camp Educator	I	2	3	28	14	14	0																			14	2	14	1																	
Ecology and Environment Protection	I	1	1	45	30	15	0																									30	1	15	1											
Ethics in Tourism and Recreation		1	2	28	28	0	0																															28	2							
History of Architecture and Art	VI	2	4	42	28	14	0																															28	3	14	1					
Sociology of Leisure		2	4	45	30	15	0													15	1																									
Information Technology and the Basics of Computer Science Statistics		1	2	30	0	30	0																											30	2											
Tourism and Recreation Development	I	2	4	42	28	14	0																			28	3	14	1																	
Student's choice courses*		***	29	412	206	206	0							30	2	45	3			60	4	75	5			56	4	28	2			60	4	30	2					28	2					
Elementary professional internship		1	8	240	0	240	0																					240	8																	
Bachelor's seminar		3	15	43	0	0	43																							14	5					15	5					14	5	1.132	394	699	43
Specialty																																														
Specialty**	VI	***	12	150	0	150	0															30	2					30	1					30	1					30	1					
Professional internships related to the specialty		1	8	240	0	240	0																																	240	8					
																																											399	0	399	0
	Exams	Final tests***	ECTS	Total	L*,**	T*,**	S	W	ECTS	T	ECTS	S	ECTS	W	ECTS	T	ECTS	S	ECTS	W	ECTS	T	ECTS	S	ECTS	W	ECTS	T	ECTS	S	ECTS	W	ECTS	T	ECTS	S	ECTS	W	ECTS	T	ECTS	S	ECTS				
	18	72	180	2438	943	1452	43	195	17	165	11	0	0	195	16	210	14	0	0	165	14	195	13	0	0	140	12	366	18	14	5	150	12	150	10	15	5	98	9	366	18	14	5				
Number:				Exams in a semester						4						3						2						2						3						3						
				Final tests in a semester (min.)***						18						18						13						13						11						12						
				ECTS in a semester						28						30						27						35						27						32						

* specified separately; the proportions of lectures and tutorials may vary depending on the offer; The student has a possibility to change the proportion of lectures and tutorials up to 15% in the elective subjects
** specified separately for each specialty (see next sheets) ; the proportions of lectures and classes may vary depending on the specialty
*** the number of final tests may increase depending on the specifics of the chosen specialty and elective courses
**** one of English, German, Spanish, Italian or Russian according to student's choice; the offer may change

I semester
II semester
III semester
IV semester
V semester
VI semester